

Midlothian IJB Directions 2022-23

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Midlothian IJB Directions 2022-23

DIRECTIONS TO MIDLOTHIAN COUNCIL AND NHS LOTHIAN 2022-23 (ISSUED UNDER SECTIONS 26-28 OF THE PUBLIC BODIES (JOINT WORKING) (SCOTLAND) ACT 2014)

1. Introduction

The Midlothian IJB is now entering the eighth year of its existence. The new governance arrangements are fully established, and good progress continues to be made on integrating management arrangements and frontline services. The programme of redesign of Health and Social Care in Midlothian is outlined in the new three-year Strategic Commissioning Plan 2022-25 which continues to have a strong emphasis upon prevention, early intervention, recovery, and self-management. However, the context for this programme of change has altered significantly given the legacy of the pandemic over the past two years. Additionally, looking ahead, the proposals for the establishment of a national care service creates some uncertainty about the longer-term governance arrangements for health and social care. Directions have an important role to play in providing clarity and a detailed programme of change despite these external factors which are outwith the control of the IJB.

2. Strategic Aims and Underpinning Directions

The Midlothian IJB Strategic Commissioning Plan 2022-25 has now been approved and published. Its key aims are to

- Increase people's support and opportunities to stay well, prevent ill or worsening health, and plan ahead
- Enable more people to get support, treatment and care in community and home-based settings
- Increase people's choice and control over their support and services
- Support more people with rehabilitation and recovery
- Improve our ability to promote and protect people's human rights, including social and economic rights and meet our duties under human rights law, through our services and support
- Expand our joint working, integration of services, and partnership work with primary care, third sector organisations, providers, unpaid carers, and communities to better meet people's needs



In order to achieve these aims, the Partnership is investing heavily in a programme of Outcome Mapping to strengthen its ability to evaluate the impact of the strategy, and the resultant wide-ranging portfolio of services, in improving the health and wellbeing outcomes of the population of Midlothian.

The attached Directions are intended to provide clarity regarding the key changes to be made in those services delegated to the IJB. There are a number of service redesign objectives which are relevant across a number of areas. These cross-cutting and significant drivers for change include the **frailty programme**; the development of a **falls programme**; and the application of **digital solutions** through the developing Digital Programme Board. Only a small portion of the Public Health budget is delegated to the IJB and yet the objective of a strong programme of prevention and screening is dependent upon the skills and resources within Public Health. As such, we are very committed to strengthening our joint working in this area. Good quality housing tailored to the needs of people with physical and mental health needs or disabilities is crucial to enabling people to manage as independently as possible. The plans to achieve this are laid out in the Housing Contribution Statement provided as an appendix to the Strategic Plan and are not included in the attached set of Directions.

3. Policy Context

National Guidance: The Public Bodies (Joint Working) (Scotland) Act 2014 places a duty on Integration Authorities to develop a Strategic Plan for integrated functions and budgets under their control. Integration Authorities are also required to issue Directions-in our case to NHS Lothian and Midlothian Council - specifying key changes which need to be put in place to implement the Strategic Plan and stipulating how the partners must spend the budgets allocated to them by the IJB.

Midlothian Policy: Midlothian IJB approved its Directions Policy on 10th December 2015. This policy stipulates that Directions will be issued for all the functions that have been delegated to the IJB and that these will show the disposition of all the resources allocated to it. It was also noted that monitoring systems for the delivery of Directions will be required by the IJB and by NHS Lothian and Midlothian Council.

Midlothian IJB's Approach to Directions 2022-23: The clarity to be achieved through Directions is important in ensuring there is no dubiety about how health and care services are to be provided including major service redesign objectives. The success of the integration arrangements is dependent upon effective joint working between the IJB, Midlothian Council and NHS Lothian and these Directions have been developed and



should be enacted in a genuine spirit of partnership. It is worth reiterating that where economy of scale and clinical governance arrangements allow, the IJB intends to continue to move towards local management and local delivery of health services.

The pandemic inevitably reduced the capacity for implementing planned service redesign, although in some respects the crisis accelerated the programme of change-most notably in the development of digital solutions. In recognition of the absolute priority given to responding to the pandemic, the attached Directions are a compilation of those issued in 2020-21; 2021-22; and 2022-23. We felt it was important not to lose sight of Directions issued previously, whilst recognising that the new context within which we are now operating may well require some of these Directions to be reframed or, indeed, revoked. The expectation is that the network of local integrated planning groups will ensure the progression of these Directions through SMART action planning whilst also bringing forward recommendations about any required amendments. Progress with Directions will be reported to the Strategic Planning Group and the IJB in October 2022.

4. Financial Context

The financial context for 2022-23 and forthcoming years remains a challenging one with both NHS Lothian and Midlothian Council facing major financial pressures. However, it is also the case that the IJB has built up its own reserves, in part because of the very receipt of £9 million pounds to help address the pressures on the whole system arising from the pandemic. This provides an opportunity to make a range of short-term investments to address waiting lists, develop new services, continue with investment in digital solutions and consider how best to support people with long covid symptoms. Two additional Direction have been issued to ensure proactive steps are taken to take advantage of resources held by the IJB.

5. Provision of Directions

These Directions are issued to provide as much clarity as possible about the changes which need to take place in the design and delivery of our services. As further plans are developed new or revised Directions will be issued during 2022-23. For those services which are not covered by a specific Direction the expectation is that NHS Lothian and Midlothian Council will continue to provide high quality services within current budgets, endeavouring to meet national and local targets and following the strategic objectives laid out in the Strategic Plan.



All directions issued by the IJB are pursuant to Sections 26 to 28 of the Public Bodies (Joint Working) Act 2014 and the appropriate element of the Integration Scheme as detailed below:

- The IJB is constituted under Local Government regulations and, as such, under the Local Government in Scotland Act 2003, has a duty to make arrangements to secure best value that is continuous improvement in the performance of functions. It is expected that NHS Lothian and Midlothian Council will deliver the functions as directed in the spirit of this obligation.
- The financial values ('budgets') attached to these Directions are based on the
 - a) Midlothian Council's budget proposition of £56,686,000 which has been agreed by the IJB at its meeting on 17TH March 2022
 - b) The indicative 2022-23 NHSiL budgets per NHSiL's March Finance and Resources committee of £92,926,000. It is understood that NHSiL will approve their 2022-23 budget at the 6th April 2022 meeting of their Board. These values are therefore indicative.

That said, and notwithstanding the indicative nature of these budgets, the IJB cannot sanction expenditure in excess of these amounts without further discussion.

6. Performance and Monitoring

The IJB will monitor and review the progress made in relation to Directions via the Strategic Planning Group (SPG), the Biannual Report on Directions, and the Annual Performance Report. Collectively, these processes will inform the IJB on whether sufficient progress is being made on key aims and ambitions, and whether Directions remain meaningful and valuable in the context of a complex and dynamic health and social care landscape. New Directions will be issued where the Board deem this to be necessary through the year.

7. Self-Evaluation

The IJB is committed to self-evaluation and the continued exploration of areas for continuous improvement by undertaking a self-improvement programme. As such, the IJB actively promotes continuing work in the redesign of health and social care and expects all services to commit to regular self-assessment, reflection, evaluation, and learning.



While the IJB is not delivering a specific Direction in relation to self-evaluation and improvement planning, the evaluation of services remains particularly important during this period of whole system recovery while also embedding innovative ways of working. Service design and forward planning should be supported by transparent self-evaluation and be reported using an outcome mapping and contribution analysis approach facilitated by the HSCP commitment the Outnav outcome mapping software tool.



Midlothian IJB Direction No. 1 Unscheduled Care – Acute Hospitals

1	Title of Direction	Unscheduled Care – Acute Hospitals					
2	HSPC Sponsor	Grace Cowan, Head of Primary Care and Older People's Services					
3	Date Direction Issued by Integration Joint Board	16 June 2022	16 June 2022				
4	Date from which Direction takes effect	01 July 2022					
5	Direction to	NHS Lothian	Midlothian Council	Both 🗵			
		Action Taken	Ref No	New Ref No			
		Amended	MIJB-1.1				
		Replaced	MIJB-1.2	MIJB-3.8			
		Amended	MIJB-1.3				
6	Does this Direction replace, amend, or revoke a previous Direction or Direction Action? If yes, note the relevant reference number(s)	Replaced	MIJB-1.4	MIJB-1.14			
U		Revoked	MIJB-1.7				
	Televant reference number(s)	Revoked	MIJB-1.9				
		Replaced	MIJB1.10	MIJB-1.14			
		Replaced	MIJB1.11	MIJB-1.15			
		Revoked	MIJB1.12				
	Description of Direction		•	,			
7	The Midlothian Acute Services Plan considers the unsched	duled care services for whic	h the IJB has responsibility. Alon	gside NHS Lothian Acute			
	Hospitals and the neighbouring IJBs, we will ensure we co	ntinue to best meet local n	eeds and improve the health and	d wellness of our			



communities. Our aims are to prevent ill-health, support people at the earlier opportunity to reduce the likelihood of a crisis, provide community alternatives to acute hospital care, and enable people to leave hospital as soon as they are fit to do so.

