# Notice of Meeting and Agenda



## **Midlothian Integration Joint Board**

Venue: Virtual Meeting,

Date: Thursday, 10 December 2020

Time: 14:00

Morag Barrow Chief Officer

**Contact:** 

#### **Further Information:**

This is a meeting which is open to members of the public.

#### 1 Welcome, Introductions and Apologies

#### 2 Order of Business

Including notice of new business submitted as urgent for consideration at the end of the meeting.

#### **3** Declaration of Interest

Members should declare any financial and non-financial interests they have in the items of business for consideration, identifying the relevant agenda item and the nature of their interest.

#### 4 Minute of Previous Meeting

5	Public Reports	
4.4	Minutes of the MIJB Strategic Planning Group 28 October 2020 - For Noting.	37 - 40
4.3	Minutes of the MIJB Strategic Planning Group held on 18 August 2020 - For Noting.	21 - 36
4.2	Minutes of the MIJB Audit & Risk Committee held on 13 September 2020 - For Noting.	15 - 20
4.1	Minutes of the MIJB held on 8 October 2020 - For Approval.	5 - 14

5.1	Midlothian Response to Delayed Discharges - Presentation by Grace Cowan, Head of Primary Care & Older People's Services.	
5.2	Chief Officers Report – Morag Barrow, Chief Officer.	41 - 44
	For Decision	
5.3	Vision and Values – Report by Lois Marshall, Assistant Strategic Programme Manager.	45 - 48
	For Discussion	
5.4	Midlothian IJB Directions 2020 Update – Report by Mairi Simpson, Integration Manager.	49 - 66
5.5	Independent Review of Adult Social Care - Report by Alison White, Head of Adult Services.	67 - 72
	For Noting	
5.6	Clinical and Care Governance Group - Report by Caroline Myles, Chief Nurse.	73 - 100

- **5.7** MIJB Improvement Goal Progress Report by Jamie Megaw, Strategic Programme Manager (To Follow).
- **5.8** Covid Vaccination Report by Jamie Megaw, Strategic Programme Manager (To Follow).
- **5.9** Finance Update for 2020/21 and 5 Year Financial plan Report 101 110 by Claire Flanagan, Chief Finance Officer.

### 6 Private Reports

No private business submitted for this meeting

#### 7 Date of Next Meeting

The next meeting of the Midlothian Integration Joint Board will be held on:

# 14 January 2021 at 2 pm – Development Workshop13 February 2021 at 2 pm - Midlothian Integration Joint Board

Clerk Name:	Mike Broadway
Clerk Telephone:	0131 271 3160
Clerk Email:	mike.broadway@midlothian.gov.uk



Meeting	Date	Time	Venue
MIJB Minute	Thursday 8 October 2020	2.00pm	Virtual Meeting held using Microsoft Teams.

Present (voting members):				
Carolyn Hirst (Vice Chair)	Carolyn Hirst (Vice Chair) Mike Ash Tricia Donald			
Angus McCann	Cllr Derek Milligan	Cllr Jim Muirhead		
Cllr Pauline Winchester				

Present (non-voting members):				
Morag Barrow (Chief Officer) Alison White (Chief Social Work Officer) Claire Flanagan (Chief Finance Officer)				
Caroline Myles (Chief Nurse)	Johanne Simpson (Medical Practitioner)	Hamish Reid (GP/Clinical Director)		
Wanda Fairgrieve (Staff side representative)	James Hill (Staff side representative)	Keith Chapman (User/Carer)		
Ewan Aitken (Third Sector)				

In attendance:				
Grace Cowan (Head of Primary Care and	Mairi Simpson (Integration Manager)	Jacquie Campbell (Chief Officer, Acute		
Older Peoples Services)		Services)		
Jenny Long (Programme Director for	Leah Friedman (Operational Business	Jordan Simpson (Staff side representative,		
Unscheduled Care)	Manager)	NHS Lothian)		
Val Holtom (Care Inspectorate)	Mike Broadway (Clerk)			

Apologies:		
Cllr Catherine Johnstone (Chair)	Fiona Huffer (Head of Dietetics)	Jill Stacey (Chief Internal Auditor)

#### 1. Welcome and introductions

The Vice Chair, Carolyn Hirst, welcomed everyone to this virtual Meeting of the Midlothian Integration Joint Board.

#### 2. Order of Business

The order of business was confirmed as outlined in the agenda that had been previously circulated.

#### 3. Declarations of interest

No declarations of interest were received.

#### 4. Minute of previous Meetings

- 4.1 The Minutes of the undernoted Meetings of the Midlothian Integration Joint Board were submitted and approved as correct records:
  - (a) MIJB held on 27 August 2020 subject to the addition of Lesley Kelly (MVA) to the list of those attending; correction of Jamie Megaw's name in the body of the minute and clarification that the Lord Advocate's review related to Care Homes; and
  - (b) Special MIJB held on 10 September 2020.
- 4.2 The Minutes of Meeting of the MIJB Audit and Risk Committee held on 3 March 2020 were submitted and noted.

#### 5. Public Reports

Report Title/Summary	Decision	Action Owner	Date to be Completed/Comments
<ul> <li>5.1 Remobilisation of Acute Out-patients Services – Presentation</li> <li>Jacquie Campbell, Chief Officer, Acute Services provided a presentation on the Remobilisation of Acute Out-patients Services in which she highlighted some of the impacts experienced as a result of the</li> </ul>	To thank Jacquie for her extremely helpful and informative presentation and note that this would be picked up further as part of the November Development Workshop session. Page 6 of 110	All to note	Ongoing

Report Title/Summary	Decision	Action Owner	Date to be Completed/Comments
Covid-19 pandemic, and how following an initial drop demand for services was beginning to increasing again. Although not back to pre-Covid levels, the rise in demand was in itself bring additional pressures as a result of services having to operate with often reduced capacity due to having to observe strict social distancing measures. Jacquie then outlined the steps being proposed by NHS Lothian to address this and highlighted possible ways in which Midlothian IJB might assist in this process.			
There then followed a general discussion during which Morag Barrow in making reference to plans for a 'Near Me' service operating out of the old Bonnyrigg medical practice, confirmed that H&SC would be happy to explore possible options. Whilst the use of new technology was broadly welcomed, concerns were expressed that it might exclude those not comfortably using technology or who did not have access to it. It was also pointed out that it needed to be made clear when services were being offered in this manner how patients accessed them and also the supports available should they be required. It was at an early stage and how both the IJB and the Council fed into the consultation process would be a matter for further discussion.			
<b>5.2 Chief Officers Report</b> This report provided a summary of the key service pressures and service developments which had occurred during the previous months across health	<ul> <li>(a) To note and welcome the development of new Equality Outcomes for 2021-2025 and also a draft Performance Framework;</li> <li>(b) To note that the outcome of the unannounced</li> </ul>	Chief Officer	

Report Title/Summary	Decision	Action Owner	Date to be Completed/Comments
<ul> <li>and social care, highlighting in particular a number of the key activities, as well as looking ahead at future developments.</li> <li>The Board in considering the Chief Officer's report made particular reference to the need to ensure that in developing new Equalities Outcomes they fed into the both the emerging Performance Framework and going forward the Directions. In addition, it was suggested that there should be a role for the Audit and Risk Committee in taking this forward which also required to be explored.</li> <li>The Board also noted that initial feedback received following an unannounced Healthcare Improvement Scotland inspection visit to Midlothian Community Hospital had been encouraging and discussed the challenges associated with the recommissioning works, in particular how new services would be procured and the opportunities for partners to be involved in that process.</li> </ul>	<ul><li>Healthcare Improvement Scotland inspection visit to Midlothian Community Hospital would be presented to the Board upon receipt of the formal feedback; and</li><li>(c) To otherwise note the content of the Chief Officer's Report.</li></ul>		
5.3 Midlothian IJB Directions 2020 With reference to paragraph 4.3 of the Minutes of 16 April 2020, there was submitted a report the purpose of which was to set out for the Board consideration proposals from the Midlothian Strategic Planning Group to refresh the Directions that reflected changes to timeframes and/or plans since April 2020. The report explained that the Directions had been issued to Midlothian Council and NHS Lothian at a time when both organisations were managing responses to the COVID-19 pandemic, which had	onwards.	Chief Officer/ Integration Manager	

Report Title/Summary	Decision	Action Owner	Date to be Completed/Comments
caused significant disruption to services; health, social care and community based services. It had also influenced expectations and priorities, at least in the short term. As the Directions identified key changes that need to be progressed to support the delivery of health and care services in Midlothian, aligned to the Strategic Commissioning Plan 2019- 22, it was considered appropriate that they be reviewed and where feasible amended to reflect changed ambitions or timeframes.			
Mairi Simpson was heard in amplification of the report after which there was a general discussion during which consideration was given to how to link actions arising from the Directions into the Performance Framework, the involvement of partners, particularly those in the third sector in the Directions and the potential need for a further review depending on future developments as a result of the ongoing COVID-19 pandemic.			
5.4 Community Justice Annual Report	(a) To note the report; and		
The purpose of this report was to update the Board on activity carried out by the Community Justice Partnership in Midlothian during 2019/20.	(b) To note that details of the Trauma Informed Workshops (Level 1) would be circulated to Board Members.	Chief Social Work Officer/ Clerk	
The report explained that the Community Justice (Scotland) Act 2016 placed a duty on local community justice statutory partners to produce a Community Justice Outcome Improvement Plan (CJOIP) which outlined key local needs and priorities and the plans and actions to address these. Beyond			

Report Title/Summary	Decision	Action Owner	Date to be Completed/Comments
this, partners were also tasked with reporting on an an annual basis to Community Justice Scotland.			
Alison White was heard in amplification of the report making particular reference to items of interest to the Board, which included resumption of the Trauma Informed Training.			
5.5 Midlothian Health & Social Care Partnership Winter Plan 2020/21	(a) To note the update on the Winter Plan 2020/21; and	All to note	
The purpose of this report was to provide the Board with an update on Midlothian Health & Social Care Partnership's Winter Plan 2020/21 and outline plans in coping with increased pressure through effective forward planning and the provision of additional capacity in key services.	(b) To approve the approach to winter planning.		
The report outlined the work being undertaken locally to prepare for winter pressures, explaining that the overarching Winter Plan was joined up to cover a wide range of areas – reducing length of stay for people in hospital once medically fit, preventing avoidable admissions, increasing service capacity, gritting priority areas, implementing the flu programme, and resilience planning for severe weather, ongoing COVID-19 and potential local lockdowns, and staff absences. There was also an ongoing focus on supporting staff wellbeing and a winter communications plan both for staff and the public.			
Leah Friedman was heard in amplification of the report following which there was a general			

Report Title/Summary	Decision	Action Owner	Date to be Completed/Comments
discussion regarding the importance of a whole systems co-ordinated approach with a single point of contact involving the use of volunteers and input from third sector partners. It was also felt that it would be helpful to acknowledge other factors which might impact on the Plan such as Brexit.			
<ul> <li>5.6 Care for People Group During Lockdown</li> <li>The purpose of this report was to introduce the Midlothian's Care for People Report on the Response to Lockdown which detailed the actions taken by the Council's 'Care for People' Group during lockdown; a copy of which was appended to the report.</li> <li>The report explained that given the nature of the pandemic emergency, the high level of public interest and the extensive range of interventions undertaken, it is considered important that Board Members were fully briefed, particularly given the possibility of a second wave of Covid-19.</li> <li>Having heard from Alison White in amplification of the report, the Board discussed the role of resilience</li> </ul>	To note the report outlining the activities and services coordinated by the 'Care for People' Group during lockdown.		
groups in providing a link to communities and how this might be grown to ensure it was fit for purpose, and also the role and use of volunteers, which had been complicated somewhat by a highly success national campaign, giving rise to a higher than anticipated capacity that it had sometime proven difficult to fully utilise.			

Report Title/Summary	Decision	Action Owner	Date to be Completed/Comments
<ul> <li>5.7 Clinical and Care Governance Report</li> <li>The purpose of this report was to provide assurance to the Board as to the clinical and care governance arrangements within Midlothian, along with highlight good practice and identify any emerging issues or risks. Additional reports would be submitted as appropriate throughout the year to provide updated information from specific service areas. Appended to this report was a copy of the Healthcare Governance Committee Annual Report – Midlothian HSCP.</li> <li>Carolyn Myles was heard in amplification of the report after which there was a general discussion on this matter. Issues around carers being unable to visit those in care homes were acknowledged, it being accepted that whilst there were no easy answers there was a perception of inequality that would benefit from being addressed if possible.</li> </ul>	To note and approve the content of the report.	All to note	
<b>5.8 IJB Improvement Goal Progress</b> With reference to paragraph 5.4 of the Minutes of 14 February 2019, there was submitted a report updating the Board on performance and improvement towards achieving the Local Improvement Goals set by the MIJB based on the indicators recommended by the Ministerial Strategic Group for Health and Community Care. The improvement goals focused on reducing unscheduled hospital and institutional care using	<ul> <li>(a) To note the performance across the indicators;</li> <li>(b) To note that in spite of the impact of the Covid- 19 pandemic many of the Improvement Indicators goals had be achieved during 2020;</li> <li>(c) Note that the Improvement Indicators use data provided by Public Health Scotland with a lag time of three months, so further information was included showing hospital activity for Midlothian residents up to the week beginning 7 Sept.</li> </ul>	All to note.	

Report Title/Summary	Decision	Action Owner	Date to be Completed/Comments
data provided by the Health and Social Care team at ISD Scotland.			
Morag Barrow was heard in amplification of the report after which there was a general discussion on this matter.			
5.9 Finance Update – Quarter 1 2020/21	(a) Noted the quarter one financial reviews	Chief Finance	
This report set out the results of the MIJB's partner's (Midlothian Council and NHS Lothian) quarter one financial reviews and considered how this impacted on the projected financial position for the IJB for 2020/21.	undertaken by partners; and (b) Noted the impact COVID has had on the IJB financial position.	Officer	
The report advised that understanding the financial position for the IJB was not straightforward as in addition to understanding the results and the financial impact of COVID-19, both in terms of the impact of the actual costs incurred to date, as well as the implications for the remainder of the financial year, the extent to which costs could be recovered from the Scottish Government through the mobilisation/remobilisation planning processes further complicated the picture.			
Claire Flanagan was heard in amplification of the report after which there was a general discussion during which Morag Barrow highlighted that in terms of normal core spend the IJB was looking at a balanced budget.			

#### 6. **Private Reports**

#### **Exclusion of Members of the Public**

In view of the nature of the business to be transacted, the Board agreed that the public be excluded from the meeting during discussion of the undernoted item, as contained in the Addendum hereto, as there might be disclosed exempt information as defined in paragraph 11 of Part I of Schedule 7A to the Local Government (Scotland) Act 1973:-

#### 6.1 Redesign of Urgent Care – Implementing the National Model in Lothian – Noted

#### 7. Any other business

The Board, having noted that this would be Ewan Aitken's last meeting as Third Sector representative, joined the Chair in expressing their thanks to Ewan for all his hard work in support of the Midlothian Integration Joint Board over the years.

#### 8. Date of next meeting

The next meetings of the Midlothian Integration Joint Board would be held on:

- Thursday 12 November 2020 2pm Development Workshop
- Thursday 10 December 2020 2pm Midlothian Integration Joint Board

#### (Action: All Members to Note)

The meeting terminated at 4.31 pm.

## **Minute of Meeting**



## Midlothian Integration Joint Board Audit and Risk Committee

Date	Time	Venue
Thursday 3 September 2020	2.00pm	Virtual Meeting – MS Teams

#### **Present (voting members):**

Cllr Jim Muirhead (Chair)	Cllr Derek Milligan
Carolyn Hirst	Pam Russell (Independent Member)
Mike Ash	

#### **Present (non-voting members):**

Morag Barrow (Chief Officer)	Claire Flanagan (Chief Finance Officer)
Jill Stacey (Chief Internal Auditor)	

#### In attendance:

Grace Scanlin (EY, External Auditor)	Marie Sharp (Local Reporter)
Janet Ritchie (Democratic Services Officer)	

### Audit and Risk Committee

Thursday 3 September 2020

#### 1. Welcome and introductions

The Chair, Councillor Jim Muirhead welcomed everyone to the meeting of the Midlothian Integration Joint Board Audit and Risk Committee, following which there was a round of introductions.

#### 2. Order of Business

The order of business was as set out in the Agenda.

3. Declarations of interest

No declarations of interest were received.

#### 4. Note of Meeting

The Minutes of Meeting of the Midlothian Integration Joint Board Audit and Risk Committee held on 5 March 2020 was submitted and approved as a correct record.

#### 5. Public Reports

Report No.	Report Title	Presented by:
5.1	Annual Audit Report to Members and the Controller of Audit - year ended 31 March 2020 – Report by EY, External Auditors	Stephen Reid
<b>Executive S</b>	ummary of Report	
	of this report was to present the external Annua roller of Audit for the year ending 31 March 2020	•
This report was prepared in accordance with Terms of Appointment letter from Audit Scotland dated 31 May 2016 through which the Accounts Commission appointed EY as external Auditor of Midlothian Integration Joint Board (IJB) for financial year 2016/17 to 2021/22. The Audit is undertaken in accordance with the Local Government (Scotland) Act 1973 and it is EY's responsibility as set out within Audit Scotland's Code of Audit Practice. This report was for the benefit of the IJB and was made available to the Accounts Commission, the Controller of the Audit and Audit Scotland.		
The external Auditor concluded the audit of the IJB's financial statements for the year ended 31 March 2020 and no audit adjustments were required to be made and there were no unadjusted differences that were required to be communicated. The draft financial statements and supporting working papers were of a good quality. The External Auditor worked with the Chief Finance Officer to make improvements to the Management Commentary and notes to the financial statements to reflect the implication of the Covid-19 global pandemic on the financial statements and the IJB's planning processes.		
the applicabl	Auditor concluded that the other information sul e parts of the Remuneration Report and the Anr ere appropriate. They were satisfied that the A	nual Governance

### Audit and Risk Committee

Thursday 3 September 2020

Statement reflected the requirements of the *Delivering Good Governance Framework*, and the key changes in governance arrangements that were required as a result of changes to working practices due to Covid-19.

Summary of discussion

Grace Scanlin, EY, External Auditor provided the Committee with an outline of the report highlighting the key sections contained within the report.

Thereafter the External Auditor responded to Members questions and comments and it was agreed that there were no particular issues or areas for concern.

#### Decision

The Audit and Risk Committee noted the external auditors report on the MIJB's annual accounts and the Appendices attached to the report.

#### Action

Chief Officer

Report No.	Report Title	Presented by:	
5.2	2019/20 Audited Annual Accounts – Report by Chief Finance Officer	Clare Flanagan	
<b>Executive S</b>	ummary of Report		
	of this report was to present for the Committee' Annual Accounts 2019/20 which had been revie Auditors.		
As a statutory body, the IJB was required to produce a set of annual accounts at the end of its financial year (31 March). These accounts were then reviewed by the IJB's external auditors who reported their opinion of the IJB's Annual Accounts to the IJB's Audit and Risk Committee. This report having been agreed by the committee and no outstanding issues the Committee would recommend the annual accounts to the IJB.			
	s would then be signed by the Chair of the IJB, t Chief Finance Officer of the IJB.	he Chief Officer of the	
Summary o	f discussion		
Clare Flanagan, Chief Finance Officer presented the Annual Accounts highlighting the high level points contained within the Accounts.			
Thereafter the Chief Finance Officer responded to questions and comments raised by Members. It was noted that the recommendation in the cover report was that the committee was approving both the external Auditors report and this report and both these would be presented to the IJB.			
Decision			
The Audit and Risk Committee, having noted the external Auditors report on the MIJB's Annual Accounts, agreed to recommended the 2019/20 Annual Accounts to the Midlothian Integration Joint Board.			
Action	Action		
Chief Finance Officer			

### Audit and Risk Committee

Thursday 3 September 2020

Report No.	Report Title	Presented by:
5.3	Risk Register – Report by Risk Manager	Morag Barrow
Executive Summary of Report		

The Integrated Joint Board (IJB) Audit and Risk Committee maintained a strategic risk profile which was regularly scrutinised. However, it was important that Midlothian IJB was kept informed of its key risks and the actions undertaken to manage these risks. This report contains the strategic risk profile covering quarter 4 2019/20 (1 January 2020 – 31 March 2020) and the current version of the IJB's strategic risk profile covering quarter 1 2020/21, 1 April 2020 – 30 June 2020. The Committee members are asked to consider the strategic risk profile and current response to the issues, risk and opportunities.

#### Summary of discussion

Morag Barrow, Chief Officer presented this report advising that there were two risks added since the last time in relation to Covid-19 and Care Homes. The Chief Officer provided assurances that there had been significant planning put in place with regards Covid-19 and that there was daily contact with the teams in the Care Homes.

It was noted that as well as the risks relating to Care Homes and the public's perception of this there was the additional risk of the IJB reputation and the Chief Officer advised she was working with the Communication's team on appropriate communication.

There followed a discussion on the risks during the Covid response phase and the different risks for the Council and Health Board as well as the ones which were unique to the IJB. It was noted that the IJB was an entity in its own right and the need to capture the strategic risks which relate to the strategic plan. The Chief Finance Officer advised that she was involved in the quarterly discussions and would highlight these points to the Risk Manager.

#### Decision

The Audit and Risk Committee considered the strategic risk profile especially those issues and risks highlighted in the covering report.

