Midlothian Integration Joint Board





Thursday 23rd August 2018, 2.00pm

Improving the Cancer Journey Programme

Item number:

5.7

Executive summary

The purpose of this report is to present the Improving the Cancer Journey Programme and outline the proposal that this Lothian-wide service is hosted by Midlothian.

Board members are asked to:

• Note this report and support the plans for Midlothian to host the Improving the Cancer Journey Programme on behalf of the 4 Health & Social Care Partnerships in Lothian.

Improving the Cancer Journey Programme

1 Purpose

1.1 To update the IJB on the plans for Midlothian Council to host the Improving the Cancer Journey Programme on behalf of the 4 Health & Social Care Partnerships in Lothian.

2 **Recommendations**

2.1 Note this report and support the plans for Midlothian Council to host the Improving the Cancer Journey Programme on behalf of the 4 Health & Social Care Partnerships in Lothian.

3 Background and main report

- 3.1 It is now estimated that nearly one in two people will get cancer in their lifetime. Advances in treatment mean that those with incurable cancer are now living longer and may experience similar illness patterns as those with long-term conditions. For Health & Social Care Partnerships, the challenge will be ensuring the well-being of this growing section of their local population and for those at the end of life.
- 3.2 Improving the Cancer Journey (ICJ) is a Macmillan-funded Programme which aims to offer financial, emotional and practical support to people affected by cancer.
- 3.3 ICJ was piloted with Glasgow City Council in 2014 and demonstrated a robust and effective way to support people following a cancer diagnosis. The introduction of a comprehensive service based on a holistic needs assessment at the point of diagnosis represents a significant development that enables people to access the non-clinical help they need and takes a pro-active approach to support. (See attached leaflet)
- 3.4 Members will be familiar with this approach of identifying and addressing nonclinical needs via the 'Transforming Care After Treatment' (TCAT) Programme, of which Midlothian Council had a Phase 2 project.
- 3.5 The advent of TCAT was because of growing and compelling evidence that the needs of people affected by cancer were not being adequately addressed. Midlothian's Phase 2 Project offered a locally based service, so avoiding the need for people to travel to Maggie's or the Macmillan Information & Support Service, which are both based on the Western General site. The project evaluated well and offered valuable learning in how we best identify and support

people following cancer treatment. However, it was recognised that more could be done to ensure a greater number of people could be reached.

- 3.6 The IJB Programme offers a way to strategically assess and meet the nonclinical needs of people affected by cancer. Dundee City and Fife Councils have recently embarked on ICJ and Macmillan approached Midlothian at the end of 2017 with a view to 'hosting' the Programme on behalf of the Lothians. Since then, work has been underway to engage with partners in West Lothian, East Lothian and the City of Edinburgh.
- 3.7 A Partnership Application Form was submitted by Midlothian, on behalf of the four areas, to Macmillan for consideration at the end of June 2018. The expectation is that the application will be approved by September 2018 and recruitment of the Programme Manager (to be employed by Midlothian Council) will commence soon after.

4 **Policy Implications**

4.1 ICJ is centred on encouraging preventive models for health and well-being support that promote self-management and self-directed support solutions to care and advice. This supports the overall policy direction set out in the Midlothian IJB Strategic Plan.

5 Equalities Implications

- 5.1 This universal service will be planned and delivered to ensure that people who experience health inequalities are able to access and benefit from ICJ. This involves ensuring that all involved in developing and delivering ICJ understand health inequalities and their impact. The start of ICJ will be triggered by an invitation letter from ISD. Recognising that literacy and other factors are potential barriers to uptake, local work will be undertaken to mitigate against them.
- 5.2 The intention is to undertake an EQIA as part of the planning and implementation of the Programme.

6 **Resource Implications**

- 6.1 Macmillan funding of £2.8 million is available over 5 years across the Lothian area. Funding for the Programme Manager post will be top sliced, with the remaining resource shared via standard NRAC arrangements, which is the allocation formula used within NHS and is based on population.
- 6.2 This funding will need to be ring-fenced within Midlothian Council's budget and will need to be protected from any efficiencies.

7 Risk

- 7.1 Funding is for five years and the finite terms of the proposal should be noted. Agreement will be sought from Macmillan that an exit strategy and sustainability planning is a key focus from the offset.
- 7.2 The vision is that a staged approach will be taken to develop ICJ across the Lothian area, with Midlothian the first area to go live. There is complexity with this proposal which was not seen in other ICJ Programmes to date.

8 Involving people

- 8.1 ICJ will develop a Patient/Carer Led Advisory Group to enable people to be involved in shaping the way ICJ grows and develops across the Lothian area and there will be representation on the ICJ Programme Board.
- 8.2 ICJ will look to utilise existing mechanisms for user and carer involvement that exist in each of the four H&SCP areas and will also ensure that user experiences are recorded and used to help inform and shape the Programme.

9 Background Papers

9.1 Macmillan leaflet.

AUTHOR'S NAME	Sandra Bagnall
DESIGNATION	Assistant Strategic Programme Manager
CONTACT INFO	Sandra.Bagnall@nhslothian.scot.nhs.uk
DATE	12 th July 2018