Actions	Action No
Continue with a programme to review potentially preventable admissions including a specific focus on frailty, falls, COPD, diabetes, and the vaccination programme	MIJB-1.1
Evaluate the impact of new approaches to In Reach (including identifying patients suitable for Reablement in Medicine of the Elderly wards) by 30 September 2022	MIJB-1.3
Evaluate the impact of the enhanced 'Discharge to Assess' Service to determine the case for continued investment by 30 September 2022	MIJB-1.6
Reduce unscheduled respiratory admissions by expanding the CRT to 6 days pw; improving pathways to the team; and promoting self-management	MIJB-1.13
Ensure the MIJB remains sighted on action and progress in relation to those aspects of the Unscheduled Care Board workstreams relevant to Midlothian as well as locally determined work such as Midlothian Community Hospital, Home First Services, Primary Care and Potentially Preventable Admissions (PPAs). A quarterly report should be provided by the Head of Primary Care and Older People's Services	MIJB-1.14
NHS Lothian should continue to provide monthly financial reporting of the set aside areas. Additionally, Acute Services should provide quarterly financial information on the set-aside budget that should now also include intelligence and narrative to detail the nature of financial variance and support the IJBs understanding of areas of mutual concern	MIJB-1.15
Develop and evaluate pro-active in-reach into hospital when someone with frailty is admitted by December 2022	MIJB-1.16



	Develop virtual medical teams involving frailty GPs and ke	al consultants by December 2022 MIJB-	1.17				
	Implement a "Planned Date of Discharge" approach to rec	ayed discharge bed days MIJB-	1.18				
	Complete an evaluation of the delivery of the 7 principles	othian Home First approach in order to understand MIJB-	1.19				
	current performance and opportunities for improvement						
8	Budget allocated by Integration Joint Board to carry out Direction	NHS Lo	othian £14,821,653				
			This Direction is in relation to the following Strategic Aim(s) for 2022-2025				
		1.	Increase people's support and opportunities to stay well, prevent worsening health, and plan ahead	ll or	\boxtimes		
		2.	Enable more people to get support, treatment and care in commu and home-based settings	nity	X		
		3.	Increase people's choice and control over their support and service	es	X		
9	Desired Outcomes	4.	Support more people with rehabilitation and recovery		X		
		5.	Improve our ability to promote and protect people's human rights	,			
			including social and economic rights and meet our duties under				
			human rights law, through our services and support				
		6.	, , ,				
			work with primary care, third sector organisations, providers, unpo	aid [\times		
			carers, and communities to better meet people's needs				



Midlothian IJB Direction No.2 Accident and Emergency (A&E)

1	Title of Direction	Accident and Eme	Accident and Emergency (A&E)			
2	HSPC Sponsor	Grace Cowan, Hea	Grace Cowan, Head of Primary Care and Older People's Services			
3	Date Direction Issued by Integration Joint Board	16 June 2022	16 June 2022			
4	Date from which Direction takes effect	01 July 2022				
5	Direction to	NHS Lothian				
		Action Taken		Ref No	New Ref No	
		Replaced		MIJB-2.1	MIJB-1.14	
	Does this Direction replace, amend, or revoke a	Replaced		MIJB-2.2	MIJB-2.12	
6	previous Direction or Direction Action? If yes, note the	Replaced		MIJB-2.4	MIJB-2.8	
	relevant reference number(s)	Revoked		MIJB-2.7		
		Replaced		MIJB-2.9	MIJB-1.14	
		Replaced		MIJB-2.10	MIJB-2.14	
	Description of Direction	-1		'		
7	We are committed to achieving a reduction of attendance implemented in close collaboration with NHS Lothian and people and communities.					
	Actions	Action No				
	Agree Midlothian response to national redesign of urgent	care programme to	improve	access to urgent care	MIJB-2.3	
	pathways so people receive the right care, in the right pla					



Continue to reshape pathways to ensure people access community-based services wherever viable MIJB-2.6						
Implement a tableau dashboard to support managers in a	ccessing performance data to determine the impact of MIJB-2.	8				
community services in reducing A&E attendances and uns	cheduled admissions by 30th September 2022					
·		.1				
Review musculoskeletal pathways to increase the use of the	ne MSK service as an alternative to A&E attendance MIJB-2.3	.2				
Evaluate and continue to monitor the impact of the Single	Point of Access on ensuring people access community- MIJB-2.3	.3				
based services and reducing demand on A&E and unsched	uled admissions					
Budget allocated by Integration Joint Board to carry out Direction	NHS Lothian £2,335,688					
	This Direction is in relation to the Following Strategic Aim(s) for 2022-2025					
	 Increase people's support and opportunities to stay well, prevent ill worsening health, and plan ahead 	or 🛮				
	 Enable more people to get support, treatment and care in communit and home-based settings 	У				
	3. Increase people's choice and control over their support and services	\boxtimes				
Desired Outcomes	4. Support more people with rehabilitation and recovery	\boxtimes				
	5. Improve our ability to promote and protect people's human rights,					
	including social and economic rights and meet our duties under					
	, , , , , , , , , , , , , , , , , , ,					
		\boxtimes				
	Implement a tableau dashboard to support managers in accommunity services in reducing A&E attendances and unsolated an active role in pan-Lothian decisions around A&E frequence engagement of acute services staff in Midlothian A Review musculoskeletal pathways to increase the use of the Evaluate and continue to monitor the impact of the Single based services and reducing demand on A&E and unsched Budget allocated by Integration Joint Board to carry out	Implement a tableau dashboard to support managers in accessing performance data to determine the impact of community services in reducing A&E attendances and unscheduled admissions by 30th September 2022 Take an active role in pan-Lothian decisions around A&E front-door redesign (Midlothian IJB set-aside budget) and ensure engagement of acute services staff in Midlothian Acute Services Planning Group by 30th September 2022 Review musculoskeletal pathways to increase the use of the MSK service as an alternative to A&E attendance MIJB-2.1 Evaluate and continue to monitor the impact of the Single Point of Access on ensuring people access community-based services and reducing demand on A&E and unscheduled admissions Budget allocated by Integration Joint Board to carry out Direction This Direction is in relation to the Following Strategic Aim(s) for 2022-2025 1. Increase people's support and opportunities to stay well, prevent ill ownsening health, and plan ahead 2. Enable more people to get support, treatment and care in community and home-based settings 3. Increase people's choice and control over their support and services Desired Outcomes 4. Support more people with rehabilitation and recovery 5. Improve our ability to promote and protect people's human rights,				



Midlothian IJB Direction No.3 Midlothian Community Hospital Services

1	Title of Direction	Midlothian Community Hospital Services				
2	HSPC Sponsor	Grace Cowan, Head of Primary Care and Older People's Services				
3	Date Direction Issued by Integration Joint Board	16 th June 2022				
4	Date from which Direction takes effect	01 July 2023				
5	Direction to	NHS Lothian		Midlothian Council	Both 🗵	
	Does this Direction replace, amend, or revoke a previous Direction or Direction Action? If yes, note the relevant reference number(s)	Action Taken		Ref No	New Ref No	
6		Replaced		MIJB-3.1	MIJB-3.6	
"		Replaced		MIJB-3.2	MIJB-3.4	
		Revoked		MIJB-3.3		
	Description of Direction Midlothian IJB is committed to making maximum use of the Community Hospital in providing locally accessible inpatient and outpatient services.					
	Actions	Action No				
	Review progress in the development of Glenlee Ward at N	MIJB-3.4				
7	community and day treatment facility by 30 September 20					
	Improve patient flow by reviewing and strengthening assessment and rehabilitation processes by January 2023				MIJB-3.5	
	Explore options for the provision of an increased range of	MIJB-3.6				



	Improve accessible information about the services provide	gh MCH by 30 th September 2022 MIJB-3.7					
	Develop a new model of care for older people with menta	MIJB-3.8					
	Improve recruitment processes through stronger advertisi of increased specialist opportunities by January 2023	provision of ongoing training and the development MIJB-3.9					
	Review the full service model at MCH including frailty step	eview the full service model at MCH including frailty step-up, step down (see also MIJB-3.4)					
8	Budget allocated by Integration Joint Board to carry out Direction	NHS Lo	thian £5,454,091				
		This Direction is in relation to the following Strategic Aim(s) for 2022-2025					
			Increase people's support and opportunities to stay well, prevent ill or worsening health, and plan ahead	\boxtimes			
		2.	Enable more people to get support, treatment and care in community and home-based settings	×			
		3.	Increase people's choice and control over their support and services				
9	Desired Outcomes	4.	Support more people with rehabilitation and recovery	\boxtimes			
		5. Improve our ability to promote and protect people's human rights,					
			including social and economic rights and meet our duties under				
			human rights law, through our services and support				
		6.	Expand our joint working, integration of services, and partnership				
			work with primary care, third sector organisations, providers, unpaid carers, and communities to better meet people's needs	\boxtimes			
			carers, and communities to better meet people's needs				