#### Action

Risk Manager

Report No.	Report Title	Presented by:
5.4	Midlothian Health and Social care Integration Joint Board Internal Audit Report on Workforce Development	Jill Stacey
Executive S	ummary of Report	
Committee Ir within Midloth Risk Commit Care Integrat	of this report was to present to the Midlothian I. Internal Audit's report on Workforce Developmen in Health and Social Care Partnership. The M tee was therefore asked to consider the Midloth tion Joint Board Internal Audit Report on Workfo Ittached to the Report, and findings contained th thereon.	t arrangements in place idlothian IJB Audit and ian Health and Social rce Development,

### Audit and Risk Committee

Thursday 3 September 2020

#### Summary of discussion

The Chief Internal Auditor, Jill Stacey advised that the Internal Audit work concluded last year was carried out during 2019/20 by NHS Lothian Internal Auditors. The findings and conclusions of the Internal Audit review were to be included as part of the Annual Assurance report and was presented in full to this Committee for consideration.

The Chief Internal Auditor highlighted the main sections contained within the report and in responding to a question raised with regards to the plans for revising some of the dates which are set out in the actions confirmed that flexibility in terms of the implementation dates for these actions had been revised in discussion with management and reasonable review dates agreed.

#### Decision

The Audit and Risk Committee considered the Internal Audit report on Workforce Development arrangements in place within Midlothian Health and Social Care Partnership (Appendix 1), and findings contained therein.

#### Action

Chief Internal Auditor

Report No.	Report Title	Presented by:
5.5	Midlothian Integration Joint Board Internal Audit Follow-up Review Completed Recommendations	Jill Stacey

#### Executive Summary of Report

The purpose of this report was to provide information on Internal Audit actions flagged as completed during 2019/20 and confirm the adequacy of the new internal controls and governance of the Midlothian Health and Social Care Integration Joint Board (MIJB). The Midlothian IJB Audit and Risk Committee was therefore asked to consider the progress made by Management in implementing Internal Audit recommendations to improve internal controls and governance of the Midlothian Health and Social Care Integration Joint Board.

#### Summary of discussion

The Chief Internal Auditor, Jill Stacey provided the Committee with a brief update on the work carried out by the internal audit team on the completed audit actions to ensure there was evidence on the ongoing improvement of internal control, risk management and governance arrangements.

There followed a brief discussion during which the Chief Internal Auditor responded to questions and comments raised by members of the Committee. The Chief Internal Auditor confirmed that a further follow-up report would be presented in December 2020 on progress with the MIJB Internal Audit recommendations still in progress.

### Audit and Risk Committee

Thursday 3 September 2020

#### Decision

The MIJB Audit and Risk Committee was therefore asked to consider the progress made by Management in implementing Internal Audit recommendations to improve internal controls, risk management and governance arrangements of the Midlothian Health and Social Care Integration Joint Board.

#### Action

**Chief Internal Auditor** 

Report No.	Report Title	Presented by:
5.6	Midlothian Health and Social Care Integration Joint Board Internal Audit Report on Performance Management	Jill Stacey

Executive Summary of Report

The purpose of this report was to present to the Midlothian IJB Audit and Risk Committee Internal Audit's report on Performance Management arrangements in place within Midlothian Health and Social Care Integration Joint Board (MIJB)

The Midlothian IJB Audit and Risk Committee was therefore asked to consider the Midlothian Health and Social Care Integration Joint Board Internal Audit Report on Performance Management, Appendix 1 attached to the Report and findings contained therein, and to provide any commentary thereon.

#### Summary of discussion

Jill Stacey, Chief Internal Auditor presented this report advising that this was one of the focussed internal audit pieces of work on the internal audit plan and provided an update on some of the work undertaken to obtain assurances over the arrangements in place for performance management.

There followed a brief discussion on the on the performance measures and the work under way in developing the performance management framework.

#### Decision

The Audit and Risk Committee considered the Midlothian Health and Social Care Integration Joint Board Internal Audit Report on Performance Management (Appendix 1), and findings contained therein.

#### Action

Chief Internal Auditor

#### 6. Private Reports

No private business to be discussed at this meeting.

#### 7. Date of next meeting

The next meeting of the Midlothian Integration Joint Board Audit and Risk Committee would be held on Thursday 3 December 2020 at 2.00 pm.

The meeting terminated at 15.17 pm.

Midlothian Integration Joint Board Thursday 10 December 2020 Item No 4.3



#### MIDLOTHIAN IJB STRATEGIC PLANNING GROUP MS Teams

#### NOTES OF OUTCOMES AND ACTIONS Tuesday 18<sup>th</sup> August 2020

- **PRESENT:** Carolyn Hirst (Chair), Morag Barrow, Mairi Simpson, Jane Crawford, Claire Flanagan, Kaye Skey, Jim Sherval, Carly McLean, Grace Cowan, Giovanna Di Tano, Leah Friedman, Sarah Fletcher, Andrew Coull, Sarah Archibald, Simon Bain, Debbie Crerar, Matthew Curl Fiona Huffer, Jordan Miller, Keith Slight
- APOLOGIES: Dervilla Bray, Sheena Wight, James Hill, Lisa Cumming, Dr Carol Levstein, Marlene Gill, Caroline Myles, Simon Bain, Aileen Murray, Jamie Megaw, Wanda Fairgrieve, Aileen Murray, Adam Duncan-Rusk, Alison White, Rebecca Miller,

			ACTION
1	Welcome and Introductions	Welcome & Introductions. Carolyn Hirst we to the meeting. Apologies noted. This meeting was scheduled with limited n discussion on Terms of Reference prior to t	otice to allow the Aug IJB.
2	Minutes of Last Meeting	Minutes of meeting on 15 <sup>th</sup> July approved.	
3	Action Log	<ul> <li>Actions from 15 July 2020:</li> <li>(i) Update Terms of Reference to for SPG to contribute to chang earlier stage of development. (complete.</li> <li>(ii) JC to consider, with the third set group, how the third sector can supported to influence IJB stra Carried forward.</li> <li>(iii) CH and MS to consider represe independent sector and housir Carry forward.</li> <li>(iv) CH and MS to discuss and revie Reference. Complete.</li> <li>(v) CH and MS to progress require chair from Council. See section</li> </ul>	e programmes at (CH & MS) – ector reference n be better tegic planning. entation from the ng. In progress. ew the Terms of ement for a vice 14.
		(vi) MB and MS to consider engage Lothian Integrated Care Forum	

		<ul> <li>(vii) MB to contact Colin Briggs regarding membership of NHS Lothian Strategic Planning Group. CH reported that a meeting is planned with IJB Chief Officers, IJB Chairs and Vice-Chairs to look at potential model.</li> <li>(viii) MS to arrange update to SPG on set-aside and the responsibilities of the IJB. Completed</li> <li>(ix) AC requested that the SPG inputs to Midlothian work around reshaping care home services. Agreed that GC will progress.</li> </ul>	MB CH GC
4.	Strategic Planning Group Terms of Reference - Carolyn Hirst	Updated Terms of Reference discussed. Mairi to remove 'formal committee' as the SPG is an advisory group. Agreed to the two elements – contribute to developments and provide assurance to the IJB regarding the implementation of the Strategic Plan. Agendas to be prepared accordingly. MS and AC to discuss who should be the representatives from the NHS acute sector.	MS AC MS
		TEC Lead to be added to membership list. At IJB Meeting on 27 August 2020, CH to ask for Midlothian Council for a representative to take on role as SPG Vice- Chair.	MS CH
		Following the amendments listed above, MS to circulate final version of the Terms of Reference. Appendix 1.	MS
5.	Understanding Set-aside – Claire Flanagan	CF delivered a presentation explaining set-aside. Appendix 2. Discussed delegated functions. Some may change as a result of the review of the Scheme of Integration for the four Lothian IJBs. Discussed relationship between set-aside and Directions. Agreed that IJBs need to be bolder when setting Directions.	
6.	Midlothian IJB Directions 2020-21 – review - Mairi Simpson	Agreed that Directions should be reviewed on the assumption that some timeframes or tasks may have to be amended as a result of the delay caused by the pandemic. The Directions were issued to Midlothian Council and NHS Lothian in May 2020. There has been no response as yet, which is most likely related to other priorities during the pandemic. Updates to be forwarded to Mairi within the next 3 weeks.	ALL DIRECTION LEADS

7.	Report Schedule 2020 – Carolyn Hirst	Mairi and Carolyn to consider.	MS CH
8.	АОСВ	No issues raised.	
9.	Future Meetings	All future meetings below are via MS Teams meantime(previously at Melville Housing, Corn Exchange,200 High Street Dalkeith) Wed 28 <sup>th</sup> October 2020 2 - 4pm Wed 25 <sup>th</sup> November 2020 2 - 4pm	

Appendix 1 – Terms of Reference Appendix 2 – Understanding Set-aside slides

### Midlothian Integrated Joint Board Strategic Planning Group Terms of Reference

#### 1. CONTEXT

The Public Bodies (Joint Working) (Scotland) Act 2014 (Section 32) places a duty on Integration Authorities to establish a Strategic Planning Group to support the development and review of a strategic commissioning plan (the Strategic Plan) for their area.

Effective strategic commissioning is the mechanism via which the Health & Social Care Partnership will deliver better care and support for people, and make better use of the significant resources we invest in health and social care provision. It includes involving a range of service providers, service users and their carers, representative bodies, and professionals in the strategic commissioning process.

The Scottish Government *Health and Social Care Integration - Public Bodies (Joint Working)* (Scotland) Act 2014 Strategic Commissioning Plans Guidance can be accessed <u>here</u>.

#### 2. NAME OF GROUP

The name of the group is the Midlothian Strategic Planning Group (SPG).

#### 3. REMIT

The SPG will be concerned primarily with:

- a. Informing the development of the Strategic Plan, together with ongoing iterative review.
- b. Providing stakeholder advice to the Integration Joint Board (IJB) for any emerging plans, programmes and interventions.

In so doing the SPG will:

- i. Influence and shape the development of the Strategic Plan on a 3 yearly basis (with annual updating of Plan).
- ii. Consider and agree Directions to Midlothian Council and/or NHS Lothian in order to deliver the Strategic Plan and recommend these Directions to the IJB for formal adoption.
- iii. Have oversight of the implementation of the Strategic Plan including performance and financial reporting. In doing so it will:
  - a. Provide critical review and insight to emerging service change including recommendations to IJB on additional Directions

- b. Review implementation of Directions
- c. Review implementation of approved plans provide critical appraisal and support.
- iv. Review the strategic planning process for the IJB.
- v. Display positive behaviours which support the integration agenda to peers and other stakeholders.
- vi. Provide advice to Integration Joint Board (IJB) when developing responses to emerging Scottish Government policy and regulations.
- vii. Provide an effective conduit and feedback loop to IJB members on key proposals and service changes by linking effectively to wide groups of staff, users, carers, clinical & care professionals and locality members.
- viii. Support Midlothian IJB engagement in other strategic planning groups such as the Midlothian Community Planning Partnership and within NHS Lothian.

#### 4. MEMBERSHIP

Where the integration authority is an integration joint board SPG membership must include:

(i) at least one person nominated by the Health Board which is a constituent authority in relation to the integration joint board (NHS Lothian)

(ii) where one local authority is a constituent authority in relation to the integration joint board, at least one person nominated by the local authority (Midlothian Council)

Standing Orders state that the IJB appoints the SPG membership (except for the members nominated by each constituent party). Membership of the SPG includes the Midlothian IJB Chief Officer and Chief Finance Officer and also includes representation from:

	Number
Carers	1
Public (locality representatives)	2
Service User	1
NHS Staff Side	1
Midlothian Council Union	1
Acute Hospital representatives	4
Housing (council and RSL representative)	2
Social Work (Criminal Justice, Adult Services)	4
Third Sector representative	1
Independent Health Contractors (General Practice, Community Pharmacy)	2
Health professions (Nursing, AHPs, Mental Health, Psychology, Public Health)	5
Digital Lead	1
Commercial Care Sector	1

#### 5. CHAIR AND VICE-CHAIR

The Chair of the SPG will be appointed by voting membership of the IJB.

A Vice-Chair will be appointed to ensure continuity of meetings in the Chair's absence. The Vice-Chair will be chosen from among the voting membership of the IJB.

The Chair will hold the casting vote during meetings of the SPG.

#### 6. ROLE AND REMIT OF SPG MEMBERS

Individual members will represent stakeholder groups, constituent groups, organisations, professions or localities.

Group members will table issues arising from their own 'constituency' discussions at the SPG and will bring appropriate issues from the SPG to their own groups.

Members are expected to:

- prepare adequately for meetings by familiarising themselves with the agenda and by reading any associated papers
- develop and maintain the necessary links and networks to enable views to be sought and represented over the development, review and renewal of the Strategic Plan
- actively contribute to meeting discussions in a way that represents their community of interest, sector or professional area
- submit apologies ahead of any SPG meeting where attendance is not possible

#### 7. DEPUTIES

Each member should have a nominated deputy who will attend meetings in their absence.

#### 8. TERMS OF OFFICE

The membership of the SPG will be reviewed every three years in line with Strategic Planning cycles.

#### 9. CO-OPTION

The SPG will co-opt additional members for particular pieces of work, or for specific periods of time, as appropriate.

#### **10. LINK TO THE IJB**

The SPG is an advisory group to the IJB.

The Chair of the SPG will ensure regular reporting to the IJB via the minutes of the SPG meetings. The IJB may request a particular view from the SPG for specific work areas and developments as required.

On occasions the IJB and the SPG may hold joint meetings. This would normally be at the request of the IJB.

#### **11. SUPPORT TO THE SPG**

The Chief Officer of the IJB will ensure adequate officer support for the SPG including appropriate secretarial support.

#### **12. EXPENSES**

The Health and Social Care Partnership will reimburse reasonable expenses associated with carer/service user/community members attending meetings of the SPG.



## **Understanding Set Aside**

Strategic Planning Group 18<sup>th</sup> August 2020



## **HSCP v IJB**

- HSCP operationally manages services some of which will be delegated functions of the IJB. Therefore operationally manages these budgets.
- IJB strategically commissions functions delegated to the IJB within its available resources.
- The IJB delegated functions fall into categories of core, hosted and set aside.



• Set Aside budget relates to services provided by large hospitals on behalf of the IJB. The principle is illustrated in the diagram below.



## What is Set Aside?

### What is a set aside budget?

The budgets of integration authorities (IAs) are composed of two elements:

Social care

• Health care – including primary and community healthcare, as well as some hospital care

The majority of integration authorities (IAs) have a 'set aside' budget. This relates to unscheduled acute hospital care.

#### How is the set aside budget agreed?

When setting the budget, the integration authority agrees with the NHS health board partner how much it expects to need for unscheduled acute hospital care. To do this, the partners use hospital data on levels of activity.

For IAs using the "set aside" approach, the agreed amount remains within the NHS rather than being paid to the IA (like the rest of the NHS contribution). This "set aside" budget should still remain under the control of the IA. Integration Authority budget



Source - Scottish Government Health and Sport Committee report in October 2019 "Looking ahead to the Scottish Government Health Budget 2020-21: When is hospital bad your health?"

#### What can change the set aside budget?

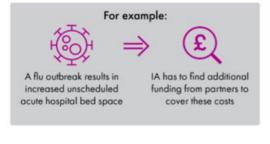
#### In year

#### Longer term

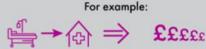
During the year, actual **unscheduled** acute activity might be higher or lower than anticipated.

If activity is higher, the IA needs to agree with partners how these additional costs will be met.

If activity is lower, the IA should be able to decide how to spend the difference between actual and anticipated costs.



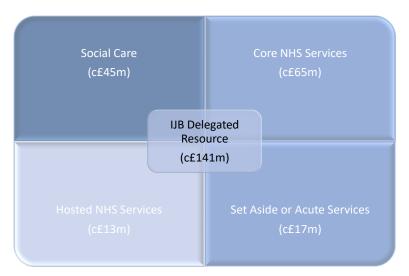
Over the longer term, changes to how services are delivered should also be aimed at reducing demand for unscheduled acute care and – in turn – the set aside budget.



A hospital ward providing unscheduled acute cure is closed because of increased community service provision in homes and care homes Reduced costs for unscheduled acute care (and the set aside) and a shift to community spending. This means that, even if the IA budget remains the same, or is rising, a smaller proportion should be accounted for by the set aside budget

Source - Scottish Government Health and Sport Committee report in October 2019 "Looking ahead to the Scottish Government Health Budget 2020-21: When is hospital bad your health?"

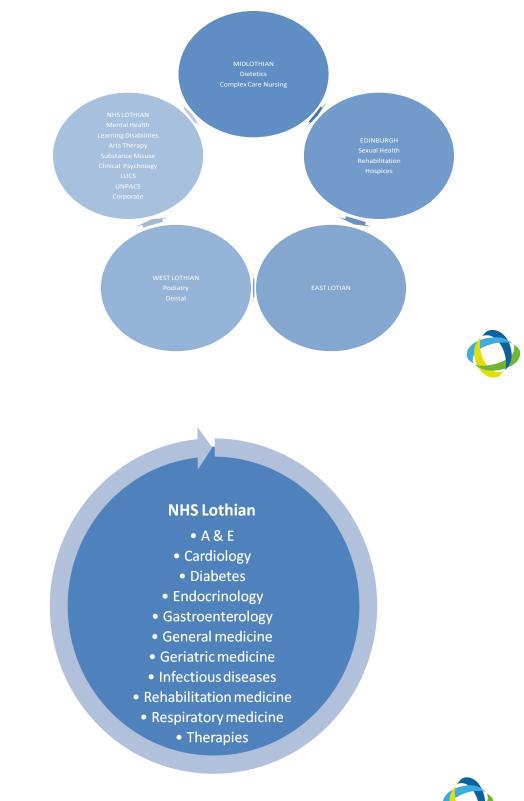
## **IJB Components**





as at Q1 review





SET ASIDE SERVICES

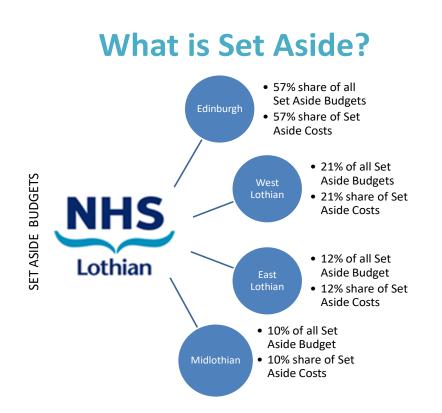
• The way NHS Lothian reports



*Identifies budgets associated with delegated functions and allocates those budgets to IJBs using an appropriate allocation tool:* 

- Core services Partnership budgets are allocated in full to the IJB
- Hosted services (held within a specific Partnership on behalf of all Partnerships) - Budgets are allocated to IJBs based on appropriate shares, mainly using PCNRAC;
- Set Aside services (those services operationally managed within Acute services but are functions delegated to the IJB) - The same principle is applied as that used for Hosted Services.