Midlothian IJB Direction No.4 Palliative Care

1	Title of Direction	Palliative Care						
2	HSCP Sponsor	Fiona Stratton, Chief Nurse						
3	Date Direction Issued by Integration Joint Board	16 June 2022	16 June 2022					
4	Date from which Direction takes effect	01 July 2022						
5	Direction to	NHS Lothian	Midlothian Council	Both ⊠				
		Action Taken	Ref No	New Ref No				
	Does this Direction replace, amend, or revoke a	Replaced	MIJB-4.1	MIJB-4.6				
6	previous Direction or Direction Action? If yes, note the	Amended	MIJB-4.2					
	relevant reference number(s)	Replaced	MIJB-4.3	MIJB-4.5				
		Amended	MIJB-4.5					
	Description of Direction							
	The budget that is allocated by the IJB for palliative care is the Midlothian provision for hospice care at St. Columba's and at Marie Curie Hospice							
	Care. Beyond this dedicated hospice funding, other areas of service must use some of their delegated budget to contribute to delivering palliative							
	and end of life care. We are committed to supporting people to spend as much time as possible at home or in a local homely setting when they							
	have a life limiting illness. Key actions must be to improve access to information that helps plan the workforce and capacity required for high-							
7	quality palliative and end of life care as close to home as possible.							
	Actions			Action No				
	Undertake an audit of admissions to Acute Hospitals of pa	tients in receipt of palliative ca	are in order to ensure	MIJB-4.2				
	equitable provision and strengthen local services (care ho	mes, district nursing, MCH and	l Hospital at Home) by 30 th					
	September 2022							



	Obtain family, carer and staff feedback on the quality of p	·				
	Community Hospital and the District Nursing service by 30	September 2022				
	Evaluate the impact of the Palliative Care Champion Netw	ork across Midlothian care homes by 30 th September 2022 MIJB-4.5				
	Ensure that services can access accurate data from the Pa	liative Care Registers in GP practices in order to design and MIJB-4.6				
	delivery of service that best meet the needs of local peopl	e and communities by 30 th September 2022				
	Receive assurance from Edinburgh HSCP who host the Lot	hian Palliative Care Service on the review and development MIJB-4.7				
	of the approach and quality of care provided by the contra	cted services (St Columba's and Marie Curie)				
8	Budget allocated by Integration Joint Board to carry out Direction	NHS Lothian £439,563				
		This Direction is in relation to the following Strategic Aim(s) for 2022-2025				
		 Increase people's support and opportunities to stay well, prevent or worsening health, and plan ahead Enable more people to get support, treatment and care in community and home-based settings 				
		 Increase people's choice and control over their support and services 	×			
9	Desired Outcomes	4. Support more people with rehabilitation and recovery	\boxtimes			
		 Improve our ability to promote and protect people's human rights, including social and economic rights and meet our duties under human rights law, through our services and support 	×			
		 Expand our joint working, integration of services, and partnership work with primary care, third sector organisations, providers, unpaid carers, and communities to better meet people's needs 	×			



Midlothian IJB Direction No.5 Primary Medical Services

1	Title of Direction	Primary Medical Services					
2	HSCP Sponsor	TBA, Clinical Director	TBA, Clinical Director				
3	Date Direction Issued by Integration Joint Board	16 June 2022					
4	Date from which Direction takes effect	01 July 2022					
5	Direction to	NHS Lothian	Midlothian Council	Both 🗆			
	Does this Direction replace, amend, or revoke a previous Direction or Direction Action? If yes, note the relevant reference number(s)	Action Taken	Ref No	New Ref No			
6		Replaced	MIJB-5.1	MIJB-5.4			
0		Replaced	MIJB-5.2	MIJB-5.5			
		Revoked 5.4	MIJB-5.4				
	Description of Direction The Midlothian Primary Care Improvement Plan (PCIP) describes the priorities and approach taken in Midlothian to support the implementation of the General Medical Services Contract. It aims to strengthen the primary care team skill mix and capacity to meet growing demand and requirement for more community-based treatment.						
7	Actions	Action No					
	Implementation of the Community Treatment and Care C	MIJB-5.3					
	patients with long term/chronic conditions in the commu	nity (PCIP priority) by 31 J	uly 2022 (see also MIJB-6.7)				
	Continued implementation of the Prescribing Plan with 10 place by 30 th September 2022	МІЈВ-5.5					



	T
Funding above the 21/22 PCIF allocation secured to enable the Pharmacotherapy service to be scaled up to all practices	МІЈВ-5.6
Established Medicine Reconciliations service provided to all practices by 30 th September 2022	MIJB-5.7
Progress Capital Development programme in Primary Care developing plans for new health centres in Shawfair and in South Bonnyrigg addressing the current demand on healthcare facilities and predicted population growth in both these areas. (PCIP priority)	МІЈВ-5.8
Review admissions to hospital from care homes at nights and weekends to identify opportunities for earlier intervention and care closer to home	MIJB-5.9
Increase collaboration for data sharing between GPs and the HSCP to improve health outcomes	MIJB-5.10
Develop a joint digital plan for the optimisation of new technologies across primary care	MIJB-5.11
Develop a communications plan about access to GPs and Community Services	MIJB-5.12
Primary Care services should consider and plan for the additional health and care services required in relation to additional housing developments to ensure that the special needs of the Midlothian population are being taken into account fully.	MIJB-5.13
Improve primary care quality and options for older people	MIJB-5.14
Improve quality and options for people with frailty in primary care by 30th September 2022 through proactive inreach to Edinburgh Royal Infirmary when someone with frailty is admitted and virtual medical teams involving the frailty GPs and key hospital consultants	MIJB-5.15
Evaluate the feasibility of improving continuity of care by General Practice and community services	MIJB-5.16



8	Budget allocated by Integration Joint Board to carry out Direction	NHS Lothian £35,162,864		
L.		This Direction is in relation to the following Strategic Aim(s) for 2022-2025		
		 Increase people's support and opportunities to stay well, prevent ill or worsening health, and plan ahead 	\boxtimes	
		Enable more people to get support, treatment and care in community and home-based settings	\boxtimes	
		3. Increase people's choice and control over their support and services	\boxtimes	
9	Desired Outcomes	4. Support more people with rehabilitation and recovery	\boxtimes	
		5. Improve our ability to promote and protect people's human rights,		
		including social and economic rights and meet our duties under		
		human rights law, through our services and support		
		6. Expand our joint working, integration of services, and partnership		
		work with primary care, third sector organisations, providers, unpaid	\boxtimes	
		carers, and communities to better meet people's needs		



Midlothian IJB Direction No.6 Community Health Services

1	Title of Direction	Community Health Services (Including Falls and Frailty)					
2	HSCP Sponsor	Hannah Cairns, Cl	Hannah Cairns, Chief AHP				
3	Date Direction Issued by Integration Joint Board	16 June 2022	16 June 2022				
4	Date from which Direction takes effect	01 July 2022					
5	Direction to	NHS Lothian	×	Both			
	Does this Direction replace, amend, or revoke a previous Direction or Direction Action? If yes, note the relevant reference number(s)	Action Taken		Ref No	New Ref No		
6		Replaced		MIJB-6.1	MIJB-6.5		
		Replaced		MIJB-6.3	MIJB-5.15		
	(0)	Amended		MIJB-6.4	MIJB-6.4		
	Description of Direction We are committed to providing stronger community-based health services, promoting prevention and recovery wherever human rights-based approach to how we design and deliver services together. These services must work in close collaborators care services to ensure a joined-up approach to issues such as Falls and Frailty						
7	Actions	Action No					
	Undertake a review of community nursing services should	MIJB-6.2					
	Primary Care and the shift from hospital-based care. This						
	Practitioners and strengthening interdisciplinary locality working. This should take cognisance of Community						
	Treatment and Care centres (CTACs).						



Work to ensure our frailty services are accessible to people under 65 years by 30 th September 2022	MIJB-6.4
Work with other Lothian Health & Social Care Partnerships to implement appropriate model and financial plan for complex care by 30 th September 2022	MIJB-6.5
Secure clinical space to provide the vaccination programme for flu and COVID	MIJB-6.6
Develop the Community Treatment and Care (CTAC) Service to be accessible from all GP Practices (see also MIJB-5.3)	MIJB-6.7
Develop an integrated Falls Pathway across HSCP and Third Sector, including proactive identification of those who may be at risk	MIJB-6.8
Implement a falls prevention programme with cross sector support that includes targeted training and increased options for physical activity	MIJB-6.9
Identify, assess, and support frail people, moderate or severe, subject to an ED admission of less than 24 hours	MIJB-6.10
Increase the number and improve the quality of anticipatory care plans for people living with frailty	MIJB-6.11
Develop an improvement programme to identify people who are frail, provide holistic assessment and strengthen coordination of care	MIJB-6.12
Commit to strengthen community rehabilitations pathways by April 2023 across health and social care services in line with the Rehabilitation Framework and the Review of Adult Social Care	MIJB-6.13
Develop a dedicated system for data analysis / reporting of falls data to identify clear priorities and inform future direction of falls work by 30th September 2022	MIJB-6.14
Work with Primary Care providers to develop a standard identification process, signposting / self-referral system for all patients at risk of falls linked into the integrated Falls Pathway by 30th September 2022	MIJB-6.15



	Continue review of AHP model of care to Highbank and MCH to create a flexible and responsive single workforce by MIJ			
	_	CH to create a flexible and responsive single workforce by MIJB-6.16	1	
	December 2022.			
	Review podiatry provision in Midlothian, in particular for p	people with Type 2 Diabetes by January 2023 MIJB-6.17		
	Undertake a detailed review to establish the extent and na proposals for transformation	ature of pressures on District Nursing and present MIJB-6.18		
		NUC Lathian CC 040 245		
8	Budget allocated by Integration Joint Board to carry out Direction	NHS Lothian £6,040,245		
		This Direction is in relation to the following Strategic Aim(s) for 2022-2025		
		 Increase people's support and opportunities to stay well, prevent ill or worsening health, and plan ahead 	\boxtimes	
		Enable more people to get support, treatment and care in community and home-based settings	\boxtimes	
		3. Increase people's choice and control over their support and services	×	
9	Desired Outcomes	4. Support more people with rehabilitation and recovery	X	
		5. Improve our ability to promote and protect people's human rights,		
		including social and economic rights and meet our duties under	\boxtimes	
		human rights law, through our services and support		
		6. Expand our joint working, integration of services, and partnership		
		work with primary care, third sector organisations, providers, unpaid	\boxtimes	
		carers, and communities to better meet people's needs		



Midlothian IJB Direction No.7 Dental, Ophthalmology & Audiology

1	Title of Direction	Dental, Ophthalmology & Audiology				
2	HSCP Sponsor	TBA, Clinical Director				
3	Date Direction Issued by Integration Joint Board	16 June 2022				
4	Date from which Direction takes effect	01 July 2022				
5	Direction to	NHS Lothian ☑ Midlothian Council ☐ Both ☐				
	Does this Direction replace, amend, or revoke a previous Direction or Direction Action? If yes, note the relevant reference number(s)	Action Taken	Ref No	New Ref No		
		Revoked	MIJB-7.1			
6		Amended	MIJB-7.2			
		Revoked	MIJB-7.3			
		Amended	MIJB-7.4			
		Amended	MIJB-7.5			
	Description of Direction					
	Primary Care planning and delivery sits within a complex governance and decision- making environment. The NHS Lothian Board and Midlothian IJB					
	need to be clear what their responsibilities are. IJBs have the responsibility for strategic planning for delegated functions in General Medical					
7	Services, General Dental Services, General Pharmaceutical Services and General Ophthalmic Services. The independent contractor model is the basis					
	of most primary care services and independent contractors are responsible for the majority of day-to-day patient-facing service delivery. Midlothian					
	IJB aims to strengthen working arrangements with these services which play a vital role in the wider primary care team. See also Direction 9					



	Actions		Action No	
	Use data from NHS Lothian Public Health to determine the general health of Midlothian population and use this infor September 2022	MIJB-7.2		
	Work with Director of Edinburgh Dental Institute to consider how best the Oral Health Improvement Plan recommendations on 'Meeting the Needs of an Ageing Population' can be jointly pursued by 30 th September 2022 The role of Optometry services in pathways of care for patients in a range of services such as general medical practice, ophthalmology, diabetes, and A&E, providing both ongoing and urgent care for patients closer to home to be clarified by 30 th September 2022 Evaluate the impact of community glaucoma specialist optometrists by 30 th September 2022 Quarterly meetings should be established between the Partnership and these three hosted services. They should agree local plans and monitor progress			
	Work with Audiology Services to determine the feasibility	of establishing an audiology clinic(s) in Midlothian	MIJB-7.8	
8	Budget allocated by Integration Joint Board to carry out Direction	NHS Lothian £1,279,278		
		 This Direction is in relation to the following Strategic Aim(Increase people's support and opportunities to star worsening health, and plan ahead 		
9	Desired Outcomes	Enable more people to get support, treatment and and home-based settings	care in community	\boxtimes
		3. Increase people's choice and control over their support and services		
		4. Support more people with rehabilitation and recov	ery	



5	5.	Improve our ability to promote and protect people's human rights,	
		including social and economic rights and meet our duties under	\boxtimes
		human rights law, through our services and support	_
6	6.	Expand our joint working, integration of services, and partnership	
		work with primary care, third sector organisations, providers, unpaid	\boxtimes
		carers, and communities to better meet people's needs	_



Midlothian IJB Direction No.8 Older People

1	Title of Direction	Older People			
2	HSPC Sponsor	Grace Cowan, Head of Primary Care and Older People's Services			
3	Date Direction Issued by Integration Joint Board	16 June 2022			
4	Date from which Direction takes effect	01 July 2022			
5	Direction to	NHS Lothian	Midlothian Council	Both 🗵	
	Does this Direction replace, amend, or revoke a previous Direction or Direction Action? If yes, note the relevant reference number(s)	Action Taken	Ref No	New Ref No	
		Revoked	MIJB-8.5		
		Amended	MIJB-8.4		
6		Replaced	MIJB-8.6	MIJB-5.14	
		Replaced	MIJB-8.7	MIJB-8.4	
		Replaced	MIJB-8.8	MIJB-1.15	
		Replaced	MIJB-8.9	MIJB-1.16	
		Replaced	MIJB-8.10	MIJB-3.10	
	Description of Direction				
7	We are committed to supporting older people to stay well, continue to participate in the activities that are the most meaningful to them, and remain				
'	as independent as possible				



Actions		Action No	
The e-Frailty Programme should be progressed to improve	e coordination of care and to provide support at an earlier	MIJB-8.1	
stage. This includes the use of learning from the e-frailty p	programme to develop a frailty informed workforce by 30 th		
September 2022 (See also MIJB-5 Directions relating to Fr	ailty)		
The Care Home Strategy should be implemented, including	g the full establishment of the Care Home Support Team by	MIJB-8.2	
30 th September 2022			
Undertake a review of day support, explore all options for	people in Midlothian who are isolated, including	MIJB-8.3	
alternatives to building based support by 30 th September 2	2022 (see also MIJB-8.11)		
Implement a respite policy; undertake an option appraisal	l; and develop an action plan to strengthen the provision	MIJB-8.4	
and accessibility of respite care			
Review and design a new model of day service provision (see also MIJB-8.3)		MIJB-8.11	
Increase the availability of Intermediate Care available in I	Midlothian communities within ECH new build facilities and	MIJB-8.12	
from suitable existing housing stock.			
Continue to evaluate impact of developments to Midlothia	an Intermediate Care Services. This would incorporate a	MIJB-8.13	
detailed plan to design a reshaped model of care in prepa	ration for the provision of new purpose-built		
accommodation in 2024			
Co-locate and integrate intermediate care teams with the	Home First Service	MIJB-8.14	
Budget allocated by Integration Joint Board to carry out Direction	Midlothian Council £19,943,524		
	This Direction is in relation to the following Strategic Aim(s) fo	or 2022-2025	
Desired Outcomes	1. Increase people's support and opportunities to stay well, prevent ill or		\boxtimes
	worsening health, and plan ahead		ك



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4.
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Midlothian IJB Direction No.9 Physical Disability, Sensory Impairment and Long-Term Conditions

1	Title of Direction	Physical Disability, Sensory	Physical Disability, Sensory Impairment, and Long-Term Conditions				
2	HSCP Sponsor	Hannah Cairns, Chief AHP					
3	Date Direction Issued by Integration Joint Board	16 June 2022					
4	Date from which Direction takes effect	01 July 2022					
5	Direction to	NHS Lothian	Midlothian Council	Both 🛛			
	Does this Direction replace, amend, or revoke a previous Direction or Direction Action? If yes, note the relevant reference number(s)	Action Taken	Ref No	New Ref No			
		Amended	MIJB-9.1				
6		Amended	MIJB-9.2				
J		Amended	MIJB-9.4				
		Replaced	MIJB-9.5	MIJB-9.14			
		Amended	MIJB-9.6				
	Description of Direction						
7	We aim to support people with disabilities to live indepen well	dently and those with long ter	m health conditions to live				