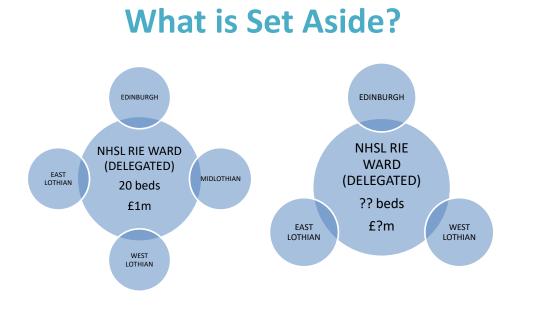




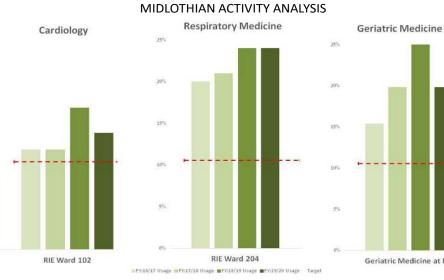
✓ Simple

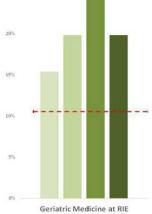
- ✓ Relatively easy to produce
- ✓ No turbulence
- × Difficult to understand reasons for variance
- × Does not reflect actual usage of services
- × Difficult to make changes and move money
- × Difficult for IJBs to plan











as at November 2019

1983

20%

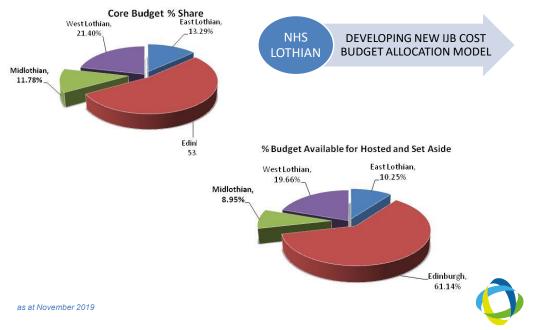
15%

10%

5%



## What is Set Aside?



- Balance between IJB working
- Directions & Strategic Plan
- Forums for wider collaboration
  - CO Meeting Lothian COs, CFOs meet monthly
  - Integrated Care Forum







#### MIDLOTHIAN IJB STRATEGIC PLANNING GROUP MS Teams

#### NOTES OF OUTCOMES AND ACTIONS Wednesday 28<sup>th</sup> October 2020

**PRESENT:** Carolyn Hirst (Chair), Mairi Simpson, Jane Crawford, Kaye Skey, Jim Sherval, Grace Cowan, Andrew Coull, Debbie Crerar, Matthew Curl, Lois Marshall, Alison White, Sheena Wight, Fiona Huffer, Jordan Miller, Caroline Myles, Rebecca Miller, Wanda Fairgrieve, Aileen Murray

APOLOGIES: James Hill, Dr Carol Levstein, Carly McLean, Morag Barrow, Claire Flanagan, Giovanna Di Tano, Anthea Fraser, Angela Tuohy

			ACTION
1	Welcome and Introductions	Welcome & Introductions. Carolyn Hirst welcomed members to the meeting. Apologies noted.	
2	Minutes of Last Meeting	Minutes of meeting on 18 August 2020 approved.	
3	Action Log	<ul> <li>Actions from 18 August 2020: <ul> <li>(i) Update Terms of Reference to allow opportunity for SPG to contribute to change programmes at earlier stage of development. CH &amp; MS – complete.</li> <li>(ii) JC to consider, with the third sector reference group, how the third sector can be better supported to influence IJB strategic planning. JC has met with Lesley Kelly and will feedback once meeting with third sector reference group has taken place.</li> <li>(iii) Representation from the Independent Sector : MS to speak to AF regarding independent Sector Group. Carry forward. Representation from Housing sector: MB &amp; MS meeting Lynne Douglas , CEO of Bield Housing. In progress.</li> <li>(iv) CH and MS to discuss and review the Terms of Reference. Complete.</li> </ul> </li> </ul>	JC MS MB MS

		(v) CH and MS to progress requirement for a vice	CH MS		
		chair from Council. No response as yet. Carry			
		forward.			
		(vi) MB and MS to consider engagement in NHS			
		Lothian Integrated Care Forum. Carolyn Hirst			
		reported that this group is not meeting at present.			
		(vii) MB to contact Colin Briggs regarding membership			
		of NHS Lothian Strategic Planning Group. CH			
		reported that a meeting is planned with IJB Chief			
		Officers, IJB Chairs and Vice-Chairs to look at			
		potential model – Carolyn Hirst reported that this			
		meeting has taken place. No further update at present.			
		(viii) AC requested that the SPG inputs to Midlothian			
		work around reshaping care home services.	AF		
		Agreed that GC will progress. Anthea Fraser to			
		present at November meeting.			
4.	Report on	Developing a Home First Model (Presentation)			
	Progress	Grace Cowan delivered a presentation (attached) on			
		ambitions for a Home First model in Midlothian. Some of the			
		discussion points are noted in Appendix 1.			
		Actions as follows:			
		GC to include feedback on Glasgow and Fife models when			
		progressing the Home First model locally.			
		GC to report back on third sector contribution to the			
		pathway.			
		Single Point of Access to be operational by early December.			
		Consultation with IJB and staff on the model to begin in			
		November.			
-		Comments on the proposal to GC.	All		
5.		Developments For Discussion			
	(i)	Vision and Values			
		Lois Marshall delivered a presentation and welcomed			
		feedback on a draft vision and values for the IJB 2022-25.			
		LM will incorporate feedback and include in workshop with			
		IJB on 12 November 2020.			
	(ii)	Midlothian HSCP Engagement Strategic Statement			
		Mairi Simpson presented the document and operational plan.			
		SPG approved the documentation and recommended that it			
		is presented to IJB.	MS		
		Document described as accessible and helpful and should			
		assist synergy across service areas.			

	(iii)	<ul> <li>Equality Outcomes – Lois Marshall</li> <li>LM described work around Equality Outcomes as described in paper circulated prior to meeting.</li> <li>CH asked that the outcome(s) are more explicit around implications for Black, Asian and Minority Ethnic people (BAME).</li> <li>LM is working to ensure that outcomes are measurable.</li> <li>CH asked that once approved, the implications for the SPG, Directions and services be considered.</li> <li>Jane Crawford offered to encourage service users and third sector organisations to engage in the public consultation around the equality outcomes.</li> <li>Further comments to Lois Marshall.</li> </ul>	LM JC All
6.	Report Schedule 2020/21	<ul> <li>25<sup>th</sup> November 2020: Care Homes &amp; Care At Home – Anthea Fraser Directions – Mairi Simpson/Lois Marshall</li> <li>20<sup>th</sup> January 2021: Technology Pathway Programme – Matthew Curl Climate Emergency &amp; Green Health Prescribing – Jim Sherval Redesign of urgent care – Midlothian response – tbc Primary Care Improvement Plan – Jamie Megaw Equality Outcomes – update – Lois Marshall</li> </ul>	
7.	АОСВ	CH suggested that the SPG could do more to provide advice to the IJB. For example, explore and discuss options on a specific topic. For further discussion.	
9.	Future Meetings	All future meetings below are via MS Teams meantime(previously at Melville Housing, Corn Exchange,200 High Street Dalkeith) Wed 25 <sup>th</sup> November 2020 2 - 4pm Wed 20 <sup>th</sup> January 2021 2 - 4pm	

#### Appendix 1:

#### Discussion points on Home First Model (item 3)

AC- Acute teams want a system that covers all Partnerships as opposed to 4 independent processes. We need to increase trust and confidence between community and acute services.

AC – Will we achieve the same good outcomes via Home First that we see in hospital settings? Can partnerships identify demand and capacity (both for bed based/hospital care and community services)?

There is an enormous duplication in community services – too many small teams.

The experience across the Western world is that more people are living longer, with complex issues such as dementia. The involvement of a geriatrician is important to the multidisciplinary team.

AM – The availability of Care at Home support is critical.

AW – There are good examples of multiagency working in mental health and substance misuse services.

FH- Is there any evidence that this model works?

AC stated that EL has a good example of very low delayed discharges. However when the Discharge to Assess model was introduced it took 2 years for acute and community services to trust each other, and for acute services to 'let patients go'.

Edinburgh data awaited. Social care delays remain although like all Partnerships they did reduce during initial stages of the pandemic. Further data and robust review is required.

GC – We should be also looking to Fife and Glasgow where this model has been effective. GC to include feedback on both models when progressing the model locally.

Community colleagues need to stop reassessing people but to trust the assessment by acute colleagues.

AW – Public health angle needed. Need to think broader, for example fuel poverty and benefit checks. The support to carers is also very important. The pandemic has limited their options to respite.

CH – There are a lot of related discussions at present – how does home First, Discharge to Assess and so on fit together? Multiple small teams.

GC – Third Sector investment will be important. Work under way with Kindecoin to look at how and where the third sector could contribute. GC to report back on third sector contribution to the pathway. MS has just led recruitment of a volunteer co-ordinator.

GC – Single Point of Access to be operational by early December. GC & team to take vision and principles to the IJB and staff for consultation. GC intends to report back to SPG February or March.

FH – In Midlothian we have very good models for MH and LD. How do we incorporate support to those with physical health issues, how do MH and LD services support people in Acute Care?

KS – Is Home First trying to do 3 things at once; rehab, intermediate care and unscheduled care/A&E avoidance?

# **Midlothian Integration Joint Board**



# 10th December 2020

# **Chief Officer Report**

The paper sets out the key service pressures and service developments happening across Midlothian IJB over the previous month and looks ahead to the following 8 weeks.

#### Board members are asked to:

• Note the issues and updates raised in the report

# **Chief Officer Report**

# 1 Purpose

1.1 The paper sets out the key service pressures and service developments happening across Midlothian IJB over the previous month and looks ahead to the following 8 weeks.

## 2 **Recommendations**

- 2.1 As a result of this report Members are asked to:
  - Note the issues and updates raised in the report.

# **3** Background and main report

#### 3.1 Covid

Midlothian HSCP continue to focus on Covid Phase 2 management and operational planning. The NHS assurance process for support of Care Homes remains in place, with a significant support infrastructure wrapped around all local Care Homes. Performance has been good, with Testing processes for staff and residents working well. The HSCP continue to push for expanded testing to cover Care at Home team, and are working with Midlothian Council and NHS Lothian to progress under Scottish Government guidance.

#### 3.2 NHSL Performance Escalation

The Lothian Recovery Programme was put on hold in late March 2020 to allow the system to focus on the emergency response to the Covid-19 pandemic. Following the first Covid-19 wave certain elements of the programme were restarted to support the remobilisation and recovery agenda, in particula, work on a national initiative to 'schedule' unscheduled care, delivering low levels of delayed discharges and maintaining access to mental health services. It is expected that a focus on performance will be maintained throughout the second wave of Covid-19.

#### 3.3 Highbank Inspection

Highbank Intermediate Care Centre received an unannounced virtual inspection from the Care Inspectorate at the beginning of November. Feedback received for the Inspector was very positive, raising inspection grade to 4 (very good). A formal report is expected soon, and will be incorporated into HSCP care governance workstreams.

#### 3.4 Brexit

The UK ceased to be a member of the European Union on 31<sup>st</sup> January and have entered a negotiation transition period until 31 December 2020.

At the time of this update, negotiations are continuing, if an agreement cannot be met by 31<sup>st</sup> December, this will raise a number of challenges for Health and Social Care.

- Border disruptions have a high risk of causing delays and restrictions on the movement of medicines, medical devices and clinical consumables (MDCC). NHS Lothian has been working with procurement and pharmaceuticals to review all MDCC that could be affected and either find alternative suppliers or maintain a higher level of stock to maintain services while a new processes is implemented.
- The ending of freedom of movement for EU citizens is expected to result in a reduction of existing workforce and have ongoing repercussions for recruitment, NHS Lothian and Midlothian Council have been working with staff to assist EU settlement for existing employees and has carried out consultations with key partners (Care Homes and agencies) to ensure they are confident that they can maintain safe levels of staffing throughout this transitional period and beyond 31<sup>st</sup> December.
- Ongoing COVID Management Midlothian HSCP has been working over the past few months to ensure that suitable levels of stock of PPE is available locally. Care Homes have been given a rolling stock of 8 weeks of staff testing kits to ensure compliance with COVID surveillance testing and this will be increased to other areas (care at home) once Scottish Government guidance becomes available on the testing programme for this service.
- A task force will be put in place to monitor and manage the delivery of services and provisions after 31<sup>st</sup> December. This work will cover health, social care and suppliers to monitor any key risk supply areas. Midlothian HSCP takes part in Strategic BREXIT groups for both NHS Lothian and Midlothian Council and this is the escalation route for any issues arising.

#### 3.5 Winter preparedness

Midlothian HSCP presented its Winter plan 2020/21 to IJB in October. Since then, Scottish Government has published its Adult Social Care Winter Preparedness Plan 2020-21. This can be found at:

https://www.gov.scot/publications/adult-social-care-winter-preparedness-plan-2020-21/

The HSCP are cross referencing this with the local 2020/21 Winter plan, and the HSCP Delayed Discharge plan to ensure all elements covered, with relevant actions in place. Monitoring of performance is through the HSCP Winter planning group.

#### 3.6 Psychological Therapies

A test of change in how Psychological Therapies are delivered within Midlothian is underway, and already there is a positive reduction in the waiting times. The pilot started in August when the waiting list was at its highest, with 420 people waiting to be seen (350 of these over 18 weeks). By the end of October this had reduced to 340 waiting (250 of these over 18 weeks). Whilst there is still much to do the team is feeling very positive and once the waits have reduced appropriately there are plans as to how to better embed the work into the overall multi-disciplinary approach delivered within No 11. Current trajectories suggest that Midlothian should be at zero waits by July 2021.

# 4 **Policy Implications**

4.1 The issues outlined in this report relate to the integration of health and social care services and the delivery of policy objectives within the IJBs Strategic Plan.

# 5 Directions

5.1 The report reflects the ongoing work in support of the delivery of the current Directions issued by Midlothian IJB.

# 6 Equalities Implications

6.1 There are no specific equalities issues arising from this update report.

# 7 **Resource Implications**

7.1 There are no direct resource implications arising from this report.

## 8 Risk

8.1 The key risks associated with the delivery of services and programmes of work are articulated and monitored by managers and, where appropriate, reflected in the risk register.

## 9 Involving people

9.1 There continues to be ongoing engagement and involvement with key stakeholders across the Partnership to support development and delivery of services.

# **10 Background Papers**

AUTHOR'S NAME	Morag Barrow
DESIGNATION	Chief Officer
CONTACT INFO	0131 271 3402
DATE	23/11/2020

#### Appendices:

Midlothian Integration Joint Board

# **Midlothian Integration Joint Board**



# 10th December 2020

# **Vision and Values**

Item number:

5.3

## **Executive summary**

In order to meet the legal requirements of the Public Bodies (Joint Working) (Scotland) Act 2014, Midlothian Health & Social Care Partnership is required to publish a new strategic plan in 2022. An agreed vision is a key requirement of the strategic plan, as outlined in the 3-Step Improvement Framework for Scotland's Public Services 2013.

This report aims to update the board on the development of a new vision and values for the strategic plan 2022-2025.

#### Board members are asked to:

Review and approve the proposed new vision and values for the strategic plan 2022 - 2025

# Vision and Values

# 1 Purpose

1.1 To update the board on the proposed final vision and values for the new strategic plan 2022-2025

## 2 **Recommendations**

2.1 As a result of this report Members being asked to: approve the proposed vision and values for the new strategic plan.

#### **3** Background and main report

- 3.1 In order to meet the legal requirements of the Public Bodies (Joint Working) (Scotland) Act 2014, Midlothian Health & Social Care Partnership is required to publish a new strategic plan in 2022. An agreed vision is a key requirement of the strategic plan, as outlined in the 3-Step Improvement Framework for Scotland's Public Services 2013.
- 3.2 The new vision and values will provide a foundation to support the process of drafting the new strategic plan.
- 3.3 The current vision and values were reviewed, and draft new vision and values were proposed. These were discussed at the Strategic Planning Group on 28th October and at the IJB Workshop on 12th November. These have also been discussed by Senior Management Team the Planning and Transformation Group.
- 3.4 The final proposed vision and values are:

**New Vision**: People in Midlothian are enabled to lead longer and healthier lives. **New Values**: Right support, right time, right place.

## 4 **Policy Implications**

4.1 Clarifying the values and vision of the IJB for 2022-2025 will shape the strategic commissioning plan 2022-25 and influence all future service delivery, redesign and commissioning.

#### 5 Directions

5.1 Clarifying the vision and values of the IJB for 2022-2025 will affect the drafting of all future directions.

# **6** Equalities Implications

6.1 An Equality Impact Assessment will be undertaken on the Strategic Plan when it is drafted.

## 7 **Resource Implications**

7.1 The new vision and values will influence the drafting of the new strategic commissioning plan 2022-25 and all future service delivery, redesign and commissioning. This will impact resource allocation.

# 8 Risk

8.1 There is a risk of not meeting the legal obligation in relation to the preparation and publication of the strategic plan if timescales for development of the plan, including agreement of the new vision and values, are not met.

# 9 Involving people

- 9.1 The proposed new vision and values have been discussed by a wide range of stakeholders across the partnership including SMT and at the Planning and Transformation Group.
- 9.2 There will be public consultation on the new strategic plan from July to September 2021.

## **10 Background Papers**

#### 10.1

AUTHOR'S NAME	Lois Marshall
DESIGNATION	Assistant Strategic Programme Manager
CONTACT INFO	Lois.marshall@nhslothian.scot.nhs.uk
DATE	1 <sup>st</sup> December 2020

# **Midlothian Integration Joint Board**



# Thursday 10<sup>th</sup> December, 2.00pm

# Midlothian IJB Directions Update

Item number:

5.4

#### **Executive summary**

Midlothian IJB Directions were reviewed in October 2020 and reissued to the Chief Executives of Midlothian Council and NHS Lothian.

This report provides an interim review of progress on all Directions reissued in October 2020.

#### Board members are asked to:

- Note the update of progress on Midlothian Integration Joint Board Directions to Midlothian Council and NHS Lothian
- Note the proposed change to Direction 1 Action iv

# **Midlothian IJB Directions Update**

# 1 Purpose

1.1 This report provides an interim review of progress on all Directions reissued in October 2020.

# 2 **Recommendations**

2.1 As a result of this report Members are being asked to:-

Note the update of progress on Midlothian Integration Joint Board Directions to Midlothian Council and NHS Lothian.

Note the proposed change to Direction 1 Action iv

# **3** Background and main report

- 3.1 The Public Bodies (Joint Working) (Scotland) Act 2014 places a duty on Integration Authorities to develop a Strategic Plan for integrated functions and budgets under their control and includes a requirement for IJBs to issue Directions to one or both of the NHS Lothian and the Midlothian Council.
- 3.2 Directions are the legal basis on which the Health Board and the Local Authority deliver services that are under the control of the IJB. Directions therefore identify key changes that need to be progressed to support the delivery of health and care services in Midlothian. They are aligned to the Strategic Commissioning Plan 2019-22.
- 3.3 Directions were approved by Midlothian IJB on 16 April 2020 and formally issued to Midlothian Council and NHS Lothian for action in May 2020. The Directions were therefore issued as both organisations were managing responses to the COVID-19 pandemic. As a result they were reviewed by the IJB in October 2020 are reissued to the Chief Executives of Midlothian Council and NHS Lothian.
- 3.4 An interim review of progress on all Directions is reported in Appendix 1. This includes the proposed change to Direction 1 Action iv as outlined in the "Summary of Update"
- 3.5 It is noted that there is an opportunity to improve output and outcome measures for a small number of Directions. This is in hand and will compliment work in the Partnership to improve performance measures.

# 4 **Policy Implications**

4.1 This paper supports the strategic direction of the IJB and relates to The Public Bodies (Joint Working) (Scotland) Act 2014 (the Act) and the requirement for Directions from Integration Authorities to Health Boards and Local Authorities

Midlothian Integration Joint Board

# 5 Directions

5.1 This report relates to all existing Directions for 2020.

## 6 Equalities Implications

6.1 There are no Equalities Implications from this report. Health and Social Care Partnership Programmes that relate to Directions and the Strategic Plan are subject to individual Equality Impact Assessments.

## 7 **Resource Implications**

7.1 All approved Directions have information on the financial resources that are available for carrying out the functions that are the subject of the directions, including the allocated budget and how that budget (whether this is a payment or a sum set aside and made available) is to be used.

#### 8 Risk

8.1 IJBs, Health Boards and Local Authorities have a legal obligation to issue and monitor the effectiveness of Directions as described in the Public Bodies (Joint Working) (Scotland) Act 2014. Not complying will pose legislative risks and it will be more difficult for the IJB to undertake its duties related to accountability and good governance.

#### 9 Involving people

- 9.1 Lead officers across the Health and Social Care Partnership have been engaged in providing progress updates on the directions.
- 9.2 The Strategic Planning Group discussed the progress update on Directions at its meeting on 25<sup>th</sup> November 2020. This group includes community and service user representatives.
- 9.3 Community engagement on the planning and review of services related to Directions will continue.

## **10 Background Papers**

#### 10.1

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DATE	02/12/2020

#### Appendices: Appendix 1 Directions Tracker

Midlothian Integration Joint Board

	Actio	Direction		Submitted To (Parent Org)	Lead Officer	Action	Summary of Update
				NHS Lothian		i. Complete the review of 'potentially preventable	
		1 IN-PATIENT		and		admissions' by December 2020 and develop a plan to strengthen	
		HOPSITAL		Midlothian		access to local alternatives and where appropriate develop new	Working to implement the Home First approach with
1	. 1	. CARE	08/10/2020		Grace Cowan	services.	continue over the next 6 months. Potentially Preve
		1 IN-PATIENT		NHS Lothian and	Alison White	ii. Implement plans to free capacity in MCH by enabling	
		HOPSITAL		Midlothian	/	alternative care options for people with dementia and	Patients transferred and new ward space created, t
1	2	CARE	08/10/2020		, Linda Ferrier	completing the transfer of patients to East Lothian by May 2020.	•
			, -,	NHS Lothian			· · · · · · · · · · · · · · · · · · ·
		1 IN-PATIENT		and		iii. Evaluate the impact of new approaches to In Reach	
		HOPSITAL		Midlothian		including identifying patients suitable for Reablement in MOE	
1	. 3	CARE	08/10/2020		Grace Cowan	wards by November 2020.	Inreach team lead (temp) in place revisiting roles an
		1 IN-PATIENT		NHS Lothian			
		HOPSITAL		and Midlothian		iv. Increase further the proportion of patients admitted to	It is proposed that this action should be removed as
1		CARE	08/10/2020		Grace Cowan	the RIE as the local Acute Medical Unit	proportion of patients admitted to the RIE.
		-	, -,	NHS Lothian			
		1 IN-PATIENT		and	Grace Cowan		Initial planning phase underway. Single Point of Acc
		HOPSITAL		Midlothian	/ Lianne	v. Implement Home First Model by April 2021 to focus on	December 2020. Workforce planning discussions u
1	. 5	CARE	08/10/2020		Swadel	care in the right place, at the right time, by the right people.	First approach.Updated IJB Workshop 12/11/2020
		1 IN-PATIENT		NHS Lothian and	Grace Cowan	vi. Evaluate the impact of the enhanced 'Discharge to	
		HOPSITAL		Midlothian	/ Stuart	Assess' Service to determine the case for continued investment	
1	. 6	CARE	08/10/2020		Grant	by December 2020.	To be progressed.
				NHS Lothian		vii. Ensure joint work is undertaken between NHS Lothian	
		1 IN-PATIENT		and		and Midlothian Council Transport Section to design and provide	
1	-	HOPSITAL	08/10/2020	Midlothian		flexible and responsive transport arrangements for people to attend hospital (this will include planned clinics and treatment).	Not prograssed as yet. Timeframe to be added
1	. /	' CARE	08/10/2020	Council		attend hospital (this will include planned clinics and treatment).	Not progressed as yet. Timeframe to be added.
				NHS Lothian			Acute sector representatives to be invited to IJB tw
		1 IN-PATIENT		and		viii. Increase collaborative decision making around acute	Officer for Acute Sector was asked to attend IJB and
		HOPSITAL		Midlothian	Mairi	hospital decision making. Report to the IJB on proposed	of Out-Patient Services. IJB schedule for 2021 unde
1	. 8	S CARE	08/10/2020	Council	Simpson	developments and on budget position at least twice per year.	on budget position and acute developments and/or
					Mairi		Discussions with northogonate 59.5 and within local or
		2 ACCIDENT AND			Simpson / Leah	i. Implement the support and/or review to frequent	Discussions with partners at E&E and within local se model proposed. To be reconsidered at Planning Gr
2	2 1	EMERGENCY	08/10/2020	NHS Lothian		attenders at A&E by Jan 2021.	advertised.
_			,,				CTAC implementation has commenced. Interviews
						ii. The option appraisal for Community Treatment and	of November. Phase 1 of CTAC implementation will
		2 ACCIDENT				Care Centre(s) should be completed and phase 1 of	HSCP has been working with practice leads since su
-	_	AND	00 / 0 / 00000			implementation to begin November 2020 with review report	being supported to prepare for changes with new a
2	2 2	EMERGENCY	08/10/2020	NHS Lothian	Jamie Megaw	available by March 2021.	Psychology

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ithin Midlothian. This work will entable Admissions review awaited.

this was expedited due to covid, there leted

nd remit of team, allocation of work.

#### as there is no aim to increase the

cess to be operational by early Inderway regarding the broader Home

vice a year. In October 2020 Chief ad present plans on the remobilisation er consideration and regular updates or performance will be factored in.

ervices has taken place. Different roup in December. Nurse vacancy

for CTAC staff organised for first week Il take place in three General Practices. ummer 2020 and practice teams are approach developed with NHS Lothian

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2	2 ACCIDENT AND 3 EMERGENCY 2 ACCIDENT	08/10/2020 NHS Lothian	Debbie Crerar	<ul> <li>iii. Implement community pathways for Musculoskeletal physiotherapy and older people's assessment in line with national plans around scheduling unscheduled care by March 2021.</li> <li>iv. Agree Midlothian response to national redesign of urgent care programme to improve access to urgent care</li> </ul>	In progress
2	AND 4 EMERGENCY 2 ACCIDENT AND	08/10/2020 NHS Lothian	Grace Cowan	<ul> <li>pathways so people receive the right care, in the right place, at the right time.</li> <li>v. Implement the new performance frameworks to determine the impact of community services in reducing A&amp;E</li> </ul>	Plans at early stage.
2	5 EMERGENCY	08/10/2020 NHS Lothian	Jamie Megaw	attendances and unscheduled admissions by March 2021.	Work underway to improve the performance framework Currently meeting with named leads in the plan to revi ensure all points are relevant and up to date, especially pandemic. Looking to provide an annual update against into the strategic plan update, with a direction of trave
	2 ACCIDENT AND		Leah	vi. Monitor the implementation of the Midlothian Acute	being overseen by the Acute Services Planning Group v Officer, and the updated plan will go through this grou
2	6 EMERGENCY	08/10/2020 NHS Lothian	Friedman	Service Plan 19-22 bi-monthly.	Group, and the Strategic Planning Group.
	2 ACCIDENT AND		Grace Cowan / Lianne	vii. Continue to reshape pathways to ensure people access	Single Point of Access being implemented by Dec 1 202
2	7 EMERGENCY	08/10/2020 NHS Lothian	-	<ul> <li>community based services wherever viable.</li> <li>i. The option appraisal regarding the most appropriate outpatient Clinics and day treatment to be provided in MCH should be completed. This should include implementation of an</li> </ul>	5pm. Following recruitment of 2 more staff, will move
	3	NHS Lothian		Audiology Clinic; an examination of the viability of	
	MIDLOTHIAN COMMUNITY	and Midlothian		chemotherapy; and consideration of the potential role of remote technology in providing consultations with specialist	Delayed by COVID pandemic. Meetings have started v
3	1 HOSPITAL	08/10/2020 Council	Grace Cowan	medical and nursing staff.	reconvene this work
	3 MIDLOTHIAN COMMUNITY	NHS Lothian and Midlothian		ii. Progress plans and identify funding to use Glenlee Ward at Midlothian Community Hospital and a step-up from	
3	2 HOSPITAL	08/10/2020 Council	Grace Cowan	community and day treatment facility by January 2021.	Plans progressing. Intention is to open ward mid Janua
	4 PALLIATIVE	NHS Lothian and Midlothian		i. Increase the accuracy of the Palliative Care Registers in	Practices continue to participate in the palliative care emaintain palliative care registers and review their num MDT meetings to discuss their palliative patients. The
4	1 CARE	08/10/2020 Council NHS Lothian and	Hamish Reid	<ul> <li>GP practices by March 2021.</li> <li>ii. Undertake an audit of admissions to Acute Hospitals of patients in receipt of palliative care in order to strengthen local</li> </ul>	care as a priority for quality improvement work.
4	4 PALLIATIVE 2 CARE	Midlothian 08/10/2020 Council NHS Lothian and	Tom Welsh	<ul> <li>services (care homes, district nursing, MCH and Hospital at Home) by March 2021.</li> <li>iii. Obtain family, carer and staff feedback on the quality of palliative and end of life care provided in Midlothian Community</li> </ul>	
4	4 PALLIATIVE 3 CARE	Midlothian 08/10/2020 Council	Caroline Myles	Hospital and the District Nursing service by March 2022 (interim report September 2021).	

eworks for the IJB and HSCP review progress against actions and ially in light of changes due to the ainst all actions which will also feed ravel for the 2021-22 year. The plan is up which is chaired by the Chief roup, the Hospital Management

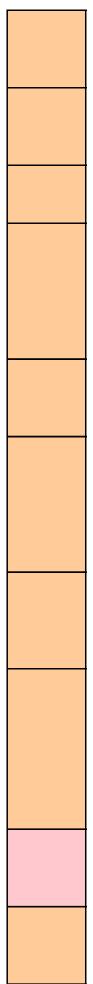
2020, initially 5 days a week 8amove to 7 days a week 8am-5pm

ed with WGH oncology service to

nuary 2021.

re enhanced service. All practices umbers annually. All practices hold he GP quality cluster see palliative

on. Project group established and ages of implementing the project and



4	4 PALLIATIVE 4 CARE	NHS Lothian and Midlothian 08/10/2020 Council	Caroline Myles / Lynne Paton	<ul> <li>iv. Develop a palliative Care Champion Network across</li> <li>Midlothian care homes by March 2021</li> <li>i. The Primary Care Improvement Plan should be progressed</li> <li>to deliver the plan, recognising financial and workforce</li> </ul>	Link roles identified for MCH DN and care homes. Currently being updated as a number of staff movements	
5	5 PRIMARY MEDICAL 1 SERVICES	08/10/2020 NHS Lothian	Jamie Megaw	limitations. This includes significant developments around (a) Community Treatment and Care Centres (phase 1 completed and reported on by March 2021) and (b) Vaccination Transformation Programme	There has been some delay in this programme due to COVID response. CTAC development was delayed by now started. Vaccination programme also delayed but recent flu vaccination programme by HSCP has provided valuable learning for the full transfer of the flu vaccination programme from General Practice in 2021	
5	5 PRIMARY MEDICAL 2 SERVICES	08/10/2020 NHS Lothian	Hamish Reid	ii. The Prescribing Plan should continue to be implemented building upon the success achieved in 2019/20.	Work progressed. Further work taking place within service around governance. Agency use has reduced due	
6	6 COMMUNITY HEALTH 1 SERVICES	08/10/2020 NHS Lothian	Caroline Myles	<ul> <li>Work with other Lothian Health &amp; Social Care</li> <li>Partnerships to agree on appropriate model and financial plan</li> <li>for complex care by November 2020 and implement it by June</li> <li>2021.</li> </ul>	to the implementation of enhanced support for the team and improved working arrangements which have reduced absence rates and improved staff retention. Each HSCP put additinal funds into the service and and overspend due to agency use would be split between the HSCP.	
6	6 COMMUNITY HEALTH 2 SERVICES	08/10/2020 NHS Lothian	/ Grace	ii. Undertake a review of community nursing services should be undertaken by March 2021 in light of the changes in Primary Care and the shift from hospital based care. This should include the options for deploying more Advanced Practitioners and strengthening interdisciplinary locality working. This should take cognisance of Community Treatment and Care centres (CTACs).	delayed due to pandemic and increase in workload for this service will be picked up now in the devleopment of home first model	
б	6 COMMUNITY HEALTH 3 SERVICES	08/10/2020 NHS Lothian	lamie Megaw	iii. Improve quality and options for people with frailty in primary care through (a) proactive in-reach to ERI when someone with frailty is admitted and (b) virtual medical teams involving the frailty GPs and key hospital consultants.	The efrailty population health management programme has pivoted during COVID19 with Red Cross taking on lead with regular welfare calls to almost everyone identified with moderate or severe frailty. MidMed and the Penicuik MDM have continued with the MDM moving to online. New working commencing using data to learn how hospital admissions can be used to trigger a proactive community response to address underlying issues and potentially prevent a readmission (60% of severely frail admissions result in a readmission within 6/12. The Frailty learning collaborative continues to meet virtually.	
	6 COMMUNITY HEALTH			iv. Work to ensure our frailty services are accessible to		
6	4 SERVICES 7 DENTAL; OPHTHALMIC and AUDIOLOGY	08/10/2020 NHS Lothian	Hamish Reid	<ul> <li>i. The plans for the provision of audiology clinics in MCH</li> <li>should be progressed by March 2021. This should include</li> <li>consideration of digital audio screening and funding for capital</li> </ul>	No progress.	
7	1 SERVICES 7 DENTAL; OPHTHALMIC and	08/10/2020 NHS Lothian	King	works if required. ii. Use data from NHS Lothian Public Health to determine the impact of NHS general dental services on the oral and	There is not a plan to progress this at this time. There is no annual survey for adults at a Midlothian level as indicated in the latest 2019	
7	AUDIOLOGY 2 SERVICES	08/10/2020 NHS Lothian	Sarah Archibald	general health of Midlothian population by July 2021 and use this information to identify further actions if required.	Joint Needs Asessment. Work is underway with the Public Health Dental Consultant to obtain data at a local level to support improvement.	

	7 DENTAL; OPHTHALMIC and AUDIOLOGY		Hamish Reid / Sarah	iii. Use data to determine the impact of public dental services in Midlothian by July 2021 and use this information to	There is no annual survey for adults at a Midlothian le Joint Needs Asessment. Work is underway with the P
7	3 SERVICES 7 DENTAL;	08/10/2020 NHS Lothian	•	identify further actions if required.	obtain data at a local level to support improvement.
	OPHTHALMIC			iv. Work with Director of Edinburgh Dental Institute to	
	and AUDIOLOGY		Hamish Reid / Sarah	consider how best the Oral Health Improvement Plan recommendations on 'Meeting the Needs of an Ageing	
7	4 SERVICES	08/10/2020 NHS Lothian	Archibald	Population' can be jointly pursued by March 2021.	Not progressed.

					1 8
7 DENTAL;			٧.	The role of Optometry services in pathways of care for	without having to visit their GP for a prescription.
OPHTHALMIC			patien	ts in a range of services such as general medical practice,	The first cohort of community glaucoma specialist op
and			ophtha	almology, diabetes and A&E, providing both ongoing and	their training which will allow patients to have their g
AUDIOLOGY			urgent	care for patients closer to home to be clarified by March	instead of in hospital. This will free up valuable clinic
5 SERVICES	08/10/2020 NHS Lothian	Hamish Reid	2021.		patients to have their regular care in a more conveni

8 OLDER	and	S Lothian d dlothian		improve earlier s	The e-Frailty Programme should be progressed to enable ed coordination of care and to provide support at an stage. This includes the use of learning from the e-frailty nme to develop a frailty informed workforce (by	Red Cross taking on lead with regular welfare calls to moderate or severe frailty. MidMed and the Penicui MDM moving to online. New working commencing u admissions can be used to trigger a proactive commu issues and potentially prevent a readmission (60% of
1 PEOPLE	08/10/2020 Cou		Jamie Megaw			readmission within 6/12. The Frailty learning collabo
	and	b		ii.	The Care Home Strategy should be implemented,	
8 OLDER	Mic	dlothian	Anthea	includin	ng the full establishment of the Care Home Support Team	
2 PEOPLE	08/10/2020 Cou NH:	uncil S Lothian	Fraser	by Nove	ember 2020.	Implemented and recruitment almost complete
	and	d		iii.	Explore all options to offer day care/support to people	
8 OLDER	Mic	dlothian	Anthea	in Midlo	othian who are isolated and implement plan by October	More options being explored but day care suspended
3 PEOPLE	08/10/2020 Cou NH	uncil S Lothian	Fraser	2020.		telephone contact, skype, digital meet ups etc being
	and	d		iv.	Explore all options to provide an alternative respite	Residential Respite suspended due to Covid but about
8 OLDER	Mic	dlothian	Anthea	service	to older people to support carers in their caring role for	an interim measure. Other forms of respite have bee
4 PEOPLE	08/10/2020 Cou NH:	uncil S Lothian	Fraser	longer a	and to prevent avoidable hospital admissions	breaks, companionship support etc
	and	d		v.	Exploring all options to provide a respite service to older	
8 OLDER	Mic	dlothian	Anthea	people	to support carers in their caring role for longer and to	
5 PEOPLE	08/10/2020 Cou	uncil	Fraser	prevent	t avoidable hospital admissions by October 2020.	As above

As	above
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	There is no annual survey for adults at a Midlothian level as indicated in the latest 2019 Joint Needs Asessment. Work is underway with the Public Health Dental Consultant to obtain data at a local level to support improvement.	
	Not progressed.	
	Community optometrists continue to develop their role as "first port of call" for patients with eye problems. This allows patients to be seen close to home and receive appropriate	
	treatment for a range of eye conditions including painful eyes, watery eyes, loss of vision, foreign body removal, eye infections and more. Many practices now have a prescribing optometrist to treat a wider range of eye conditions which traditionally would have to go to hospital. The new Pharmacy First service with a clear referral programme will allow more patients to receive treatment	
	without having to visit their GP for a prescription. The first cohort of community glaucoma specialist optometrists is about to complete their training which will allow patients to have their glaucoma review at a local practice instead of in hospital. This will free up valuable clinic time in the hospital and allow patients to have their regular care in a more convenient location.	?
e	The efrailty population health management programme has pivoted during COVID19 with Red Cross taking on lead with regular welfare calls to almost everyone identified with moderate or severe frailty. MidMed and the Penicuik MDM have continued with the MDM moving to online. New working commencing using data to learn how hospital admissions can be used to trigger a proactive community response to address underlying issues and potentially prevent a readmission (60% of severely frail admissions result in a readmission within 6/12. The Frailty learning collaborative continues to meet virtually.	
ı	Implemented and recruitment almost complete	
	More options being explored but day care suspended due to Covid however a range of telephone contact, skype, digital meet ups etc being considered/some plans in place.	
	Residential Respite suspended due to Covid but about to recommence at Cowan Court as an interim measure. Other forms of respite have been explored such as extension of wee breaks, companionship support etc	
er		

8	8 OLDER 6 PEOPLE 9 PHYSICAL DISABILITY	08/10/2020	NHS Lothian and Midlothian Council NHS Lothian	Jamie Megaw / Anthea Fraser	vi. Improve primary care quality and options for older people (See Direction 5) a. Pro-active in-reach into hospital when someone with frailty is admitted b. Develop virtual medical teams involving frailty GPs and key hospital consultants c. Consider MCH role for frailty step-up step-down (See Direction3)	The efrailty population health management programme has pivoted during COVID19 with Red Cross taking on lead with regular welfare calls to almost everyone identified with moderate or severe frailty. MidMed and the Penicuik MDM have continued with the MDM moving to online. New working commencing using data to learn how hospital admissions can be used to trigger a proactive community response to address underlying issues and potentially prevent a readmission (60% of severely frail admissions result in a readmission within 6/12. The Frailty learning collaborative continues to meet virtually.	
9	AND LONG TERM 1 CONDITIONS		and Midlothian Council	Graham Kilpatrick / Jayne Lewis	i. All service providers should adopt an approach which focuses on personal outcomes and encourages self-management and recovery by March 2021.	t This work has been put on hold as service providers are focussing on COVID-19 response.	
9	9 PHYSICAL DISABILITY AND LONG TERM 2 CONDITIONS		NHS Lothian and Midlothian Council	Alison White	ii. A full appraisal of the optimum balance of community based and hospital-based services should be carried out within the context of the re-provision of Astley Ainslie by March 2021	Following a break at the early stages of covid the planning meeting is back up and running with a number of key workstreams being progressed. There is a delay in the changes to AA	
9	9 PHYSICAL DISABILITY AND LONG TERM 3 CONDITIONS		NHS Lothian and Midlothian Council	Graham Kilpatrick / Jayne Lewis	iii. There should be collaboration, where feasible, with Housing Providers and national policy makers to press for change in policy around the inadequate availability of suitable housing in new housing developments. (See Direction 16)	Group was established to progress this, but has impacted by COVID prioritising other other areas of work. Planned restart of this activity in the new year. Opportunity to participate in Housing Strategy Consultation in November 2020.	?
	9 PHYSICAL DISABILITY AND LONG TERM		NHS Lothian and Midlothian	Gillian	iv. (Midlothian extra care housing commitments are		
9 9	4 CONDITIONS 9 PHYSICAL DISABILITY AND LONG TERM 5 CONDITIONS	08/10/2020 08/10/2020	NHS Lothian and Midlothian	Chapman Graham Kilpatrick	<ul> <li>described in Direction 16)</li> <li>v. The role of MCPRT community rehab team should be reviewed by March 2021 to maximise its impact on people have a long term condition or have experienced an acute event</li> </ul>	The actions remain ongoing and on-schedule for the identified timescales indicated. Work to review this is ongoing.	
9	9 PHYSICAL DISABILITY AND LONG TERM 6 CONDITIONS		NHS Lothian and Midlothian	Sarah Archibald	vi. Develop clear pathways and support provision for people affected by long term conditions (in particular Type 2 Diabetes and CHD) by March 2021	This was paused due to the Covid-19 pandemic repsonse. Work is beginning to understand exisiting pathways of support for those living with T2D and CHD in Midlothian. Whole system workshop involving all CPP thematic groups on 18/11/2020.	
10	10 LEARNING 1 DISABILITY		NHS Lothian and Midlothian	Graham Kilpatrick	<ul> <li>Review day care provision and associated costs inc transport by December 2020.</li> </ul>	Project to review and redesign day services to reduce costs including transport was suspended due to Covid-19. This is now being progressed as part of the Covid-19 recovery plan with a focus on re-establishing and building up centre based services within the restriction of current guidance and supplemented by home based, community based, and on line using new models of support. 83 Bonnyrigg High Street Site- preparation complete and Design Brief for 20 flats	
10	10 LEARNING 2 DISABILITY		NHS Lothian and Midlothian Council	Graham Kilpatrick / Duncan Mcintyre	ii. Support the delivery of new housing models–initially in Bonnyrigg by 2021.	submitted to architect for detailed drawing. Primrose Lodge, Loanhead, design and costings complete. Support tender to be developed.	

		NHS Lothian			
		and		iii. The arrangements for transport should be subject to a	
	10 LEARNING	Midlothian	Graham	full review with a view to creating efficiencies and reducing	Review Officer recruited but diverted to remobilisati
10	<b>3 DISABILITY</b>	08/10/2020 Council	Kilpatrick	expenditure by December 2020.	associated transport.
		NHS Lothian			
		and			Fortnightly meetings of the Learning Disability Provid
	10 LEARNING	Midlothian	Duncan	iv. Strengthen joint working of Learning Disability Services	Providers' Forum working on remobilisation of service
10	4 DISABILITY	08/10/2020 Council	Mcintyre	and care providers.	models.
		NHS Lothian			
		and		v. A review of the services available for diagnosis and	
	10 LEARNING	Midlothian	Duncan	support to people with autism should be undertaken by March	Delayed by COVID pandemic. New models of suppor
10	5 DISABILITY	08/10/2020 Council	Mcintyre	2021.	as part of COVID remobilisation and recovery plan. S
					Implementation has been impacted by COVID but th
					group have now reconvened.

sation of Adult Day Services and viders' Forum and Day Service rvices and development of new support port for Autistic people being developed . Strategy Group to be reconvened. the steering group and training sub group nave now reconvened. Practitioner Training resources and a competency framework being developed. Training comprises two levels - part one has been trialed and evaluated positively. Part two is ready to be trialed. d awaiting outcome to Direction 59 (Direction 11, Action 8) nderway, will result in review of building meeting strucutre and identify ning required. nodel in early stages of implementation- being monitored/ evaluated sing First was delayed due to Covid (now live). Stakeholders reflective ed to bring people together. Housing and Housing First staff begining to Conversations and Trauma training and training for HSCP teams on changes islation planned. Planned HSCP session on draft Local Housing Strategcy to linated feedback. es covered (minus turnover in 1) by Primary Care MH Nurses. Roll out of OT Mental health collaborative continues to meet monthly and has began to ic tests of change to coordinate community mental health services in imary Care Mental Health Nurses cover all 12 GP practices providing support across Midlothian. Wellbeing Service in all GP Practices. 1324 referrals 2019. Significant increase in WEMWBS, coping and confidence scores. Test of change underway with PTS waiting list inititive- some positive early reults seen in

waiting times. The pilot started in August when the list was at its highest with 420 people waiting to be seen (350 of these over 18 weeks). By the end of October this had reduced to 340 waiting (250 of these over 18 weeks). Whilst there is still much to do the team is feeling very positive and once we have reduced the waits appropriately there are plans as to how to better embed their work into the overall multi-disciplinary approach delivered within No 11.