Actions	Action No
All service providers should adopt an approach which focuses on personal outcomes and encourages self-	MIJB-9.1
management and recovery by 30 th September 2022	
A full appraisal of the optimum balance of community based and hospital-based services should be carried out	MIJB-9.2
within the context of the re-provision of Astley Ainslie by 30 th September 2022	
There should be collaboration, where feasible, with Housing Providers and national policy makers to press for change	MIJB-9.3
in policy around the inadequate availability of suitable housing in new housing developments.	
Review role of MCPRT community rehab team in line with ongoing development of intermediate care to maximise	MIJB-9.4
impact on people with a long-term condition or who have experienced an acute event by 30 th September 2022	
Develop clear pathways and support for people affected by neurological conditions by 30 th September 2022	MIJB-9.6
Reduce waiting times in the Physical Disability Team	MIJB-9.7
Develop the provision of Self-Directed Support in line with the new national standards	MIJB-9.8
Support people to stay active through increased access to rehabilitation and supported leisure activities	MIJB-9.9
Provide more localised services for people with a hearing impairment including audiology clinics, and hearing aid	MIJB-9.10
repairs and provision of batteries	
Develop more integrated and localised services for people with a visual impairment	MIJB-9.11
Increase access to health and wellbeing support for people at higher risk of health inequalities	MIJB-9.12
Develop clear pathways, improve screening and support provision of local treatment where possible for long term	MIJB-9.13
conditions such and cancer and type 2 diabetes) by March 2023	



8	Budget allocated by Integration Joint Board to carry out Direction	Midlothian Council £2,541,002	
		This Direction is in relation to the Following Strategic Aim(s) for 2022-2025	
		Increase people's support and opportunities to stay well, prevent ill or worsening health, and plan ahead	×
		Enable more people to get support, treatment and care in community and home-based settings	\boxtimes
		3. Increase people's choice and control over their support and services	\boxtimes
9	Desired Outcomes	Support more people with rehabilitation and recovery	X
		5. Improve our ability to promote and protect people's human rights, including social and economic rights and meet our duties under human rights law, through our services and support	
		6. Expand our joint working, integration of services, and partnership work with primary care, third sector organisations, providers, unpaid carers, and communities to better meet people's needs	×



Midlothian IJB Direction No.10 Learning Disability

1	Title of Direction	Learning Disability		
2	HSPC Sponsor:	Nick Clater, Head of Adu	It Services	
3	Date Direction Issued by Integration Joint Board	16 June 2022		
4	Date from which Direction takes effect	01 July 2022		
5	Direction to	NHS Lothian	Midlothian Council	Both 🗵
		Action Taken	Ref No	New Ref No
	Doos this Divertion ventors amond on ventors	Amended	MIJB-10.1	
6	Does this Direction replace, amend, or revoke a previous Direction or Direction Action? If yes, note the	Replaced	MIJB-10.2	MIJB-10.11 & 10.12
J	relevant reference number(s)	Revoked	MIJB-10.5	
	Totalia rata and mamma at (a)	Amended	MIJB-10.6	
		Amended	MIJB-10.7	
	Full text of Direction			
	We are committed to empower people with learning disal community life free from fear, harassment and abuse.	bilities and autism to recog	nise and realise their human righ	ts and to participate in
7	Actions			Action No
	Review day care provision and associated costs including transformation by February 2023	transport with recommend	ations for future action and	MIJB-10.1



	Complete retender of the taxi contract for existing taxi ser	vices	MIJB-10.3	
	Strengthen joint working of Learning Disability Services and adult social care is planned and delivered	d care providers to inform longer-term changes in how	MIJB-10.4	
	Strengthen work with people with complex needs by improthrough the application of a risk tool	oving staff skills in using positive behavioural support and	MIJB-10.6	
	Work with individual providers to pilot new community ba 2023	sed and personalised models of day services by February	MIJB-10.7	
	Develop more Keep Safe spaces to reduce incidence and fe	ear of abuse	MIJB-10.8	
	Implement a series of measures to promote human rights	enabled by Expert Panels	MIJB-10.9	
	Implement a programme of work to improve the experien	ce of transition to adulthood	MIJB-10.10	
	Continue to monitor progress and commission care and su Bonnyrigg (8 flats) by December 2023	pport services in relation to the new housing model in	MIJB-10.11	
	Continue to support the long-term plan for Primrose Lodge associated works for people with profound and multiple le	,	MIJB-10.12	
8	Budget allocated by Integration Joint Board to carry out Direction	Total £13,361,430 NHS Lothian £1,448,881 Midlothian Council £11,912,54	19	
		This Direction is in relation to the following Strategic Aim(s	s) for 2022-2025	
9	Desired Outcomes	 Increase people's support and opportunities to stay worsening health, and plan ahead 		×
9	Desireu Outcomes	Enable more people to get support, treatment and care in community and home-based settings		×
		3. Increase people's choice and control over their supp	oort and services	\boxtimes



4. Support more people with rehabilitation and recovery	\boxtimes
 Improve our ability to promote and protect people's human rights, including social and economic rights and meet our duties under human rights law, through our services and support 	×
 Expand our joint working, integration of services, and partnership work with primary care, third sector organisations, providers, unpaid carers, and communities to better meet people's needs 	×



Midlothian IJB Direction No.11 Mental Health

1	Title of Direction	Mental Health		
2	HSPC Sponsor:	Nick Clater, Head of Adult Se	ervices	
3	Date Direction Issued by Integration Joint Board	16 June 2022		
4	Date from which Direction takes effect	01 July 2022		-
5	Direction to	NHS Lothian	Midlothian Council	Both 🛛
		Action Taken	Ref No	New Ref No
		Replaced	MIJB-11.3	
		Amended	MIJB-11.4	MIJB-11.10
	Does this Direction replace, amend, or revoke a	Replaced	MIJB-11.5	MIJB-11.11
6	previous Direction or Direction Action? If yes, note the	Replaced	MIJB-11.6	
	relevant reference number(s)	Revoked	MIJB-11.10	
		Revoked	MIJB-11.7	
		Replaced	MIJB-11.8	
		Amended	MIJB-11.14	
	Full text of Direction?			
	As we begin to truly understand the impact of the last 2 years.	ears on people, families and co	mmunities, improving the me	ntal health of our
7	communities remains a high priority. Midlothian IJB is con	nmitted to achieving the nation	nal ambition to "prevent and t	reat mental health
	problems with the same commitment, passion and drive a	s we do with physical health p	roblems". The IJB is also deter	mined to take action to
	reduce stigma			



Actions	Action No
Continue to explore options for recovery for people experiencing poor mental health through development of community-based housing with access to appropriate support	MIJB-11.1
Continue with a review effectiveness of the multidisciplinary/multiagency approach to mental health, substance misuse and criminal justice now operational at Number 11 (multiagency hub) by September 2022 with a particular attention to tackling stigma and discrimination	MIJB-11.2
A coherent approach to the delivery of services to support improved mental wellbeing should be developed and evaluated. This should include new services funded through Action 15 along with the Wellbeing and Access Point services. A key element of this work is to identify new approaches to addressing the continuing pressures on Psychological Therapies	MIJB-11.4
Phase 2 – Royal Edinburgh Hospital – NHS Lothian to ensure better care for physical health needs of Midlothian inpatients at the Royal Edinburgh Hospital campus by proceeding with the development of the business case for Phase 2 and the planning and delivery of integrated rehabilitation services. NHS Lothian to ensure Midlothian HSCP is involved in development, decision-making and approval of the business case	MIJB11.9
Implement updated Suicide Prevention Action Plan including Scottish Government's 4 new priorities by December 2022	MIJB-11.11
Work with Psychological Therapies to increase the number of people commencing (general adult) treatment within 18 weeks to 90% by July 2022	MIJB-11.13
Work with other Lothian IJBs to agree plans for pan-Lothian and hosted mental health service provision 2022-25 by July 2022. This includes Royal Edinburgh Hospital services such as Forensic Psychiatry and Eating Disorders Services and the implementation of the Early Intervention in Psychosis Action Plan	MIJB-11.14
Train all HSCP staff in ASIST and Safe Talk to help prevent suicide	MIJB-11.15



	Develop the use of group work, including peer support, for users and carers			
		MIJB-	11.16	
	Reduce waiting times for mental health occupational thera efficient measures		11.17	
	Promote self-management through increased access to M	idspace MIJB-	11.18	
	Increase recovery focused support both on a one to one a	nd group basis MIJB-	11.19	
	, , , , , , , , , , , , , , , , , , , ,	if a nousing first approach, increasing support to people in	11.20	
	temporary accommodation with Mental Health difficulties			
	The Partnership should work with its Community Planning reducing stigma throughout Midlothian	partners and with local communities to develop ways of MIJB-	11.21	
_	Budget allocated by Integration Joint Board to carry out	Total £19,943,524		
8	Direction	NHS Lothian £4,667,843 Midlothian Council £802,129		
		This Direction is in relation to the following Strategic Aim(s) for 2022-2025		
		 Increase people's support and opportunities to stay well, prevent worsening health, and plan ahead 	ill or 🛛	
		Enable more people to get support, treatment and care in comm		
		and home-based settings		
		3. Increase people's choice and control over their support and servi	ces 🖂	
9	Desired Outcomes	4. Support more people with rehabilitation and recovery	\boxtimes	
		5. Improve our ability to promote and protect people's human right	S,	
		including social and economic rights and meet our duties under	\boxtimes	
		human rights law, through our services and support		
		6. Expand our joint working, integration of services, and partnership		
		work with primary care, third sector organisations, providers, unp carers, and communities to better meet people's needs	oaid 🛮	
		carers, and communities to better meet people's needs		