				Dunnan		Desitive Debenievel Conserve enterence beste he	Dant true is no ad
10	10 LEARNING 6 DISABILITY	08/10/2020	Midlothian Council	Duncan Mcintyre		Positive Behavioural Support approaches to be led in all Learning Disability services by March 2021. Explore options for recovery for people experiencing	Part two is ready
			NHS Lothian		poor me	ental health through development of community based	
			and		housing	with access to appropriate support. Timeframes	
	11 MENTAL		Midlothian	Sheena	depend	ent on next phase of developments at Royal Edinburgh	
11	1 HEALTH	08/10/2020	Council	Lowrie	Hospita	l.	Not progressed a
			NHS Lothian		ii.	Review effectiveness of the	
			and		multidis	ciplinary/multiagency approach to mental health,	
	11 MENTAL		Midlothian		substan	ce misuse and criminal justice now operational at	Staff survey und
11	2 HEALTH	08/10/2020	Council	Alison White	Number	r 11 (multiagency hub) by March 2021.	additional training
							Housing First mo
							regularly. Housir
			NHS Lothian				session planned
			and		iii.	Continue close collaboration with Housing in	attend Good Cor
	11 MENTAL		Midlothian	Rebecca	support	ing the new arrangements for homelessness through the	to housing legisl
11	3 HEALTH	08/10/2020	Council	Hilton	Rapid R	ehousing policy and support the Housing First Model.	provide co-ordin
					iv.	A coherent approach to the delivery of services to	
					support	improved mental wellbeing should be developed. This	
					should i	nclude new services funded through Action 15 along	All GP practices
				Sheena	with the	e Wellbeing and Access Point services. A key element of	provision next. N
			NHS Lothian	Lowrie /	this wor	k is to identify new approaches to addressing the	develop specific
			and	Mairi	continu	ing pressures on Psychological Therapies. Each GP	Midlothian. Prim
	11 MENTAL		Midlothian	Simpson /	Practice	will have access to Wellbeing and Primary Care Mental	support across N

**NHS Lothian** 

and

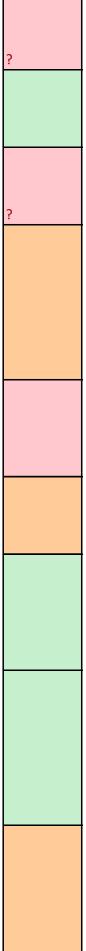
08/10/2020 Council

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4 HEALTH

Simpson / Practice will have access to Wellbeing and Primary Care Mental Mairi MacKay Health workforce by October 2020

		NHS Lothian	1		
		and		ν.	Implement a recovery plan to deliver a substantial
	11 MENTAL	Midlothian		improv	ement in waiting times for psychological therapy by
11	5 HEALTH	08/10/2020 Council	Alison White	March	2021.



11	11 MENTAL 6 HEALTH	NHS Lothian and Midlothian 08/10/2020 Council NHS Lothian	Sheena Lowrie / Jim Sherval	vi. Update Suicide Prevention Action Plan to include Scottish Government's 4 new priorities. Implement and review effectiveness of Action Plan by March 2021	Suicide prevention action plan reveiwed and a focus mental health and risk of suicide. Statutory and third support for people in distress. Review of effectivenes March 2021
11	11 MENTAL 7 HEALTH	and Midlothian 08/10/2020 Council	Sheena Lowrie / Kaye Skey	vii. Work with partners to redesign and commission community based mental health supports by July 2021.	Stakeholder and people who use consultation compl specifications. On target to implement key milestone by 11 Jan 2021
11	11 MENTAL 8 HEALTH	NHS Lothian and Midlothian 08/10/2020 Council	Alison White	viii. Phase 2 - Royal Edinburgh Hospital - NHS Lothian to ensure better care for physical health needs of Midlothian in- patients at the Royal Edinburgh Hospital campus by proceeding with the development of the business case for Phase 2 and the planning and delivery of integrated rehabilitation services. NHS Lothian to ensure Midlothian HSCP is involved in development, decision-making and approval of the business case.	MH&SCP are well embedded in the plans for phase 2 set as yet for this provision to be progressed As part of Quality Improvement meetings, all service involved clients in the planning, delivery and reviewi
12	12 SUBSTANCE 1 MISUSE	NHS Lothian and Midlothian 08/10/2020 Council NHS Lothian	Martin Bonnar / Kaye skey	<ul> <li>Ensure that people's involvement in the planning,</li> <li>delivery and reviewing of their individual care is maximised. This relates to the eight National Quality principles.</li> </ul>	been challenging through the partning, derivery and review and essessitial 1 to 1 meetings to provide care. MELD evaluation involving some 80+ clients to better unde service delivery that needs to be retained.
12	12 SUBSTANCE 2 MISUSE	and Midlothian 08/10/2020 Council NHS Lothian	Martin Bonnar	ii. Evidence that people using MELDAP funded services contribute to ongoing development of the service.	As part of Quality Improvement meetings, MELDAP h involved people in ongoing devlopemnt and improve
12	12 SUBSTANCE 3 MISUSE	and Midlothian 08/10/2020 Council NHS Lothian	Martin Bonnar / Alison White	iii. People with lived experience to be members of the MELDAP Strategic Group	Preliminary work was started to recruit two people work has been paused during the Covid 19 pandemic
12	12 SUBSTANCE 4 MISUSE	and Midlothian 08/10/2020 Council	Martin Bonnar	iv. MH&SCP/MELDAP will increase the numbers of paid and unpaid Peer Supporters in Midlothian by March 2021.	MH&SCP/MELDAP have introduced one further paid programme of peer volunteer training has been paus restrictions. The Recovery College has continued to provide onlin
12	12 SUBSTANCE 5 MISUSE	NHS Lothian and Midlothian 08/10/2020 Council	Martin Bonnar	v. Employment opportunities for people in recovery should be increased by improving engagement in education, training and volunteering by March 2021.	purchasesd laptops and chromebooks to ensure stud Face to face support has been restarted. In the last y qualification, 10 students became SMART peer traine employment. This work had been increasing with the further devlo
12	12 SUBSTANCE 6 MISUSE	NHS Lothian and Midlothian 08/10/2020 Council	Martin Bonnar / Alison White / Kaye Skey	vi. MH&SCP/MELDAP and NHS Lothian should further develop working practices to ensure a seamless provision of services to those people using No11. Maximise the use of the building by recovery oriented groups in the evenings and at the weekend	session and delivery of SMART Recovery Groups in N However as a result of COVID 19, this work has had t Recovery Group with a focus for armed forces vetera using on line video platforms. There are between 4-6 weekly.

us on economic impact of Covid on ird sector working together to reveiw ness of Action Plan will be comleted by

plete and informing service ones. Invitation to Tender will be issued

#### e 2 of REH rehab plans, no detais are

ices have been asked how they have wing of their individual care. This has es have used phone, video platforms ELD has undertaken an extensive derstand those aspects of current

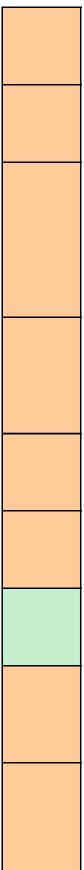
P have asked services how they have ovement of services.

le with lived/living experience.This nic

aid Peer Supporter in Midlothian. The aused because of Covid-19 related

line classes for students. It has tudents have access to these courses. t year 97% of students have achieved a iners and 10 students progressed into

vlopment of the Womens Supper n No11 and the Welfare Hall in Dalkeith. d to be curtailed. One further SMART erans, did begin in the summer of 2020, 4-6 veterans who attend this group



	13 JUSTICE			i. Strengthen efforts and partnership working to enable	waiting for the
	SOCIAL	Midlothian	Fiona	people on Community Payback Orders to achieve qualifications	with Newbattl
13	1 WORK	08/10/2020 Council	Kennedy	by March 2021.	college have n

					II.	Peer support should be strengthened including through	workerr
	13 JUSTICE				continu	ued expansion of a peer support scheme that will work	user per
	SOCIAL		Midlothian	Fiona	across	justice, substance misuse and mental health by March	the Won
13	2 WORK	08/10/2020	Council	Kennedy	2021		No 11.
			NHS Lothian				Work on
			and				allowed
	14 UNPAID		Midlothian	Shelagh	i.	Develop a carer Strategic Statement as required by the	consulta
14	1 CARERS	08/10/2020	Council	Swithenbank	Carers	Act 2018 by October 2020.	update t

college have not went ahead in 2020 due to Covid 19 restrictions. There are a number of new and continuing iniatives undertaken by the peer support scheme. Peer Support training continues to run 4 times annually and consists of a 6 week course. Further, Health in Mind are delivering a Personal Development Award in Mental Health which is an SQA approved qualification; this will be ran in conjunction with the Peer Support Training. Developmental opportunties have included a MENS group in partnership with MENSHARE and Bonnyrigg Rose Footbal Club. There is a weekly Peer led Anxiety and Depression Group for men and women and a boxing club to assist with low mood and wellbeing. A low threshold clinic for the most chaotic drug users sees Peer workers in partnership with Substance Misuse Service (SMS) staff to deliver a weekly drop-in clinic. Ongoing development opportunities include a recovery cafe within HMP Edinburgh, peers supporting servce user who utilise No 11 and service user evaluation/Justice focus groups. A female peer support has been recruited with a specific remit to work in partnership with SMS and Justice. She was attending Spring (women's service) on a weekly basis, with the focus on building relationships with the women and supporting them at the time where they were motivated to engage. The peer support Peer support should be strengthened including through worker has also attended Spring team meetings and weekly briefings to provide a service erspective to service provision. Going forward it is hoped she will be linked in with omen's Supper Club. Peer suport workers continue to be a valuable assist within

Work on the strategy has been interupted by the pandemic. However, this delay has allowed progression of the Carer Support & Service Review and accompanying consultation. The feedback material gathered from the consultation will be used to update the carers strategy and Action Plan.

Internally Unpaid Work staff are delivering Health and Safety and First Aid certificated training courses. These courses are delivered at SCQF level 4 and are good preparatory courses for clients to build their confidence and motivation to undertake further training. The Unpaid Work Team have 35 clients having completed these courses during the current financial year. To develop a training and education pathway for unpaid clients the team have been working with Midlothian's Life Long Learning Team (CLL) to offer two courses. The 1st is "Introduction to Wellbeing" and this course is due to run from the 11th November 2020. This course is one of many that can be offered by CLL and it is hoped this pilot will lead to further courses being offered to UPW clients. A 2nd option available through CLL is CSCS card training which is the construction industry required Health and Safety Certificate. 5 client from unpaid work have completed this award with 2 of these 5 using the certificate to gain employment on building sites. The UPW Team support clients by applying for funding through the Individual Training Account and building client's knowledge to support their learning. The Team have also put in a bid for funding to the Job Centre to run intensive training for unpaid work clients in partnership with CLL and Newbattle Abbey college. This would provide 8 weeks of internsive training where clients will have the opportunity to gain certificates and qualifications. We are he outcome of this funding bid. The Team also have a long term partnership ttle Abbey College however the 4 Rural skills courses usually offered by the



14	14 UNPAID 2 CARERS	NHS Lothian and Midlothian 08/10/2020 Council	Shelagh Swithenbank	<ul> <li>Work collaboratively with carers and stakeholders to redesign services that provide support to carers by March 2021.</li> </ul>	Workshops beginning the review and re-commissioning Sufficient progress was make, that after a pause due to able to resume early summer and a staff/public/staken undertaken August - September. This material is being and is being used to prepared the specification for re-co contract start date 1st July 2021.
		NHS Lothian			Carer identification is a priority within the Carer Strate
		and		iii. Improve carer identification through connections to	carer support services. Scottish Government are prepa
	14 UNPAID	Midlothian	Shelagh	services, and through information to the public to support self-	campaign in November 2020, this will be promoted in
14	3 CARERS	08/10/2020 Council	Swithenbank	identification by March 2021.	local third sector partners. New carer support service
		NHS Lothian		iv. Design a performance framework by March 2021 to	
		and		capture the impact of carer support services and encourage	
	14 UNPAID	Midlothian	Shelagh	ongoing service improvement. Framework should include both	Reporting and evaluation framework will be developed
14	4 CARERS	08/10/2020 Council	Swithenbank	qualitative and well and quantitative feedback.	carer support services. New carer support service con
			Anthea	. Du Dagamhan 2020 na agus signi an agus at hanna	Re-commissioning of care at home is underway and pla
	15 CARE AT	Midlothian	Fraser / Catherine	i. By December 2020 re-commission care at home services in line with the Vision statement approved by the IJB in	2021. Contracts extended until 30 August 2021. Projec in place. Human rights based approach being followed.
15	1 HOME	08/10/2020 Council	Evans	January 2020.	16 November - Friday 18 December.
15	THOME	00/10/2020 Council	Lvans	January 2020.	io November Thugy io beechber.
	15 CARE AT	Midlothian	Anthea	ii. Workforce – develop a multifaceted workforce plan	
15	2 HOME	08/10/2020 Council	Fraser	that includes council and external providers by December 2020.	Workforce plan in place
				iii. Work closely with Intermediate Care to provide	
	15 CARE AT	Midlothian	Anthea	reablement following hospital discharge to promote optimum	Partnership working with intermediate care is in place
15	3 HOME	08/10/2020 Council	Fraser	level of function by March 2021	in the process of being delviered to RR carers
	16 HOUSING	NHS Lothian			
	(Including	and		i. Planning for Newmills, Gore Avenue and Bonnyrigg extra	
	Aids and	Midlothian	Gillian	care housing should continue in order to deliver an extra 90 flats	
16	1 Adaptations)	08/10/2020 Council	Chapman	or bungalows (inc bariatric options) by spring 2022.	The actions remain ongoing and on-schedule for the id
	16 HOUSING (Including	NHS Lothian		ii Dlans for outra care bousing in other areas of Midlethian	
	Aids and	and Midlothian	Gillian	ii. Plans for extra care housing in other areas of Midlothian alongside housing options for people with learning disability	
16	2 Adaptations)	08/10/2020 Council	Chapman	should be considered by March 2021	the actions remain ongoing and on-schedule for the ide
10		00/10/2020 Council	Chapman	Should be considered by March 2021	the decisits remain on boing and on schedule for the la
	16 HOUSING	NHS Lothian			First virtual training for professional staff group on hou
					2/11/2020. Rolling out full training programme next ye

16	(Including Aids and 3 Adaptations)	and Midlothian 08/10/2020 Council	Aileen Murray / Catriona Luff		The implementation of a proactive approach to ensure are able to live in housing appropriate to their needs be rolled out through Housing Solutions training.	the trainers course to allow us to develop a pr and third sector agencies with minor adaptation processes and decision making.
	16 HOUSING (Including	NHS Lothian and		iv. with th	The Partnership should strengthen its joint working e Housing Service to support people who are homeless.	Housing First was delayed due to Covid (now I planned to bring people together. Housing and Good Conversations and Trauma training and

(Including	and		with the Housing Service to support people who are homeless.
Aids and	Midloth	ian Rebecca	This will include contributing to the Rapid Rehousing Transition
4 Adaptations)	08/10/2020 Council	Hilton	plan including active participation in the Housing First model.

16

Housing First was delayed due to Covid (now live). Stakeholdsers reflective session planned to bring people together. Housing and Housing First staff begining to attend Good Conversations and Trauma training and training for HSCP teams on changes to housing legislation planned. Planned HSCP session on draft Local Housing Strategcy to provide co-ordinated feedback.

ning process began in early 2020. e to COVID work priorities, work was keholder consultation was eing finalised in a consultation report, re-commissioned carer services,

ategy and future commissioning of reparing to launch a carer marketing I in Midlothian in partnership with ice contracts to begin 1st July 2021.

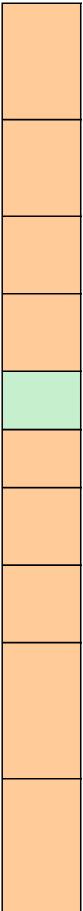
ped to support commissioning of new contracts beginning 1st July 2021. I planned to be in place in September oject team re-established. Project plan ved. Consultation to run from Monday

ace and further reablement training is

e identified timescales indicated.

e identified timescales indicated.

oup on housing solutions starting wk beg nme next year if possible. Taking part in train programme to support other AHPS, assistants ations and detail about the major adaptation



				v. The Partnership should also actively participate in	
				planning of new housing developments such as Shawfair, with	
				the Council Housing Service, Housing Associations and the	
	16 HOUSING	NHS Lothian		Private Sector. This will include determining what additional	
	(Including	and		-	There has been some involvement regarding GP facili
	Aids and	Midlothian		ensuring that the special needs of the Midlothian population are	submitted to Scottish Government for a new practice
16	5 Adaptations)	08/10/2020 Council	Jamie Megaw	being taken into account fully.	involvement regarding town planning to be progress
			-	vi. Joint working on housing solutions for people with	
				disabilities should continue through maximising the Aids and	
	<b>16 HOUSING</b>	NHS Lothian		Adaptations budget. Alongside this, the promotion of an	
	(Including	and	Aileen	anticipatory planning approach should continue, in order to	We continue to provide our triage service which supp
	Aids and	Midlothian	Murray /	enable people to move to more appropriate accommodation in	conversations about housing and if adaptations will b
16	6 Adaptations)	08/10/2020 Council	Catriona Luff	advance, rather than precipitated by of a crisis.	completing anticipatory care meetings regarding ada
				a. Develop a transformation plan by October 2020 around	
				Midlothian Intermediate Care Services to meet the changing	
				needs of the Midlothian population and create opportunities to	
		NHS Lothian		deliver care in people's local community as opposed to acute	
	17	and		hospitals. This should include a single point of access by	
. –	INTERMEDIA	Midlothian	/ Stuart	December 2020 and should encompass all teams under the	
17	1 TE CARE	08/10/2020 Council	Grant	intermediate care umbrella.	Single Point of Access to in place by Dec 2020 - plans
				b. Increase the number of Intermediate Care Flats throughout	-
		NHS Lothian		Midlothian by August 2021 to facilitate earlier supported	occupation December 2020. Cowan Court ECH IC flat
	17	and		hospital discharge and reduce delayed discharge, whilst allowing	
. –	INTERMEDIA	Midlothian	Gillian		New build projects at Gore Avenue, Gorebridge, New
17	2 TE CARE	08/10/2020 Council	Chapman	a homely environment rather than the clinical setting.	Bonnyrigg - estimated completion range from Decen
	18 ADULT PROTECTION	NHS Lothian		i. Review the effectiveness of the new combined Public	
	AND	and		Protection module, covering Child Protection, Violence Against	
	DOMESTIC	Midlothian		Women and Girls and Adult Support and Protection by March	This has been monitored via PPU L&D group, due to o
18	1 ABUSE	08/10/2020 Council	Alison White		than hoped but still being monitored
10	18 ADULT	00/10/2020 Council		2021.	than hoped but still being monitored
	PROTECTION	NHS Lothian			
	AND	and		ii. As recommended by the Thematic Inspection in 2018,	
	DOMESTIC	Midlothian		the partnership should make sure that all adult protection	
18	2 ABUSE	08/10/2020 Council	Alison White	referrals are processed timeously by August 2020.	This is completed
	18 ADULT				
	PROTECTION	NHS Lothian		iii. When women or children have experienced domestic	
	AND	and	Alison White	abuse or sexual abuse, ensure that Interventions are early and	
	DOMESTIC	Midlothian	/ Veronica	effective, preventing violence and maximising the safety and	
18	3 ABUSE	08/10/2020 Council	Campanile	wellbeing of women, children and young people by March 2021.	Services for women and children in place - details on
	18 ADULT				
	PROTECTION	NHS Lothian			
	AND	and	Alison White		
	DOMESTIC	Midlothian		the child Safe and Together with the non-offending parent)	Work underway to ensure S&T embedded, local work
18	4 ABUSE	08/10/2020 Council	Campanile	across social, health and care services	justice team supporting this work

acilities. Initial Agreement application tice in Danderhall/Shawfair. Further essed.

upports people with early ill be the best long solution, therefore idaptations and housing needs.

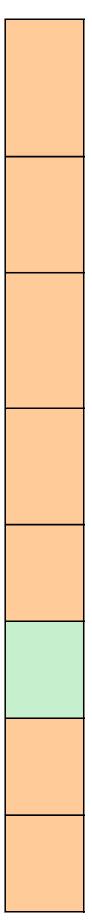
ins underway. Plan awaited.

st HA and in preparation – ready for flat agreed by SMT for temporary nber 2020. 3 x IC flats included in ECH lewmills Rd Dalkeith, St Mary's PS cember 2022 – summer 2023.

to covid there has been less feedback

on the effectiveness awaited.

orking group monitoring this and



	18 ADULT PROTECTION AND	NHS Lothian and		v. Support implementation of the East Lothian and Midlothian Position Statement on Commercial Sexual	
10	DOMESTIC	Midlothian		Exploitation signed by the Critical Services Oversight Group on	
18	5 ABUSE 18 ADULT	08/10/2020 Council	Alison White	01/08/2018	This is completed
	PROTECTION	NHS Lothian		vi. Monitor the Midlothian Council Safe Leave Programme	
	AND	and		- for those employees who are experiencing gender based	
	DOMESTIC	Midlothian		violence and need additional time off work to deal with resulting	
18	6 ABUSE	08/10/2020 Council	Alison White	-	Monitored via HR colleagues, it has now been implement
				i. All service providers should adopt the Midlothian Way to build a prevention confident workforce that supports self-	
				management working with what matters to the person through	
				a Good Conversation (train 80 people by March 2021). In	
				addition, provide training on trauma (400 people by March	
	19 PUBLIC		Tracey	2021), health literacy and health inequalities (60 people by	Due to Covid Training was suspended in March and rec
19	1 HEALTH	08/10/2020 NHS Lothian	Mcleod		have attended GC and 64 have attended Bite Size
				ii. There should be a continued programme of work to	Work continues to support implementation of a whole
				enable people to stay well including the implementation of the Physical Activity Strategy and a review of the range of services in	as part of regional planning and as a Scottish Governme
			Morag	place to improve health and wellbeing across the population e.g.	
			Nicholson /	reduce isolation by March 2021; and addressing obesity one of	successful bid for an additional £60,000 to support who
	19 PUBLIC		Sarah	the key factors in the prevalence of ill-health and Type 2	Mayfield and Easthouses.
19	2 HEALTH	08/10/2020 NHS Lothian	Archibald	Diabetes.	
				iii. A comprehensive Public Health action plan should be	
	19 PUBLIC		Morag Nicholson /	developed with clear and measurable contributions from Health and Social Care and the wider NHS Lothian Public Health	A PH action plan was in progress but it has been seriou public health staff have been shifted to work on the res
19	3 HEALTH	08/10/2020 NHS Lothian	-		times over the last 9 months.
-	-	, -,		iv. Work should continue to develop our Prevention	
				Intention through engagement with all of the planning groups	
				and renew our commitment to embed Integrated Impact	
				Assessments in action plan development by September 2020.	
19	19 PUBLIC 4 HEALTH	08/10/2020 NHS Lothian	lim Shorval	This will complement the work on staff training to support a prevention confident workforce.	The pandemic response has greatly disrupted this work some time.
19	4 HEALTH		JIIII JIIEI Vai	v. The NHS Lothian Public Health Directorate and	some time.
				Midlothian Health & Social care Partnership should negotiate an	
	19 PUBLIC		Mairi	appropriate arrangement for the integration of NHS Lothian	The Public Health Review (led by Jim Crombie and Katie
19	5 HEALTH	08/10/2020 NHS Lothian	Simpson	Public Health staff in Midlothian by August 2020. vi. The impact of the CHIT (Community Health Inequalities	end December 2020.
	19 PUBLIC		Mairi	Team) should be reported to evaluate the case for continued or	In progress. Research commissioned by Public Health a
19	6 HEALTH	08/10/2020 NHS Lothian	Morag	increased investment by June 2021.	paused during the pandemic but will restart.
			Barrow/ Jim	vii. Initiate discussions with the 3 other Integrated Joint	
	19 PUBLIC		Sherval / Sarah	Boards about the potential disaggregation of Public Health	This has not happened yet. As additional context there
19	7 HEALTH	08/10/2020 NHS Lothian		funding including but not limited to Health Improvement Fund, Hep C and Blood Borne Virus by November 2020.	This has not happened yet. As additional context there review which may have implications for this action.
±-2		,,		viii. Improving the Cancer Journey (ICJ) programme to be	
				established by September 2020 to ensure support to people	
	19 PUBLIC		Sandra	following a cancer diagnosis. This work should complement the	
19	8 HEALTH	08/10/2020 NHS Lothian	Bagnall	Wellbeing Service.	In progress. The ICJ will be established by January 2021

lemented

recommenced in August. To date 29

whole system Type 2 diabetes strategy ernment early adopter site. Work has ement programmes by 50% (although demic repsonse). The HSCP led a t whole systems work in the locality of

eriously disrupted by COVID-19. Many ne response to the Pandemic at various

work and will continue to do so for

Katie Dee) has been delayed. Expected

alth and Southampton University was

here is an ongoing NHSL Public Health

2021 not September 2020

19	19 PUBLIC 9 HEALTH	08/10/2020 NHS Lothian	Sheena Lowrie	<ul> <li>ix. Facilitate trauma-informed practice across Health and</li> <li>Social Care and Community Planning Partnership services. Train</li> <li>400 people in Level 1 training by March 2021.</li> <li>x. Having reviewed the gaps in service provision in</li> <li>Midlothian for pregnant women who smoke, allocate resource</li> <li>from existing scheme of establishment within NHS Lothian Quit</li> <li>Your Way Service to develop and deliver service model for</li> </ul>
	19 PUBLIC		Rebecca	pregnant women based upon best practice learning from NHS
19	10 HEALTH	08/10/2020 NHS Lothian		Dumfries and Galloway.
				Health Visiting – i. Work to increase staff compliment to
				full, including adequate support staff, - Nursery Nurses and
				Admin support by March 2021 ii. Monitor
	20 SERVICES			implementation of the Universal Pathway by March 2021.
	TO PEOPLE		Caroline	iii. Review the management structure for all nursing in
20	1 UNDER 18YRS	08/10/2020 NHS Lothian	Myles	Midlothian including health visiting by December 2020.

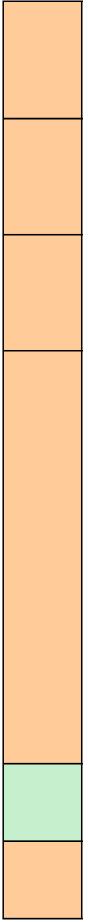
ing Partnership services. Train Delivery method changed to online due to Covid-19. and 20 level 1 events have been organised taking place between September 30th and November 25th 2020. Capacity 300

vho smoke, allocate resource Agreement for the creation of a dedicated smoking in pregnancy Quit Your Way Midlothian post. Job description with NHS matching. Delays in progress resulting from Covid and NHS Public Health Review. Interim work strengthening rapport and relationships between key teams, reviewing training needs and dedicated telephone support. Quit rates have begun to increase.

> Recruitment for HV remain central within NHS Lothian. Additional NN and Admin still required for HV teams. UP now fully implemented but levels achieved affected by COVID but also by unfilled vacancies, HV currently managing larger caseloads and being supported by NN. Nursing striucture not yet reviewed. Delayed due to COVID. Will aim to progress over coming couple of months

> with Healthy Respect Team Lead, to re-open Healthy Respect Drop Ins, safely. Drop Ins, provide support, and advice as well as health promotion, sexual health advice and condoms. Offer 1-1 about stopping smoking, substance misuse, drinking or emotional health and well being. School nurse are now attending the Multi-Agency Risk Assessment Conference (MARAC), to identify vulnerable young people, to offer support or sign post to the relevant agencies. The school nursing team have worked closely with education, educational psychologists and Children and families workers to provide Headstrong, a transition programme for primary 7 children. During the pandemic, produced a virtual Headstrong that primary 7 children completed at home. This went out to every P7 child within Midlothian. School nurses attend Transition forums and from this identify children who are needing more support, guidance, or health care plans written prior to commencing high school. Moving forward, to look at transition into primary 1, health visiting and school nurses plan to meet and start the transition process earlier, possibly February, to allow for introduction to families, to attend Child Planning Meetings and to be able to complete health care plans if required, as well as supporting education staff with training for additional health needs. The school nursing team and the Looked After Children Nurses, work closely together, and have regular meetings to identify, the Care Experienced young people in our community and to address who is best placed to carry ntions required. The team regularly receive invites for LAC reviews, and nen appropriate. School nursing continue to liaise with education and the aff in schools, to ascertain who the vulnerable children and families are on team now managed alongside HV team within Midlothian. Some ment. Some lothian-wide developments within Child Health Services are r example the telephone call and recall system being centralised. ates in Midlothian remain good.

	20 SERVICES				out the interventi
	TO PEOPLE		Caroline	School nursing - iv. Implement the refocused role of	attend these whe
20	4 UNDER 18YRS	08/10/2020 NHS Lothian	Myles	school nursing including the 10 priorities by March 2021.	management staf
				0 -5 yrs Immunisations - v. Develop and implement a new	0-5 immunisation
	20 SERVICES			service model for 0 – 5 yrs immunisations that is safe and	ongoing recruitme
	TO PEOPLE		Caroline	available in all areas of Midlothian and ensure good governance	still ongoing. For e
20	5 UNDER 18YRS	08/10/2020 NHS Lothian	Myles	by March 2021.	Immunisation rate
	21 ALLIED	NHS Lothian			
	HEALTH	and		i. Explore options for a Musculoskeletal Advanced Practice	
	PROFESSION	Midlothian	Debbie	Physiotherapy service at MCH for appropriate patients	
21	1 ALS	08/10/2020 Council	Crerar	redirected from the Royal Infirmary A&E by March 2021.	In progress



21	Plan is at eary draft stage. Group in place.
21	o be progressed.
21	o be progressed
21	o pe brogressed
21	his work has been delayed due to the Covid-19 pand
22	exisiting contacts remains most appropriate within Co committed to supporting. Still need to settle into gov eforming theirs at highest level and HSCP needs to fir
22	Not progressed during COVID. However alternative su proved valuable. Backdated analysis completed to end lata.
22	Progress made with Health data within existing infrast emporary fix. Technical integration still required. Co ledicate to this now that CGI review is ended.
22	ee above (prerequist) step.
22	Covid and Near Me roll out added huge pressure to el equirements for most teams in Lothian. Awaiting co
22	his is complete - there were glitches into early Nove
	equirements for most team

Council and Health. Both teams govenrnance structure - Council o fit into this. e support from LIST colleagues has end 2019. Currently working on 2020

rastructure to work aroudn issue with Coucnil may have more time to

eHealth to review and provide these contact from central team.

vember

22	22 DIGITAL DEVELOPME 7 NT	NHS Lothian and Midlothian 08/10/2020 Council NHS Lothian	Matthew Curl	vii. eHealth to support role out of Attend Anywhere and to provide greater clarity and connection to development programme as appropriate:	Covid brought this forward as core eHealth programm
22	22 DIGITAL DEVELOPME 7.1 NT	and Midlothian 08/10/2020 Council NHS Lothian	Matthew Curl	a) Attend Anywhere simply as a contact modality	This is now in use in several service areas. Other poter
22	22 DIGITAL DEVELOPME 7.2 NT	and Midlothian 08/10/2020 Council NHS Lothian	Matthew Curl	b) Attend Anywhere as a fully functional clinic solution with all necessary associated Trak developments.	Core NHS Lothian project to develop this being explor
22	22 DIGITAL DEVELOPME 7.3 NT	and Midlothian 08/10/2020 Council NHS Lothian	Matthew Curl	c) Digital Services to enable Council Care Teams to access Near Me under existing national licence	Licencing issues for the Council - Attend Anywhere (w for Health and Care, council concerns far larger. To da only teams to use as council has provided alternatives
22	22 DIGITAL DEVELOPME 8 NT	and Midlothian 08/10/2020 Council	Matthew Curl	viii. Digital Services to advise on ensuring delivery of contractual obligation on CM2000 to provide integration with Mosaic post migration to hosted service.	In place but will need to be reviewed
22	22 DIGITAL DEVELOPME 9 NT 23 HEALTH	NHS Lothian and Midlothian 08/10/2020 Council	Matthew Curl	ix. eHealth and Digital Services to support improved cross organisational collaboration of the HSCP [e.g. through scoping and road mapping Teams to consider issues such tenant (having to 'hot swap' tenancies to see staff), view calendars, book shared physical resources (i.e. rooms), joint distribution lists, holding virtual meetings without member/guest issues barring participation in chat/file share/presentation viewing.	No capacity in technical teams for this to date. Individ challenging enough in current climate. Some collabor than structural. Some persistent issues in meetings.
23	AND SOCIAL CARE PARTNERSHIP 1 MATURITY 23 HEALTH	NHS Lothian and Midlothian 08/10/2020 Council	Mairi Simpson	i. Collaborative leadership model should be progressed by December 2020.	To be progressed. Work with Scirocco and others to b to the pandemic.
23	AND SOCIAL CARE PARTNERSHIP 2 MATURITY 23 HEALTH	NHS Lothian and Midlothian 08/10/2020 Council	Mairi Simpson	<ul> <li>The Partnership should take opportunities for self- evaluation and improvement planning – for example Scirocco</li> <li>Knowledge Exchange Programme by March 2021</li> <li>Meaningful and sustained engagement with local</li> </ul>	Work underway. Maturity Assessment from Scirocco indicated our plans to re-engage with the programme programme of self-evaluation.
23	AND SOCIAL CARE PARTNERSHIP 3 MATURITY 23 HEALTH	NHS Lothian and Midlothian 08/10/2020 Council	Caroline Shilton / Lois Marshall	communities and/or service users should be evident. Engagement <b>Statement</b> to be published by Dec 2020 (pending	Engagement Statement has been written and approve be discussed at IJB Dec 2020.
23	AND SOCIAL CARE PARTNERSHIP 4 MATURITY	NHS Lothian and Midlothian 08/10/2020 Council	Mairi Simpson	iv. A tool to better capture the impact of the Partnership on outcomes for local people and on the wider health and social care system to be functional by March 2021.	Work underway. Three workshops planned in Decemb outcome map for the IJB.

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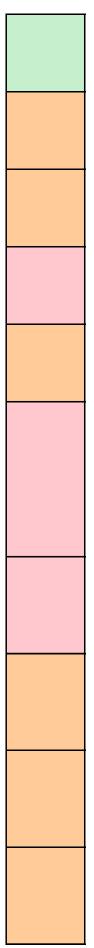
ividual organisational roll outs boration issues are user issues rather s.

b be restarted following a pause due

co now available and we have me. Plans also underway to begin a

oved at Strategic Planning Group. Will

ember 2020 to begin work on the



# **Midlothian Integration Joint Board**



# Thursday 10 December 2020, 2.00pm

# Independent Review of Adult Social Care

Item number:

5.5

# **Executive summary**

An Independent Review of Adult Social Care (IRASC) in Scotland is currently underway. They had invited comments until the 6<sup>th</sup> November 2020 and will report to the Scottish Government in January 2021. Terms of reference for the review are attached (appendix 1). This report highlights the scope of the review.

#### Board members are asked to:

Note the report and agree to receive a further update in the New Year once the outcome of the review is known.

# Independent Review of Adult Social Care

# 1 Purpose

1.1 To provide board members with information regarding the scope of the Independent review of Adult Social Care.

# 2 **Recommendations**

2.1 As a result of this report what are Members being asked to:-

Note the report and agree to receive a further update in the New Year once the outcome of the review is known.

# **3** Background and main report

3.1 The Review of Adult Social Care in Scotland was announced by the First Minister as part of the Programme for Government on 1 September.

The Review's chair is Derek Feeley, former President of the Institute for Healthcare Improvement and ex-Director General of the NHS in Scotland. An advisory panel supports him in this role.

Phase one of the review sought the views of people using social care services, staff working in them and social care provider organisations, as well as local authorities, Integration Joint Boards and NHS Boards.

The review will make recommendations for improvements in outcomes for people using adult social care services, their carers and families and improvements in the experience of people working in adult social care. The review will take a 'human rights' based approach.

The Review is focusing on:

- Dimensions of high quality social care
- Needs, rights and preferences of people using social care services and supports
- The experience of staff working in the social care sector
- Regulation, scrutiny and improvement of social care
- Human rights and ethics in social care
- Commissioning and procurement
- Finance
- Potential national aspects of a social care system.

# 4 **Policy Implications**

4.1 There are potentially significant implications for the IJB and Partnership depending upon the outcome.

# 5 Directions

5.1 There is no current need to make any changes to directions; however once the outcomes of the review is known there may be a need to undertake a review on key areas relating to social care.

# **6** Equalities Implications

6.1 The review will be ensuring that equalities are considered throughout their process.

# 7 **Resource Implications**

7.1 There are no specific resource implications as a result of this report however there may be implications once the outcome of the review is known.

## 8 Risk

8.1 There are no explicit risks as a result of this report.

#### 9 Involving people

9.1 The review has been seeking feedback from a wide range of stakeholders. The Chief Social Work Officer was involved in a meeting with the Chair of the review and contributed to a Social Work Scotland response to the review. (appendix 2)

# **10 Background Papers**

#### 10.1

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DATE	18/11/2020

#### Appendices:

#### Appendix 1

#### Terms of Reference – Review of Adult Social Care in Scotland

#### Background

The Review of Adult Social Care in Scotland was announced by the First Minister as part of the Programme for Government on 1 September. It will be chaired by Derek Feeley and will report by January 2021.

#### Remit

The principal aim of the review is to recommend improvements to adult social care in Scotland, primarily in terms of the outcomes achieved by and with people who use services, their carers and families, and the experience of people who work in adult social care. The review will take a human-rights based approach.

The Review will consider and make recommendations on:

- The needs, rights and preferences of people who use services, their carers and families;
- The experience of people who work in social care, including their employment arrangements, opportunities for training and progression, and relationships with other professions across health and social care;
- Arrangements for funding, governance, ownership, administration and delivery of social care services;
- Arrangements for meaningfully involving users in the assessment of need and in codesign and co-production (including self-directed support);
- Social care and health care service models and their interaction with other services, such as housing, education and employment;
- Regulation, scrutiny, quality assessment and quality improvement capacity and capability;
- The role of local communities in providing capacity and assets to support people to live as well and as independently as possible and to enjoy the same facilities, universal services and opportunities as other citizens;
- The role and contribution of local and system level leadership:
- Future policy developments that should be a focus for the Scottish Government and any recommendations regarding the legislation that currently underpins social care provision and regulation; and
- Opportunities to redesign the overall system of social care to improve people's experience of care.

The review will consider what is required to achieve the highest attainable standard of support for the independence and wellbeing of people who use adult social care services. This will include, but not be constrained to, the following matters:

- How equitable and non-discriminatory enjoyment of rights can be achieved;
- How decision-making, participation, independent living and control can be maximised by people using adult social care services;

- People's experiences of adult social care support and outcomes achieved;
- How individuals' social care "needs" are assessed by social work, social care and health professionals;
- The overall quality, and sustainability of current social care services and supports;
- The need to develop a skilled, purposeful and sustainable adult social care workforce; and
- The effectiveness of the statutory environment within which adult social care is commissioned, procured and delivered.

#### Previous and ongoing work around adult social care

The review will consider previous and ongoing work in this field, including:

- The programme for social care reform currently being taken forward by the Scottish Government and COSLA;
- Progress with integration of health and social care in Scotland, including the outcomes of the recent review undertaken by the Scottish Government and COSLA;
- Work undertaken by the Care Inspectorate to consider opportunities for improving adult social care provision;
- Work undertaken by wider partners including the third sector to understand people's experience of care and support improvement;
- Scrutiny by Audit Scotland of social care and progress with integrating health and social care; and
- Scrutiny by the Health and Sport Committee of the Scottish Parliament of reform of social care to date and progress with integrating health and social care.

#### **Review outcomes**

The review will produce its report by January 2021, which will make such recommendations as the Chair considers appropriate in relation to improving adult social care in terms of any of the matters listed under Remit, and any other recommendations as the Chair considers appropriate.

The Chair has overall responsibility for the report but will ensure that people with lived experience of using social care are at the centre of the review, and fully involved in proposing recommendations for the final report, together with the views of carers and families, members of the workforce and local communities.

Secretariat to the Review of Adult Social Care in Scotland:

#### secretariat.adultsocialcarereview@gov.scot

# **Midlothian Integration Joint Board**



# Thursday 10<sup>th</sup> December 2020

# **Clinical and Care Governance Group Report**

Item number:

5.6

#### **Executive summary**

The purpose of this report is to provide assurance to Midlothian Integrated Joint Board as to the clinical and care governance arrangements within Midlothian Health and Social Care Partnership (HSCP). It will highlight good practice and identify any emerging issues or risks.

Additional reports will be attached as appropriate throughout the year to provide updated information from specific service areas.

#### Board members are asked to:

• Note and approve the content of this report

# **Clinical and Care Governance Group Report**

#### 1 Purpose

1.1 This is the Clinical and Care Governance Group (CCGG) report for Midlothian IJB.

#### 2 Recommendations

- 2.1 As a result of this report Members are being asked to:
  - Note and approve the content of this report

#### **3** Background and main report

- 3.1 Bi-monthly meetings of CCGG are taking place facilitated by Microsoft Teams, to comply with social distancing recommendations.
- 3.2 Service leads and managers attend or send a deputy. A meeting of the CCGG took place on Tuesday 10<sup>th</sup> November 2020.
- 3.3 There are eight Quality Improvement Teams (QIT) reporting in to the CCGG. These cover all service areas in Midlothian Health and Social Care Partnership (HSCP). Standards are implemented and monitored as part of the QITs and reports on improvement work taking place are submitted to the CCGG.
- 3.4 Quality Improvement Teams are beginning to meet again and develop programmes of work to measure or improve standards. Current examples of work include; Skills Passports for all members of Health Visiting teams; Review of Safe and Well procedure for Adults with Complex and Exceptional Needs Service; Covid First Wave learning event for Dietetics; Child Learning Disability Diagnosis Care Pathway being piloted in Midlothian; Promoting usage of new Social Care Support Plan, which will be subject to audit.
- 3.5 Healthcare Improvement Scotland (HIS) re-commenced a programme of inspections across community hospitals in Scotland. An unannounced inspection was carried out in Midlothian Community Hospital 22-24 September 2020. A draft report from HIS was received at the end of November and an opportunity offered to challenge any points of accuracy. In addition a draft action plan was developed by Midlothian Chief Nurse and submitted to HIS for approval. The final HIS report was published on 1<sup>st</sup> December 2020 and is attached to this report. It highlights two areas of good practice and seven requirements. A local Action Plan is being developed in response to the issues highlighted within the report. Midlothian Community Hospital also has a local programme of inspections and reviews carried out by the Service Manager and the Senior Charge Nurses. A local action plan has been commenced to facilitate an early response to issues identified.