Midlothian IJB Direction No.12 Substance Use

1	Title of Direction	Substance Use		
2	HSPC Sponsor:	Nick Clater, Head of Adult Se	ervices	
3	Date Direction Issued by Integration Joint Board	16 June 2022		
4	Date from which Direction takes effect	01 July 2022		
5	Direction to	NHS Lothian	Midlothian Council	Both ⊠
	Does this Direction replace, amend, or revoke a	Action Taken	Ref No	New Ref No
6	previous Direction or Direction Action? If yes, note the	Amended	MIJB-12.4	
	relevant reference number(s)	Amended	MIJB-12.5	
	Description of Direction The human and financial cost of substance misuse is con	siderable. We must redouble o	our efforts to prevent misuse a	and enable people to recover.
	Actions			Action No
	Ensure that people's involvement in the planning, delivery	and reviewing of their individ	ual care is maximised. This	MIJB-12.1
7	relates to the eight National Quality principles			
	Evidence that people using MELDAP funded services contr	ibute to ongoing development	t of the service	MIJB-12.2
	People with lived experience to be members of the MELD	AP Strategic Group		MIJB-12.3
				MIJB-12.4



	MH&SCP/MELDAP will increase the numbers of paid and u 2022	, , , , ,	MIJB-12.5	
	Employment opportunities for people in recovery should be training, and volunteering by 30th September 2022	be increased by improving engagement in education,	MIJB-12.6	
	MH&SCP/MELDAP and NHS Lothian should further develo	p working practices to ensure a seamless provision of		
	services to those people using No11. Maximise the use of	the building by recovery-oriented groups in the evenings		
	and at the weekend		MIJB-12.7	
	Maintain innovative practices using digital platforms intro	duced during the pandemic	MIJB-12.8	
	Ensure the provision of Medication Assisted Treatment is	safe, effective and of high quality	MIJB-12.9	
	Implement new access arrangements to improve waiting t	imes for treatment		
Budget allocated by Integration Joint Board to carry out Total £721,586				
8	Direction	NHS Lothian £483,356 Midlothian Council £238,229		
		This Direction is in relation to the following Strategic Aim(<u>-</u>	
		 Increase people's support and opportunities to stay worsening health, and plan ahead 	well, prevent ill or	\boxtimes
		Enable more people to get support, treatment and and home-based settings	care in community	\boxtimes
		3. Increase people's choice and control over their sup	port and services	\boxtimes
9	Desired Outcomes	4. Support more people with rehabilitation and recover	ery	\boxtimes
		5. Improve our ability to promote and protect people including social and economic rights and meet our of human rights law, through our services and support	duties under	×
		 Expand our joint working, integration of services, as work with primary care, third sector organisations, carers, and communities to better meet people's no 	providers, unpaid	×



Midlothian IJB Direction No.13 Justice

1	Title of Direction	Justice	Justice			
2	HSPC Sponsor	Nick Clater, Head of Adult Services				
3	Date Direction Issued by Integration Joint Board	16 June 2022	16 June 2022			
4	Date from which Direction takes effect	01 July 2022				
5	Direction to	NHS Lothian □ Midlothian Council ☑ Both □				
	Does this Direction replace, amend, or revoke a previous Direction or Direction Action? If yes, note the relevant reference number(s)	Action Taken	Ref No	New Ref No		
6		Revoked	MIJB-13.1			
J		Revoked	MIJB-13.2			
		Revoked	MIJB-13.3			
	Description of Direction We know that people who offend are much more likely to experience multiple health issues and have a lower life expectancy. We must find ways of supporting people to improve their wellbeing and enable them to establish a more settled and style of life					
	Actions			Action No		
7	Continue to develop the SPRING service. Specifically develop 'Stepping Stones' and the 'Next Steps' phase of SPRING		MIJB-13.4			
	Prevent the risk of further offending by improving interve Community Payback Order	ntions with people who are on,	/ have completed a	MIJB-13.5		
	Improve understanding of Community Justice amongst sta	aff, the public and local busines	sses	MIJB-13.6		



8	Budget allocated by Integration Joint Board to carry out Direction	N/A Fully Funded by Scottish Government	
		This Direction is in relation to the following Strategic Aim(s) for 2022-2025	
		 Increase people's support and opportunities to stay well, prevent ill or worsening health, and plan ahead 	×
		Enable more people to get support, treatment and care in community and home-based settings	×
		3. Increase people's choice and control over their support and services	\boxtimes
9	Desired Outcomes	4. Support more people with rehabilitation and recovery	\boxtimes
		5. Improve our ability to promote and protect people's human rights, including social and economic rights and meet our duties under human rights law, through our services and support	
		6. Expand our joint working, integration of services, and partnership work with primary care, third sector organisations, providers, unpaid carers, and communities to better meet people's needs	\boxtimes



Midlothian IJB Direction No.14 Unpaid Carers

1	Title of Direction	Unpaid Carers		
2	Exec Sponsor:	Gill Main, Integration Manag	ger	
3	Date Direction Issued by Integration Joint Board	16 June 2022		
4	Date from which Direction takes effect	01 July 2022		
5	Direction to	NHS Lothian	Midlothian Council	Both ⊠
		Action Taken	Ref No	New Ref No
	Does this Direction replace, amend, or revoke a	Revoked	MIJB-14.1	
6	previous Direction or Direction Action? If yes, note the	Revoked	MIJB-14.2	
	relevant reference number(s)	Amended	MIJB-14.3	
		Revoked	MIJB-14.4	
	Description of Direction			
	We recognise that the health and care system is very depe	endent upon the contribution o	of unpaid carers. The shift tow	ards self-management and
	care at home will depend upon the ability of carers to con-	tinue in their role and we must	t support them to do so. It is v	ital that we identify carers;
7	recognise what carers do and the physical, emotional and	financial impact that their cari	ng role can have on them whil	st providing support,
,	information and advice, aiming to make caring roles sustain	inable.		
	Action			Action No
	Improve carer identification through connections to service	ces, and through information to	the public to support	MIJB-14.3
	increased awareness of the carer role and self-identification	on by January 2023		



	Improve information on respite care including entitlement	and availability MIJB-1	4.5
	Improve quality of life of carers through increased access t increased awareness of respite and breaks from caring am		4.6
	Investigate opportunities to increase residential respite av	railability options MIJB-1	4.7
	Develop an improved understanding of current and future available to adults in Midlothian	demand for the full range of respite opportunities MIJB-1	4.8
8	Budget allocated by Integration Joint Board to carry out Direction	Midlothian Council £1,528,000	
9	Desired Outcomes	 This Direction is in relation to the following Strategic Aim(s) for 2022-2025 Increase people's support and opportunities to stay well, prevent ill of worsening health, and plan ahead Enable more people to get support, treatment and care in community and home-based settings Increase people's choice and control over their support and services Support more people with rehabilitation and recovery Improve our ability to promote and protect people's human rights, 	
		including social and economic rights and meet our duties under human rights law, through our services and support	×
		 Expand our joint working, integration of services, and partnership work with primary care, third sector organisations, providers, unpaid 	
		carers, and communities to better meet people's needs	



Midlothian IJB Direction No.15 Care at Home

1	Title of Direction	Care at Home				
2	HSPC Sponsor	Grace Cowan, Head of Primary Care and Older People's Services				
3	Date Direction Issued by Integration Joint Board	16 June 2022	16 June 2022			
4	Date from which Direction takes effect	01 July 2022				
5	Direction to	NHS Lothian	Midlothian Council	Both		
	Does this Direction replace, amend, or revoke a previous Direction or Direction Action? If yes, note the relevant reference number(s)	Action Taken	Ref No	New Ref No		
6		Replaced	MIJB-15.1	MIJB-15.4		
U		Amended	MIJB-15.2			
		Replaced	MIJB-15.3	MIJB-15.5		
-	Description of Direction Care at home services are a vital component of care in the past three years. Designing alternative more sustainable a addressed by the IJB					
7	Action			Action No		
	Implement a multifaceted workforce plan that includes co	ouncil and external providers b	by 30 th September 2022	MIJB-15.2		
				MIJB-15.4		