Midlothian Integration Joint Board

- 3.6 Midlothian HSCP overview of Midlothian care homes continues to provide assurance about the standards of care for residents. All Midlothian care homes continue to submit daily data through the electronic reporting system, TURAS. This system reports directly to the Scottish Government. HSCP managers have access to this data and monitor this as part of the daily assurance calls to care homes. The Care Home Support Team (CHST) continues to offer regular targeted support to Midlothian care homes, with the current focus being on completion of the updated Care Home Assurance Tool. The weekly teleconference, chaired by Midlothian Service Manager continues with all Midlothian care homes. The HSCP Daily Care Home Assurance meeting continues to monitor all data and reports, agree actions required and escalate concerns.
- 3.7 In preparation for winter weather and potential supply chain difficulties due to Brexit, clinical teams have been asked to order additional essential supplies to hold as a 'buffer' against any delays in the supply chain. It has also been suggested to Midlothian care homes that they take similar action. In addition updated resilience plans have been requested with specific detail about PPE, clinical supplies and staffing contingency.
- 3.8 Management of incidents in Midlothian HSCP has been reviewed. A monthly commissioning meeting has been put in place to monitor significant adverse events. Monitoring of overall numbers of incidents under review is a standing item on Senior Management Team agenda. Learning from all events is shared within teams and between teams through the Clinical and Care Governance Group.

#### 4 **Policy Implications**

4.1 This report should provide assurance to the IJB that relevant clinical and care policies are being appropriately implemented in Midlothian.

#### 5 Directions

5.1 Clinical and Care Governance is implicit in various Directions that relate to the delivery of care.

#### 6 Equalities Implications

6.1 Any equalities implications will be addressed by service managers as they arise. There are no specific policy implications arising from this report.

#### 7 **Resource Implications**

7.1 Any resource implications will be identified by managers as part of service development, and additional resource may at times be required to ensure good clinical and care governance arrangements. There exists an expectation of staff time to attend the Clinical and Care Governance Group meetings and that they will ensure this work is embedded in local areas/teams.

### 8 Risk

- 8.1 This report is intended to keep the IJB informed of local governance arrangements and any related risks and to provide assurance to members around continuous improvement and monitoring.
- 8.2 All risks associated with the delivery of services are monitored by managers and where appropriate they are reflected in the risk register.

#### 9 Involving people

- 9.1 Midlothian staff will be involved in the development and ongoing monitoring of processes related to clinical and care governance.
- 9.2 Public representatives on the IJB will have an opportunity to provide feedback and ideas.

### **10 Background Papers**

#### 10.1

AUTHOR'S NAME	Caroline Myles
DESIGNATION	Chief Nurse
CONTACT INFO	0131 271 3947
DATE	10th December 2020



# Unannounced Inspection Report

# **Hospital Inspection**

Midlothian Community Hospital NHS Lothian

22–24 September 2020

This report is embargoed until 10.00am on Tuesday 1 December 2020

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# **CONFIDENTIAL – DRAFT REPORT**

Healthcare Improvement Scotland is committed to equality. We have assessed the inspection function for likely impact on equality protected characteristics as defined by age, disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race, religion or belief, sex, and sexual orientation (Equality Act 2010). You can request a copy of the equality impact assessment report from the Healthcare Improvement Scotland Equality and Diversity Officer on 0141 225 6999 or email <u>contactpublicinvolvement.his@nhs.net</u>

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#### www.healthcareimprovementscotland.org

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# **About our Hospital inspections**

# Background

- 1. Prior to March 2020, Healthcare Improvement Scotland inspection activity included:
  - Safety and Cleanliness inspections carried out against Healthcare Associated Infection (HAI) standards, in both acute and community hospitals, and
  - Care of Older People in Acute Hospital (OPAH) inspections carried out in acute hospitals (inpatient ward areas) caring for older people.
- During the COVID-19 pandemic, in March 2020, a letter was issued from Healthcare Improvement Scotland to all NHS Board Chief Executives and Integrated Joint Boards (IJB) Chief Officers to advise that the inspections of NHS facilities in Scotland would be paused until further notice.
- 3. In May 2020, Healthcare Improvement Scotland received a letter from the Chief Nursing Officer (CNO) Directorate of Scottish Government requesting that hospital inspections be reinstated due to the number of COVID-19 related outbreaks in hospital sites. As COVID-19 outbreaks appear to affect older people, our inspections will have a combined focus on Safety and Cleanliness and Care of Older People in Hospital.
- 4. We have adapted our current inspection methodology for safety and cleanliness and care of older people as a result of this combined focus. We will measure NHS boards against a range of standards, best practice statements and other national documents, including the Care of Older People in Hospital Standards (2015) and Healthcare Associated Infection (HAI) standards (2015). A list of relevant national standards, guidance and best practice can be found in Appendix 3.
- 5. During our inspection, we identify areas where NHS boards are to take actions and these are called requirements.
- 6. A requirement sets out what action is required from an NHS board to comply with national standards, other national guidance and best practice in healthcare. A requirement means the hospital or service has not met the standards and we are concerned about the impact this has on patients using the hospital or service. We expect that all requirements are addressed and the necessary improvements are made.

## **Our focus**

- 7. Given the impact of COVID-19, our inspections will focus on ensuring that older people in hospital receive care that:
  - meets their care needs in relation to food, fluid and nutrition, falls and the prevention and management of pressure ulcers
  - manages risks specifically for standard infection prevention and control precautions, falls, and the prevention and management of pressure ulcers, and
  - is safe and effective, and in line with current standards, best practice and delivered with local systems and policies in place to effectively manage the care provided.
- 8. The flow chart in Appendix 4 summarises our inspection process.
- 9. We will report our findings under three key outcomes:
  - people's health and wellbeing are supported and safeguarded during the COVID-19 pandemic
  - infection control practices support a safe environment for both people experiencing care and staff, and
  - staffing arrangements are responsive to the changing needs of people experiencing care.

# A summary of our inspection

# About the hospital we inspected

10. Midlothian Community Hospital, Bonnyrigg is a 60 bedded hospital. The hospital provides a wide range of services for care of older people. This includes hospital-based complex clinical care, rehabilitation and mental health services.

### **About our inspection**

- 11. We carried out an unannounced inspection to Midlothian Community Hospital, NHS Lothian from Tuesday 22 – Wednesday 23 September 2020, and we inspected the following areas:
  - Edenview (elderly rehabilitation), and
  - Loanesk (elderly hospital-based complex clinical care).
- 12. On Thursday 24 September 2020, we held a virtual discussion session with key members of NHS Lothian staff.
- 13. During the inspection, we:
  - spoke with staff and used additional tools to gather more information. In both wards, we used a mealtime observation tool
  - observed infection control practice of staff at the point of care
  - observed interactions between staff and patients
  - inspected ward environments and patient equipment, and
  - reviewed patient health records to check the care we observed was as described in the care plans. We reviewed all patient health records for infection prevention and control management, food, fluid and nutrition, falls, and pressure ulcer care.
- 14. We would like to thank NHS Lothian and in particular all staff at Midlothian Community Hospital for their assistance during the inspection.

#### **Key messages**

- 15. We noted areas where NHS Lothian is performing well and where they could do better, including the following:
  - Patients were treated with dignity and respect.
  - There was good verbal communication between the ward teams to ensure safe delivery of care.

Healthcare Improvement Scotland Unannounced Inspection Report (Midlothian Community Hospital, NHS Lothian): 22–24 September 2020

- Staff must perform hand hygiene at appropriate opportunities.
- The patient's oral health status should be considered and recorded as part of the nutritional assessment for all patients.

## What action we expect the NHS board to take after our inspection

- This inspection resulted in two areas of good practice and seven requirements. A full list of the areas of good practice and requirements can be found in Appendices 1 and 2, respectively on pages 19 and 20.
- 17. We expect NHS Lothian to address the requirements. The NHS board must prioritise the requirements to meet a national standard. An improvement action plan has been developed by the NHS board and is available on the Healthcare Improvement Scotland website: www.healthcareimprovementscotland.org

# What we found during this inspection

# People's health and wellbeing are supported and safeguarded during the COVID-19 pandemic

Key areas include the extent to which:

- people's rights are respected, and they are treated with dignity and respect
- people are enabled and supported to stay connected
- people's physical, mental and emotional health is promoted.

## Treating older people with compassion, dignity and respect

- 18. We saw all patients were treated with dignity and respect, staff addressed patients in a respectful manner and all interactions seen were positive. Patients appeared well cared for, and nurse call bells were not often heard as staff were attentive to patient needs.
- 19. Patients were cared for in large, spacious single rooms with ensuite facilities.
- 20. We were told that patients were able to keep in touch with relatives by telephone and video call.
- 21. Care plans were in place for communication. These detailed how staff should communicate with family, power of attorneys or legal guardians to provide information if they were not able to visit the hospital. We also saw staff speaking with relatives who were able to visit the ward.
- 22. We were told that during lockdown, when visiting was restricted, patient's relatives could meet staff outside the hospital to handover items of clothing and many used this opportunity to drop off additional snacks for their relatives.

#### **Screening and assessments**

- 23. We reviewed NHS Lothian's electronic patient health record system, with a member of ward staff, for initial assessments including, falls, food, fluid and nutrition, infection prevention and control and pressure area care.
- 24. At previous OPAH inspections to NHS Lothian, we reported issues with staff having difficulty accessing information within the electronic system. During this inspection, the majority of staff were able to access information regarding assessment and care planning.

- 25. We were told that both wards have a 'champion' of the electronic system to support staff who are less experienced using the system and that training is also available.
- 26. Of the electronic patient health records reviewed, we saw that the majority of patients generally had assessments completed at the point of admission to hospital, and that these were updated on transfer of care. However, we noted that despite there being a place to record the patients' usual weight, it was not recorded in the patient's health record, or if the patient had reported any recent weight loss. This information is required for the accurate completion of Malnutrition Universal Screening Tool (MUST).
- 27. The Food, Fluid and Nutritional Care Standards state that the patient's oral health status should be considered and recorded as part of the nutritional assessment for all patients. During our inspection, we saw that the electronic patient health record system does not include an oral health screening tool. Staff told us that they would generate a care plan if the patient required assistance with oral care.
- 28. The falls and pressure area care reassessments were generally well completed, in line with local policy.

## **Care planning**

- 29. The assessments contained within the electronic patient health record system will trigger a care plan, where a need is identified. Staff can also add additional care plans, if required.
- 30. We saw that the majority of care plans in place were linked to assessments such as MUST, falls, pressure area care and infection, prevention and control. Some contained a good level of detail to guide care with evidence of ongoing review. However, we saw that some additional care needs were not reflected in the patient's electronic health record. For example, patients requiring assistance with eating and drinking.
- 31. As well as care plans linked to assessments, we saw that some additional care plans were in place, for example communication with families because of the restrictions in visiting, due to COVID-19. We also saw some care plans in place for oral care, which detailed the assistance required, and frequency for maintaining oral hygiene.
- 32. Care rounding is when staff check on individual patients at defined, regular intervals to anticipate any care needs they may have. All patient health records reviewed had a care rounding chart in place. The decision for the frequency of care rounding was informed by the patients' care plans for the management of falls, pressure ulcer prevention and other care needs. Care rounding was generally well completed within the prescribed timeframes.

# Food, fluid and nutrition (incl. mealtimes)

- 33. We observed a mealtime in both wards, and noted that there was no mealtime preparation such as offering hand hygiene to patients. In one ward, physiotherapists used the opportunity of the mealtime to assess the patient for getting out of bed and transferring into a chair.
- 34. The coordination of the mealtime varied between wards. In one ward, there was no clear process for serving meals, some staff did not know who had received a meal and who had not. Several patients were not well positioned to eat their meal, meaning that the meal was left until staff were able to assist them with repositioning.
- 35. In one ward, several patients were seen to return their meal as they did not want the meal that had been ordered for them. Staff offered alternative options.
- 36. Both wards inspected had a nutritional board to communicate information to staff about patients requiring special or modified diets, fluid balance charts, food record charts and oral nutritional supplements. One ward also used this to highlight those patients requiring assistance and their likes/dislikes, however this information was not always up to date.
- 37. Adaptive aids were available, such as cutlery and plate guards for those patients who required them. Some staff were seated at the patient level whilst assisting patients with their meal so that this was done in a dignified manner. However, two staff members stood over the patient whilst assisting them.
- 38. Both wards stocked a wide range of snacks to offer patients throughout the day. Additional snacks, such as sandwiches and cakes could be ordered from the kitchen for those patients who required them.
- 39. Patients had access to drinks such as water and juice which staff refreshed throughout the day. Hot drinks were also offered at various times.
- 40. We saw that some patients had a fluid balance chart in place, however, we found variable completion of these.
  - The input and output was not always accurately completed.
  - There were no goals or guidance to inform any decision on what should be escalated.
  - It was unclear how the cumulative total over a number days was being monitored to inform future treatment decisions.
- Food record charts were in place for two of the three patients who needed them. The charts were fully completed for all snacks and mealtimes taken.
   However, we observed staff removing plates without charts being filled in and

then later asking patients if they could recall what they had eaten. Therefore, we cannot be assured of the accuracy of these charts.

- 42. Some patients required input from the dietitian or speech and language therapist. Referrals are made by telephone or through the electronic system, if necessary. There was evidence within the patients' health records of ongoing review. Advice given to staff was captured on the wards nutritional board. Staff told us that many patients come to the ward with dietetic input already in place which is then continued on the ward. At the beginning of the COVID-19 pandemic, dietitians contacted the ward to review patients by telephone where possible, but did visit to review patients who needed additional input.
- 43. One patient required oral nutritional supplements and these were prescribed on the patients medication prescription chart.
- 44. As no oral health assessments were in use, we were unable to state how many patients required assistance with oral hygiene. The care rounding documents in use contained a section for staff to record when oral care had been given. There was variable completion of this section of the care rounding documents. Some patients had oral care recorded consistently every day, whilst other patients had days with no oral care documented as being given.

## **Prevention and management of falls**

- 45. The care rounding documents in use contained a section for the prevention of falls. This prompts staff to check that appropriate footwear is being worn, mobility aids, glasses, hearing aids and nurse call bells are within reach, and that the chair and bed height are appropriate for the patient's needs. There is also a section to record if a falls alarm is in use and attached. The guidance notes for staff state they should ensure it is working correctly, however staff told us that they do not routinely check this and would rely on hearing the alarm sounding when activated.
- 46. Assessment and care planning is essential when considering the use of technology in the management of falls. During the inspection, three patients had a falls alarm in place, however there was no supporting documentation or risk assessment completed to support its use. The falls care plans in use did not detail how the alarm will be monitored, what interventions are expected if the alarm is activated, or when the decision for the need for the alarm will be reviewed.
- 47. Staff told us that they do not use any risk assessment to guide the decision for the use of falls alarms, and that no guidance document is available to them. Staff told us that if the patient could not consent to the alarm being in place, they would seek permission of relatives or any legal proxy, such as power of attorney.

Healthcare Improvement Scotland Unannounced Inspection Report (Midlothian Community Hospital, NHS Lothian): 22–24 September 2020 48. Staff on all wards can access physiotherapy and occupational therapy input, when required, this continued throughout COVID-19. During the inspection, we saw physiotherapists assisting patients and evidence of this in the patients' health records.

#### Pressure ulcer prevention and management

- 49. If a patient's Pressure Ulcer Risk Assessment (Waterlow) considers them to be at risk of pressure ulcers, then a SSKIN Bundle (skin, surface, keep moving, incontinence and nutrition) should be implemented.
- 50. The SSKIN bundle is contained within the care rounding document. All patients who required a SSKIN Bundle had this in place. We found the following.
  - The type of mattress was detailed on the front of the monthly care rounding document as well as in the care plan.
  - The SSKIN bundle elements of the care rounding document were generally well completed within the prescribed timeframes. There were some days where the frequency of care was not prescribed.
  - However, there were some entries showing the patient had been in the same position for prolonged periods of time with no explanation for this.
  - We saw some examples of skin damage such as redness being recorded, but it did not state the skin area it was located, despite there being a place for staff to record this.
- 51. We were provided with evidence that showed there had been no pressure ulcers that had developed in Midlothian Community Hospital in the past 18 months.
- 52. The tissue viability service can be contacted by phone for advice as well as through the electronic system. Staff told us that the tissue viability nurses are very approachable, supportive and can attend the ward from the acute or community setting.

### Access to equipment

- 53. All wards inspected had access to different types of weighing scales, such as sit on or hoist scales and all were calibrated.
- 54. A range of equipment for the management of falls and pressure ulcer care was available to staff in all wards. This included high and low beds, pressure relieving mattresses and cushions, heel protectors and falls alarms.

#### Area of good practice

Good availability and range of snacks for patients.

#### Requirements

- NHS Lothian must ensure that all older people who are admitted to hospital are accurately assessed in line with the national standards. This includes nutritional screening and assessment including oral health assessment. There must be evidence of accurate reassessment, where required
- 2. NHS Lothian must ensure that mealtimes are managed consistently in a way that ensures that patients are prepared for meals, including hand hygiene. The NHS board should also ensure that the principles of Making Meals Matter are implemented.
- **3.** NHS Lothian must ensure that food record and fluid balance charts are commenced and accurately completed for patients who require them, and appropriate action is taken in relation to intake or output, as required.
- 4. NHS Lothian must ensure that where falls alarms are in use that consideration is given to the Mental Welfare Commissions Decisions about technology (Good Practice Guide, September 2015) to ensure that the individual's human rights are met. They must also ensure that systems are in place to ensure the correct maintenance and use of the falls alarms.

# Infection control practices support a safe environment for both people experiencing care and staff

Key areas include the extent to which:

• people are protected as staff take all necessary precautions to prevent the spread of infection.

## **Physical distancing**

55. All staff observed physical distancing, where possible and staff in clinical areas wore surgical face masks at all times. Physical distancing was promoted with posters throughout the hospital, including guidance on how many people could be in staff rooms and kitchens at the same time.

## Standard infection prevention and control precautions

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- 56. Compliance with standard infection control precautions such as linen, waste and sharps management was good.
- 57. Hand hygiene facilities, including alcohol-based hand rub were readily available throughout the clinical areas and were easily accessible.
- 58. Most staff were bare below the elbows, in line with the Health Protection Scotland's *National Infection Prevention and Control Manual* in order to effectively perform hand hygiene. Any exceptions were raised at the time of inspection.
- 59. The majority of staff wore personal protective equipment appropriately, however some staffs' over used gloves during mealtimes which prevented them from performing hand hygiene at the correct times. We also saw most staff involved in the serving of meals also wore disposable single-use gloves and these were rarely changed. We were told by the infection control team that staff are expected to wear a fluid resistant surgical face mask and a disposable apron during mealtimes, and perform hand hygiene in line with the World Health Organization's 5 moments for Hand Hygiene.
- 60. We saw sufficient stocks of personal protective equipment for staff and visitors on the wards.
- 61. Staff we spoke with told us that they had sufficient uniforms for each shift. They told us they laundered these at home separately from other items, and at the correct temperature, in line with national guidance.
- 62. All staff spoken with were able to correctly describe the process for cleaning blood or body fluid spillages. Chlorine-based detergents used by domestic staff were appropriate and within expiry date.

## **Transmission based precautions**

- 63. At the time of our inspection, visitors were allowed in the hospital as per the national COVID-19 guidance for visiting. Each ward had a system in place to reduce the risks to patients, staff and visitors. Staff had communicated these arrangements to patients and their visitors.
- 64. We saw that an appointment system was used and no more than two visitors were allowed in the ward at one time. Visiting slots were booked for one hour at a time.
- 65. At the time of our inspection, there were no patients with suspected or confirmed COVID-19. There are processes in place for the regular testing for COVID-19 of patients, including prior to transfer to another care facility. There are also arrangements for testing of staff, if required.
- 66. In line with Scottish Government guidance at the time of our inspection, patients aged over 70 were tested for COVID-19 on admission to the ward, and

Healthcare Improvement Scotland Unannounced Inspection Report (Midlothian Community Hospital, NHS Lothian): 22–24 September 2020 every fourth day thereafter. Other patients are tested if symptomatic. Patients would require two negative results within 24 hours before being discharged to a care home.