	Implement care at home services, in line with the vision st	tatement a	and human rights-based approach. Establish	
	robust monitoring systems to ensure block contracts are e	effectively	implemented, and to demonstrate the impact of	
	care at home on promoting human rights by 30 th Septemb			
			MIJB-15	.5
	Complete a whole system service review of care at home to	to support	transformation and meet increasing service	
	demand			
		_	MIJB-15	.6
	Ensure service redesign includes the provision for appropr	riate care s	services to meet the demand in relation to new	
	extra care housing		MIJB-15	7
	Review the Internal Home Care Service and develop a sust	tainahla m		. /
	•			
8	Budget allocated by Integration Joint Board to carry out Direction	IVIIdiotni	ian Council £11,054,274	
	Direction	This Dire	ection is in relation to the following Strategic Aim(s) for 2022-2025	
			<u> </u>	
			Increase people's support and opportunities to stay well, prevent ill or	
			worsening health, and plan ahead	
			Enable more people to get support, treatment and care in community	\boxtimes
			and home-based settings	
		3. I	ncrease people's choice and control over their support and services	\boxtimes
9	Desired Outcomes	4. 9	Support more people with rehabilitation and recovery	
		5. I	mprove our ability to promote and protect people's human rights,	
		i	ncluding social and economic rights and meet our duties under	
		ŀ	human rights law, through our services and support	
			Expand our joint working, integration of services, and partnership	
			work with primary care, third sector organisations, providers, unpaid	\boxtimes
		0	carers, and communities to better meet people's needs	



Midlothian IJB Direction No.18 Adult Protection and Domestic Abuse

1	Title of Direction	Adult Protection and Dome	stic Abuse		
2	HSPC Sponsor	Nick Clater, Head of Adult S	Nick Clater, Head of Adult Services		
3	Date Direction Issued by Integration Joint Board	16 June 2022			
4	Date from which Direction takes effect	01 July 2022	01 July 2022		
5	Direction to	NHS Lothian □ Midlothian Council □ Both ☒			
		Action Taken	Ref No	New Ref No	
	Does this Direction replace, amend, or revoke a	Amended	MIJB-18.1		
6	previous Direction or Direction Action? If yes, note the	Replaced	MIJB-18.3	MIJB-18.7	
	relevant reference number(s)	Replaced	MIJB-18.5	MIJB-18.8	
		Replaced	MIJB-18.6	MIJB-18.9	
7	Description of Direction The Adult Support and Protection (Scotland) Act 2007 was including people who are affected by disability, mental distinction to support and protection. Equally Safe, Scotland's Strategy to prevent and eradicate the Scottish Government and CoSLA. This strategy's vision and where women and girls live free from all forms of violence against women and girls. While the governance Committee it remains a central responsibility of the Health	s introduced to strengthen the sorder, illness or physical and a Violence Against Women and a strong and flourishing Scence and abuse – and the atties of public protection rests wi	mental infirmity. All children an Girls was introduced 23/03/20 otland where all individuals are tudes that help perpetuate it. The the East Lothian and Midloth	d adults at risk of harm have 16 and updated in 2018 by equally safe and respected, The strategy covers all forms	



Actions	Action No
Review the effectiveness of the new combined Public Protection module, covering Child Protection, Violence Against	MIJB-18.1
Women and Girls and Adult Support and Protection by 30 th September 2022	
Support the embedding of Safe and Together (keeping the child Safe and Together with the non-offending parent)	MIJB-18.4
including training across social, health and care services	
Complete joint strategic needs assessment for Public Protection to identify gaps in services, including early and	MIJB-18.7
effective intervention services for children experiencing the impact of Domestic Abuse and adults experiencing	
Domestic Abuse by December 2022	
Develop guidance to support the implementation of the East Lothian and Midlothian Position Statement on	MIJB-18.8
Commercial Sexual Exploitation and link work with the Midlothian equalities outcomes by 30 th September 2022	
Evaluate Midlothian Council Safe Leave Programme - for those employees who are experiencing gender-based	MIJB-18.9
violence and need additional time off work to deal with resulting matters by March 2022	
Review and streamline the Adult Support and Protection referrals process by December 2022	MIJB-18.10
Implement changes arising from the review of the ASP (Scotland) Act 2007	MIJB-18.11
Embed the Equally Safe priorities to prevent/tackle violence women and girls	MIJB-18.12
Increase knowledge of gender-based violence for all HSCP staff	MIJB-18.13
Improve staff skills in managing cases which do not meet the ASP criteria	MIJB-18.14
Improve knowledge and skills of Council Officers in their work in ASP	MIJB-18.15
Improve risk management in care homes in Adult Support and Protection practice	MIJB-18.16



8	Budget allocated by Integration Joint Board to carry out Direction	Midlothian Council £724,548				
		This Direction is in relation to the following Strategic Aim(s) for 2022-2025				
		 Increase people's support and opportunities to stay well, prevent ill or worsening health, and plan ahead 	X			
		Enable more people to get support, treatment and care in community and home-based settings				
		3. Increase people's choice and control over their support and services	\boxtimes			
9	Desired Outcomes	4. Support more people with rehabilitation and recovery				
		5. Improve our ability to promote and protect people's human rights, including social and economic rights and meet our duties under human rights law, through our services and support	×			
		6. Expand our joint working, integration of services, and partnership work with primary care, third sector organisations, providers, unpaid carers, and communities to better meet people's needs	×			



Midlothian IJB Direction No.19 Public Health

1	Title of Direction	Public Health					
2	HSCP Sponsor	Jim Sherval, Consultant in F	lim Sherval, Consultant in Public Health				
3	Date Direction Issued by Integration Joint Board	16 June 2022	L6 June 2022				
4	Date from which Direction takes effect	01 July 2022	01 July 2022				
5	Direction to	NHS Lothian	Midlothian Council	Both 🗆			
		Action Taken	Ref No	New Ref No			
		Replaced	MIJB-19.1	MIJB-19.11 & 19.12			
		Amended	MIJB-19.2				
		Revoked	MIJB-19.3				
		Revoked	MIJB-19.4				
	Does this Direction replace, amend, or revoke a	Replaced MIJB-19.1 Amended MIJB-19.2 Revoked MIJB-19.3 Revoked MIJB-19.4 Revoked MIJB-19.5 Amended MIJB-19.6 Amended MIJB-19.7					
6	previous Direction or Direction Action? If yes, note the	Amended	MIJB-19.6				
	relevant reference number(s)	Amended	MIJB-19.7				
	(0)	Replaced	MIJB-19.9	MIJB-19.12			
		Replaced	MIJB-19.10	MIJB-19.2			
		Amended	MIJB-19.11				
		Amended	MIJB-19.12				
		Amended	MIJB-19.13				
		Revoked	MIJB-19.14				
7	Description of Direction						



Action	Action No
Continue a programme of work to enable people to stay well with a range of service offers and improve health and	MIJB-19.2
wellbeing support for people at higher risk of health inequalities. This should specifically include targets that aim to	
 increase the number of people who are supported to address money worries 	
reduce isolation	
 increase the number of people who are physically active 	
 increase the number of people supported to stop smoking, including specific at risks groups e.g., pregnant women 	
increase green prescribing	
take a whole system approach to type 2 diabetes	
and identify areas of work to address poverty	
Deliver an evaluation report detailing the impact of the HIT (Health Inequalities Team) including a recommendation for	MIJB-19.6
future investment by 30th September 2022	
nitiate discussions with the 3 other Integrated Joint Boards about the potential disaggregation of Public Health	MIJB-19.7
funding including but not limited to Health Improvement Fund, Hep C and Blood Borne Virus by 30th September 2022.	
Embed the Midway by working with planning groups, training staff and supporting service design	MIJB-19.11
ncrease trauma-informed practice across Health and Social Care and Community Planning	MIJB-19.12
mprove screening and early detection rates	MIJB-19.15



		This Direction is in relation to the following Strategic Aim(s) for 2022-2025	
		Increase people's support and opportunities to stay well, prevent ill or worsening health, and plan ahead	\boxtimes
		8. Enable more people to get support, treatment and care in community and home-based settings	\boxtimes
		9. Increase people's choice and control over their support and services	\boxtimes
9	Desired Outcomes	10. Support more people with rehabilitation and recovery	\boxtimes
		11. Improve our ability to promote and protect people's human rights, including social and economic rights and meet our duties under human rights law, through our services and support	X
		12. Expand our joint working, integration of services, and partnership work with primary care, third sector organisations, providers, unpaid carers, and communities to better meet people's needs	×



Midlothian IJB Direction No.20 Services to People Under 18 Years

1	Title of Direction	Services to People Under	ervices to People Under 18 Years				
2	HSCP Sponsor	Fiona Stratton, Chief Nurse					
3	Date Direction Issued by Integration Joint Board	16 th June 2022	16 th June 2022				
4	Date from which Direction takes effect	01 July 2023					
5	Direction to	NHS Lothian	Midlothian Council	Both 🗆			
		Action Taken	Ref No	New Ref No			
		Revoked	MIJB-20.1				
		Amended	MIJB-20.2	MIJB-20.10			
	Does this Direction replace, amend, or revoke a	Amended	MIJB-20.3				
6	previous Direction or Direction Action? If yes, note the	Replaced	MIJB-20.4	MIJB-20.11			
	relevant reference number(s)	Replaced	MIJB-20.5	MIJB-20.12			
		Revoke	MIJB-20.6				
		Replaced	MIJB-20.7	MIJB-20.12			
		Amended	MIJB-20.8				
	Description of Direction	Description of Direction					
7	Midlothian IJB does not have a delegated function for ser	vices for people under 18 ye	ars of age. Budgets for Health Vis	siting and School Nursing			
,	are delegated to Midlothian IJB, and delivery sits with Mid	dlothian HSCP. The School N	ursing service for Midlothian is m	nanaged from East Lothian			
as a joint service covering East and Midlothian.							



	Actions		Action No	
	Review the management structure for all nursing in Midlo	thian including health visiting by 31 st January 2023	MIJB-20.3	
	Grow and develop the school nursing service to address the people's mental health and wellbeing needs (in line with S	MIJB-20.9		
	Reduce inequality through the delivery of consistent healt		MIJB-20.10	
	visitors are trained to support parents and carers with the wellbeing needs of their children	by 30th September 2022. This will include ensuring health skills they need to meet the individual mental health and		
	Implement the school nursing pathway in line with Scottis	h Government guidance	MIJB-20.11	
	Target health inequalities through early detection of concerns and increased uptake of vaccinations by delivering service offer and supports that are person-centred e.g., gypsy travellers and working with families who appear on the 'failure to attend' list by 30th September 2022			
8	Budget allocated by Integration Joint Board to carry out Direction	NHS Lothian £2,209,163		
		This Direction is in relation to the following Strategic Aim(s)	for 2022-2025	
		 Increase people's support and opportunities to stay w worsening health, and plan ahead 	vell, prevent ill or	\boxtimes
		Enable more people to get support, treatment and ca and home-based settings	re in community	×
9	Desired Outcomes	3. Increase people's choice and control over their suppo	rt and services	\boxtimes
		4. Support more people with rehabilitation and recovery	У	\boxtimes
		numan rights, ties under	⊠	



	6.	Expand our joint working, integration of services, and partnership	
		work with primary care, third sector organisations, providers, unpaid	\boxtimes
		carers, and communities to better meet people's needs	



Midlothian IJB Direction No.25 Financial Instruction

1	Title of Direction	Financial Instruction				
2	HSCP Sponsor	Claire Flanagan, Chief Finar	laire Flanagan, Chief Financial Officer			
3	Date Direction Issued by Integration Joint Board	16 th June 2022	5 th June 2022			
4	Date from which Direction takes effect	01 July 2023				
5	Direction to	NHS Lothian	Midlothian Council	Both ⊠		
6	Does this Direction replace, amend, or revoke a previous Direction or Direction Action? If yes, note the relevant reference number(s)	Action Taken	Ref No	New Ref No		
	Description of Direction IJB reserves have accumulated for a range of reasons. This provides the IJB with the opportunity to address service pressures and promote service redesign					
	Actions	Action No				
7	Support the recovery from the pandemic, partners may sp address identified and continuing pressures in relation to t with the existing HSCP covid related planning in conjunction	MIJB-25.1				
	Support the redesign of services covered by the funding st including provision to support Unpaid Carers, Care at Hom	MIJB-25.2				



	Using only the monies in excess of the recommended rese	erve balance in line with the IJB Reserves Policy, the general MIJB-25.3			
	reserve should be used to support the delivery of the IJBs	Strategic Commissioning Plan 2022-25. Allocation of funds			
	should be following agreement from the IJB with the inter	ntion of accelerating the progress within delegated functions			
		ling Plan. This should include capacity to progress key work			
	in relation to an outcomes focused approach	g			
	in relation to an outcomes rocused approach				
	Dudget allocated by Internation Isiat Board to come out	Covid Reserve £9,700,000			
8	Budget allocated by Integration Joint Board to carry out Direction	Earmarked Reserve £7,900,000			
		General Reserve £2,800,000			
		This Direction is in relation to the following Strategic Aim(s) for 2022-2025			
		1. Increase people's support and opportunities to stay well, prevent ill or			
		worsening health, and plan ahead	\boxtimes		
		2. Enable more people to get support, treatment and care in communi			
		and home-based settings	X		
		3. Increase people's choice and control over their support and services	\boxtimes		
9	Desired Outcomes	4. Support more people with rehabilitation and recovery	\boxtimes		
		5. Improve our ability to promote and protect people's human rights,			
		including social and economic rights and meet our duties under	\boxtimes		
		human rights law, through our services and support			
		6. Expand our joint working, integration of services, and partnership			
		work with primary care, third sector organisations, providers, unpaid	\boxtimes		
		carers, and communities to better meet people's needs			



Midlothian IJB Direction No.26 Other Core and Hosted Services

1	Title of Direction	Other Core and Hosted Servi	ices		
2	HSCP Sponsor	Morag Barrow, Joint Director			
3	Date Direction Issued by Integration Joint Board	16 th June 2022			
4	Date from which Direction takes effect	01 July 2023			
5	Direction to	NHS Lothian	Midlothian Council □	Both 🗆	
	Does this Direction replace, amend, or revoke a	Action Taken	Ref No	New Ref No	
6	previous Direction or Direction Action? If yes, note the relevant reference number(s)				
7	Description of Direction This Direction describes the action required in relation to the other core and hosted services delegated to the MIJB. A number of these services are included in the preceding Directions and detail some specific actions to deliver service redesign and transformation. Core and hosted services within the NHS Lothian and Midlothian Council Integration Scheme (Annex 1) is detailed below Provision for people over the age of 18 1. Accident and Emergency services provided in a hospital. 2. Inpatient hospital services relating to the following branches of medicine a) general medicine; b) geriatric medicine; c) rehabilitation medicine;				
	d) respiratory medicine; and				



- e) Psychiatry of learning disability
- 3. Palliative care services provided in a hospital.
- 4. Inpatient hospital services provided by General Medical Practitioners.
- 5. Services provided in a hospital in relation to an addiction or dependence on any substance.
- 6. Mental health services provided in a hospital, except secure forensic mental health services.
- 7. Services provided out with a hospital in relation to an addiction or dependence on any substance.
- 8. Services provided by allied health professionals in an outpatient department, clinic, or out with a hospital.
- 9. The public dental service.
- 10. General dental services provided under arrangements made in pursuance of section 25 of the National Health (Scotland) Act 1978(27).
- 11. Ophthalmic services provided under arrangements made in pursuance of section 17AA or section 26 of the National Health Service (Scotland) Act 1978(28).
- 12. Pharmaceutical services and additional pharmaceutical services provided under arrangements made in pursuance of sections 27 and 27A of the National Health Service (Scotland) Act 1978
- 13. Services providing primary medical services to patients during the out-of-hours period.
- 14. Services provided outwith a hospital in relation to geriatric medicine.
- 15. Palliative care services provided outwith a hospital.
- 16. Mental health services provided outwith a hospital.
- 17. Continence services provided outwith a hospital.
- 18. Kidney dialysis services provided outwith a hospital.
- 19. Services provided by health professionals that aim to promote public health

Provision for people under the age of 18

- 1. General Dental Services, Public Dental Services, and the Edinburgh Dental Institute
- 2. General Ophthalmic Services
- 3. General Pharmaceutical Services
- 4. Out of Hours Primary Medical Services
- 5. Learning Disabilities
- 6. Health Visiting
- 7. School Nursing



	Actions		Action No)
	NHS Lothian is asked to provide effective and high-quality. These services should be provided in a manner which mee Midlothian Strategic Commissioning Plan 2022-25. While Commissioning Plan, services should nevertheless be prov Midlothian IJB and in line with the approaches described in accompanying Directions. Services delegated to the MIJB are detailed in the Midloth hosted services detailed below should be provided in accompactified in the accompanying Directions, services should as has been the case in 2021-22 within the available budge and outcomes for service offers and supports delivered to	bjectives and ways of working outlined in the crvices will not be specified within the Strategic a way which is consistent with the philosophy of rategic Commissioning Plan 2022-25 and gration Scheme (Annex 1). All services, including with legislation, policies, and procedures. Unless a to be provided to the same standards and volumes ervices should provide information on both activity		
	and communities of Midlothian.			
8	Budget allocated by Integration Joint Board to carry out Direction	n/a		
		This Di	irection is in relation to the following Strategic Aim(s) for 2022-2025	
		1.	Increase people's support and opportunities to stay well, prevent ill or worsening health, and plan ahead	\boxtimes
		2.	Enable more people to get support, treatment and care in community and home-based settings	\boxtimes
		3.	Increase people's choice and control over their support and services	\boxtimes
9	Desired Outcomes	4.	Support more people with rehabilitation and recovery	×
		5.	Improve our ability to promote and protect people's human rights, including social and economic rights and meet our duties under human rights law, through our services and support	\boxtimes
		6.	Expand our joint working, integration of services, and partnership work with primary care, third sector organisations, providers, unpaid carers, and communities to better meet people's needs	×