- 67. One ward, that had previously had an outbreak of COVID-19, told us that the infection prevention and control team were fully involved in the outbreak. This included visiting the ward daily to assess the outbreak and provide specialist advice.
- 68. Where patients were isolated for other reasons, appropriate transmission based precautions were in place. There was signage on the door to highlight that precautions were in place and personal protective equipment was available. Isolation room doors should be kept closed, however we saw many patients in isolation had their doors open for safety reasons. These were stated on the failure to isolate risk assessments that were in place for these patients.
- 69. Staff were able to describe the correct precautions that should be in place for a patient in isolation, however this knowledge was not always put into practice. For example, we saw that staff did not always remove single-use personal protective equipment after attending a patient in isolation. This was raised at the time of inspection.

## Audits, policies, procedures and guidelines

- 70. We were provided with evidence of audit activity carried out by ward staff, and by the infection prevention and control team. Staff told us that the electronic system that generates the action plan for ward level audits was not working at the time of inspection. We saw that the data was still being collected and we were told that it would be put into the system retrospectively.
- 71. All ward staff were aware of audit activity with results of audits including areas for improvement being shared with staff during the safety brief.

### **Patient equipment**

72. The majority of patient equipment was found to be clean. Any exceptions were raised at the time of inspection.

#### Environment

73. The ward areas were clean and mostly well maintained. Appropriate chlorinebased cleaning solution was used for all surface areas. Frequently touched surfaces such as, handrails and door handles were cleaned in line with national guidance. 74. Staff told us they have sufficient equipment, and domestic staff were able to demonstrate the correct process and products for cleaning. We saw daily and weekly cleaning schedules in place for all rooms and communal areas. There was also schedules for cleaning of frequently touched areas.

### **Estates**

- 75. Midlothian Community Hospital is a Private Finance Initiative (PFI) building with the estates team managed by an external contractor. Staff told us that any estates issues are picked up on the senior charge nurse's walkround assurance tool and the domestic supervisors monitoring tool. Staff can also report any issues by telephone and this is recorded in a ward log book. Staff told us that reported issues are usually fixed the same day. If there are any delays, this is communicated to staff with an estimated timeframe.
- 76. We were provided with evidence that all infrequently used water outlets were flushed by the maintenance team. We also saw records to demonstrate that showerheads were cleaned appropriately.

#### Requirements

- 5. NHS Lothian must ensure that all staff perform hand hygiene at appropriate opportunities, as per the World Health Organisation's Five Moments for Hand Hygiene guidelines.
- **6.** NHS Lothian must ensure that all staff use Personal Protective equipment in line with the Health Protection Scotland National Infection Prevention and control manual.

# Staffing arrangements are responsive to the changing needs of people experiencing care

Key areas include the extent to which:

- staffing arrangements are right and are responsive and flexible
- staff are well supported and confident
- staff knowledge and skills improve outcomes for people.

## **Staffing resource**

77. Senior charge nurses told us that they value their domestic staff and the work they do. We were told that domestic resource is good and they do not usually have any issues with domestic cleaning. They told us that if they had any concerns they can escalate these to the domestic supervisor, if necessary.

- 78. Senior charge nurses told us they had adequate staffing and they are able to use the nurse bank, if required. Systems were in place to escalate any concerns.
- 79. When wards were reconfigured due to COVID-19, staff from other areas were moved to provide a good skill mix across all wards, to ensure patient safety.
- 80. In one ward, staff told us that as the ward was allocated as a COVID-19 rehab ward during the height of the pandemic. This meant that additional support was provided by a palliative care consultant, and Marie Curie nurses to ensure that specialist care was given to any patient who was at the end of their life.
- 81. Domestic staff told us they usually always have enough time to complete their duties. If they feel they need help or when deep cleans are needed, the domestic supervisor will send an additional domestic staff member to help.

## Communication

- 82. There was good verbal communication between the ward teams to ensure safe delivery of care. Staff used handovers, safety briefs and alert signs to communicate risks such as infection or falls risks.
- 83. In both wards, we saw a whiteboard in the ward corridor which was visible to visitors. The whiteboards showed a range of information about named individual patients such as discharge destination, infection, occupational and physiotherapy input and alerts for falls and wounds. This does not maintain patients' privacy because of their placement in a public area of the ward.
- 84. As stated previously, NHS Lothian use an electronic patient health record. In one ward, we saw some entries detailing what care had been given that day. Staff in another ward told us that they will not routinely make an entry every day and will report by exception where care has changed from the care plan. We were told that this reflects a local decision in NHS Lothian, allowing staff autonomy with the frequency of evaluation, and updating of care plans determined on an individual's needs. Particularly in areas where due to a lengthy stay and more stable health issues, elements of the individuals care plan will require less frequent assessment.
- 85. Staff told us the infection prevention and control team are supportive and can be contacted by telephone. Posters are displayed on the wards with the infection prevention and control teams contact details and where to access infection control information.

## Leadership, education and training

86. Wards appeared calm and organised with evidence of good team working. It was clear who was in charge of the ward.

Healthcare Improvement Scotland Unannounced Inspection Report (Midlothian Community Hospital, NHS Lothian): 22–24 September 2020

- 87. Senior charge nurses were aware of the mandatory requirements for staff completion of infection prevention and control education. We were provided with compliance rates of completion for mandatory training for the wards inspected, which were good.
- 88. During the discussion session, we were told that mandatory face to face training sessions had been paused due to COVID-19 and the need for physical distancing. We were told that some sessions had recently been recommenced virtually.
- 89. We saw evidence of education provided to domestic staff on how to safely put on and take off personal protective equipment.
- 90. Ward staff we spoke with showed us that NHS Lothian had provided staff with online COVID-19 information that was available on the intranet and updated daily. This included links to the most recent Scottish Government guidance for work places, such as how to wear a face mask correctly and car sharing guidance. Guidance for use at home included, the rule of six, the Protect Scotland app, and where staff can access mental health support.
- 91. Staff could also access training specific to food, fluid and nutrition, falls and pressure ulcer prevention and management. Training could be accessed online. We also saw monthly toolbox talks available for staff that covered various topics including infection prevention and control, falls and patient confidentiality.
- 92. The wards had link nurses/champions for a range of topics including: falls, food, fluid and nutrition, tissue viability and infection prevention and control. They are available for advice and support and will share information from any meetings or training they have attended.
- 93. Staff told us they felt supported by senior management throughout the pandemic and stated they always felt safe at work with no supply issues for personal protective equipment.

#### Area of good practice

Good support and resources for staff during COVID-19.

#### Requirement

7. NHS Lothian should ensure that patient identifiable information, such as risk alerts and care needs details, are not on public display. This will ensure that patient privacy is respected.

Healthcare Improvement Scotland Unannounced Inspection Report (Midlothian Community Hospital, NHS Lothian): 22–24 September 2020

# **Appendix 1 – Areas of good practice**

People's health and wellbeing are supported and safeguarded during the COVID-19 pandemic

**1** Good availability and range of snacks for patients (see page 13).

# Staffing arrangements are responsive to the changing needs of people experiencing care.

2 Good support and resources for staff during COVID-19 (see page 18).

# **Appendix 2 – Requirements**

# People's health and wellbeing are supported and safeguarded during the COVID-19 pandemic

1 NHS Lothian must ensure that all older people who are admitted to hospital are accurately assessed in line with the national standards. This includes nutritional screening and assessment including oral health assessment. There must be evidence of accurate reassessment, where required (see page 13).

This is to comply with Food, Fluid and Nutritional Care Standards (2014) criteria 2.1, 2.2 2.3 and 2.4.

2 NHS Lothian must ensure that mealtimes are managed consistently in a way that ensures that patients are prepared for meals, including hand hygiene. The NHS board should also ensure that the principles of Making Meals Matter are implemented (see page 13).

This is to comply with the Food, Fluid and Nutritional Care Standards (2014) criteria 4.7 and 4.8.

**3** NHS Lothian must ensure that food record and fluid balance charts are commenced and accurately completed for patients who require them, and appropriate action is taken in relation to intake or output, as required (see page 13).

This is to comply with the Food, Fluid and Nutritional Care Standards (2014) Criterion 4.1(g).

4 NHS Lothian must ensure that where falls alarms are in use that consideration is given to the Mental Welfare Commissions Decisions about technology (Good Practice Guide, September 2015) to ensure that the individual's human rights are met. They must also ensure that systems are in place to ensure the correct maintenance and use of the falls alarms (see page 13).

This is to comply with Section 1.5.3 of the Human Rights Act, 1998 and the Mental Welfare Commission for Scotland's Decisions about technology (Good Practice Guide, September 2015).

Infection control practices support a safe environment for both people experiencing care and staff.

**5** NHS Lothian must ensure that all staff perform hand hygiene at appropriate opportunities, as per the World Health Organisation's Five Moments for Hand Hygiene guidelines (see page 16).

This is to comply with Healthcare Associated Infection (HAI) standards (2015) Criterion 6.1

**6** NHS Lothian must ensure that all staff adhere to the guidance for use of PPE when moving between isolation rooms and the appropriate use of gloves (see page 16).

This is to comply with Healthcare Associated Infection (HAI) standards (2015) Criterion 6.1

# Staffing arrangements are responsive to the changing needs of people experiencing care.

7 NHS Lothian should ensure that patient identifiable information, such as risk alerts and care needs details, are not on public display. This will ensure that patient privacy is respected (see page 18).

# **Appendix 3 – List of national guidance**

The following national standards, guidance and best practice are relevant to the inspection of the care of older people in acute hospitals.

- **COVID-19: infection prevention and control guidance** (Public Health England, June 2020)
- Publication of COVID-19: Endorsed Guidance For NHS Scotland Staff and Managers on Coronavirus (Scottish Government, DL (2020)
- Healthcare Associated Infection (HAI) standards (Healthcare Improvement Scotland, February 2015)
- Best Practice Statement for Working with Dependent Older People to Achieve Good Oral Health (NHS Quality Improvement Scotland, May 2005)
- **Care of Older People in Hospital Standards** (Healthcare Improvement Scotland, June 2015)
- **Prevention and Management of Pressure Ulcers Standards** (Healthcare Improvement Scotland, October 2020)
- Food, Fluid and Nutritional Care Standards (Healthcare Improvement Scotland, October 2014)
- **Complex Nutritional Care Standards** (Healthcare Improvement Scotland, December 2015)
- The Code: Professional Standards of Practice and Behaviour for Nurses and Midwives (Nursing & Midwifery Council, January 2015)
- Generic Medical Record Keeping Standards (Royal College of Physicians, November 2009)
- Allied Health Professions (AHP) Standards (Health and Care Professionals Council Standards of Conduct, Performance and Ethics, January 2016)

# **Appendix 4 – Inspection process flow chart**

#### **Before inspection**

Before the inspection, we review a range of information, including information provided to us from our Data Measurement and Business Intelligence team. This includes COVID-19 related data and hospital acquired infection data. We will also review the NHS board's previous inspection reports and action plans, where these are available.

#### **During inspection**

We arrive at the hospital and inspect a selection of wards and departments.

We use a range of inspection tools to help us assess the standard of care for older people in hospital, as well as the physical environment and compliance with standard infection control precautions.

Where appropriate, we have discussions with staff during the onsite inspection.

Following the onsite inspection, we hold a virtual discussion session with key members of staff from the NHS board.

We provide written high-level feedback to the NHS board. This is followed up by a phone call with the Lead Inspector.

If significant concerns are identified, we will implement our escalation procedure or consider carrying out a follow-up inspection of the hospital.

#### After inspection

We publish reports for patients and the public based on what we find during inspections. NHS Staff can use our reports to find out what other hospitals or services do well and use this information to help make improvements. Our reports are available on our website at www.healthcareimprovementscotland.org

We require NHS boards to develop, and then update, an improvement action plan to address the requirements we make. We check progress against the improvement action plan.

Healthcare Improvement Scotland Unannounced Inspection Report (Midlothian Community Hospital, NHS Lothian): 22–24 September 2020 Before

During

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You can read and download this document from our website. We are happy to consider requests for other languages or formats. Please contact our Equality and Diversity Advisor on 0141 225 6999 or email contactpublicinvolvement.his@nhs.net

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# 10<sup>th</sup> December 2020 2pm

# Finance Update for 2020/21 and 5 Year Financial Plan

Item number:

5.9

#### **Executive summary**

This report provides an update to the IJB on its updated projected year end outturn, undertaken by both the IJB partners Midlothian Council and NHS Lothian at Month 6.

Please note that since this forecast both IJB's partners have had confirmation on the COVID additional funding, this in not included in these forecasts as this had not been confirmed at that point, and therefore an illustrative adjustment has been made to the pre COVID funding positions.

This report presents the Board with a medium term rolling 5 year financial plan (2020/21 to 2024/25) for noting which was prepared in a Business as Usual, pre COVID scenario and will be refined when clarity on future service provision is known.

#### Board members are asked to:

- 1. Note the Month 6 financial reviews undertaken by partners
- 2. Note the impact COVID has had on the IJB financial position.
- 3. Note the COVID funding that has been confirmed since this review
- 4. Note the pre-pandemic medium term rolling 5 year financial plan

# Finance Update – Month 6 2020/21

#### 1 Purpose

1.1 This report lays out the results of the partner's (Midlothian Council and NHS Lothian) Month 6 financial reviews and considers how this impacts on the projected financial position for the IJB for 2020/21.

#### 2 **Recommendations**

- 2.1 As a result of this report Members are being asked to:-
  - Note the position as laid out below
  - Note the impact COVID has had on the IJB financial position
  - Note the confirmed COVID funding not yet showing in these positions
  - Note the 5 year Financial Plan which was prepared pre COVID on a Business as Usual basis

#### **3** Background and main report

- 3.1 The COVID-19 pandemic is ongoing and the financial risks to Health & Social Care will continue to change over these uncertain and volatile times. COVID-19 represents an unprecedented challenge for the delivery of health and social care services and there is significant uncertainty and additional costs arising in 2020/21.The financial position for the IJB remains a challenge to report and should be read in the context of these unpredictable times.
- 3.2 The financial impact of COVID-19, both in terms of the impact of the actual costs incurred to date, as well as the implication for the rest of the financial year continues to be reviewed. Finance teams in both organisations continue to monitor the extent to which the projected overspend relates to: the 'core' (i.e. underlying operational) position; the impact of COVID-19 on costs incurred to date; and any (future) financial consequences of mobilisation/remobilisation.
- 3.3 The Month 6 financial review position for the IJB is a projected overspend of (£3.4m) at the year end and is shown below. This position should be read in the context that no additional funding for COVID-19 was assumed at this stage. Table 1 below shows the Month 6 position.

	Annual Budget	Forecast	Month 6 Forecast Outturn
	£k	£k	£k
Core	65,879	68,482	(2,603)
Hosted	15,075	15,071	4

Midlothian Integration Joint Board

Set Aside	17,298	18,157	(859)
Health	98,252	101,710	(3,458)
Social Care	44,985	44,504	481
Total	98,252	101,710	(3,458)

Table 1 IJB Month 6 review forecast

- 3.4 Since the above forecast, Midlothian HSCP has confirmed funding of £4.2m to cover COVID-19 costs. The allocation was based on the outputs of the mobilisation and remobilisation plans submitted to Scottish Government (SG) but does not cover all gross costs incurred (see table 3). The £4.2m is made up of £1.2m of funding to support additional social care costs which was reported at the last IJB and an allocation based on the financial return to SG of which Midlothian HSCP share was £3m. Funding allocations to date exclude any for GP Prescribing and FHS contractors. Funding for FHS contractor additional costs has been received by the Health Board during November 2020, the basis of allocation is being reviewed therefore as yet not allocated to a partnership level.
- 3.5 At a high level this Month 6 forecast should be adjusted to take account further COVID-19 costs not included in this outturn, the funding now confirmed and operational underspends across the system, although many of these elements are difficult to predict due to the volatility of the situation.

	Adjusted
	Month 6
	Forecast
	Outturn
	£k
Month 6 Forecast Outturn	-3,458
Additional COVID costs projected but not included above	-2,500
COVID Funding for Midlothian Health & Social Care	4,178
Underlying operational underspends to offset COVID costs	1780
Additional costs for GMS and Prescribing	-1312
Additional funding for GMS and Prescribing	1312
Adjusted Forecast after COVID Funding	0
Table O Midlathian adjusted and turn offen OOV/D funding	

Table 2 Midlothian adjusted out turn after COVID funding

3.6 Although the overall COVID costs were projected at £7.4m at Quarter 2, it is important to note that forecasts are volatile and change regularly as we continue to alter our services to deal with the 2nd COVID-19 wave. Updated cost projections are fed into Scottish Government through NHS Lothian regularly. A summary of projected costs at Quarter 2 is shown below.

Forecast COVID Costs for 2020/21	£k
Additional Bed capacity cost	180
Sustainability Payments	2,025
Additional Staffing	724
Community Assessment Hub	162
Delayed Discharge Reductions	1,686
Digital	75
FHS Contractors	406
Loss of income	384
Other	279

Midlothian Integration Joint Board

PPE	100
GP Prescribing	906
Savings	492
COVID Projected Costs	7,419

Table 3: Midlothian IJB COVID 2020-21 Forecast

- **3.7** As notes above these plans and cost projections change regularly as we continue to alter our services to deal with the 2nd COVID-19 wave. An example of this is that since Quarter 2 submission an additional hospital beds at MLCH have been commissioned, resulting in an additional £400k since this Quarter 2 forecast position above.
- **3.8** For 2020/21, as additional funding has been received the financial risk has reduced accordingly and although difficult to give assurance the IJB will break even, the risk is lower.

#### Midlothian IJB 5 year rolling financial plan 2020/21 to 2024/25

- 3.9 Future planning is required every year and always includes a number of assumptions which introduces a degree of risk. For 2021/22 of particular note is the requirement for services to continually adapt to changing remobilisation plans if further waves of COVID-19 occur. As highlighted above, regardless of COVID-19, there remains a significant financial challenge on the horizon for 2021/22 and the extent to which increased cost pressures will be met by the Scottish Government is unknown. The Scottish Budget will prioritise resources as effectively as possible to drive the country's economic recovery whilst managing the ongoing impact of the virus.
- 3.10 As in previous years, the IJB produces a longer term financial outlook and updates the IJB members on this throughout the financial year. Following acceptance of the formal budget offers for 2020/21 from both partners and indicative budget values for future years the IJBs rolling 5 year financial plan was developed in early 2020/21. Please note this was prepared before the significance of the pandemic was known and was based on "business as usual" planning assumptions. With the uncertainty attached to these extraordinary times the 5 year rolling financial plan should be viewed in the context of this volatile landscape.
- 3.11 The original financial assumptions "pre-pandemic" remain unchanged with the exception of 2020-21; at Month 6 the position is showing that a breakeven outcome is likely. This is likely to be a one-off position due to the unusual set off circumstances 2020-21 brings. Future year's financial plans will be updated when more intelligence is gathered regarding the plans for the new normal both in terms of funding and expenditure.
- 3.12 The overall position for the IJB is summarised in Table 4 below. A detailed breakdown is included in Appendix 1.

	20/21 £k	21/22 £k	22/23 £k	23/24 £k	24/25 £k
Total income	137,429	136,682	138,122	139,597	141,108
Total Expenditure	137,429	140,526	144,300	148,185	152,183
Gap before savings plans	(0)	(3,844)	(6,178)	(8,588)	(11,075)
% gap	(0%)	(3%)	(4%)	(6%)	(8%)

Table 4 IJB rolling five year financial plan

3.13 The Scottish Government published its medium term financial framework for Health and Social Care in October 2018 and this has supported the development of the rolling 5 year financial plan for the IJB. The rolling 5 year financial plan is based on formal budget offers for 2020/21, and indicative budget offers for the remaining years. Midlothian Council budget letter for 2021-20 indicated that the demographic budget uplift of £1,040k for 2020/21 should not be assumed to be recurring. Since then there has been informal discussion that this funding will continue, and is therefore included (showing as non-recurring each year). It has also been assumed that pay awards at 3% will continue to be funded each year. Table 5 summarises total anticipated delegated budgets over the next 5 years.

	20/21 £k	21/22 £k	22/23 £k	23/24 £k	24/25 £k
NHSL delegated base budget	87,409	90,251	91,020	91,804	92,603
Additional contributions	5,035	769	784	800	816
Total NHS income	92,444	91,020	91,804	92,603	93,419
MLC delegated base budget	42,289	43,986	44,623	45,278	45,953
Additional contributions	3,195	1,676	1,695	1,715	1,735
MLC savings target	(500)	0	0	0	0
Total MLC income	44,984	45,663	46,318	46,993	47,689
Total income	137,429	136,682	138,122	139,597	141,108

Table 5: Indicative IJB delegated budget 2020/21-2024/25

3.14 The projected costs of delegated services across the same period are shown below in Table 6. The modelling assumptions used to estimate future costs are described below.

	20/21 £k	21/22 £k	22/23 £k	23/24 £k	24/25 £k
Base expenditure	130,670	136,843	140,519	144,300	148,185
Price effects	3,266	2,251	2,307	2,366	2,433
Demographic change	1,390	1,431	1,474	1,519	1,564
Non demographic growth	2,103	0	0	0	0
Total expenditure	137,429	140,526	144,300	148,185	152,183

Table 6: Projected cost of delegated services 2020/21-2024/25

- 3.15 Future NHS Lothian costs within the financial plan are based on the detailed financial planning exercise conducted by NHS Lothian. Non-recurring base expenditure for 2020/21 has been adjusted for the additional COVID costs incurred.
- 3.16 For Midlothian Council a starting position of baseline expenditure for Social Care at £66k overspent (being the out-turn for 2019/20) was assumed. Future years increased expenditure was based on a combination of sources; pay awards from the analysis in the budget letter of 2020/21 and 3% thereafter, demographic growth at 3% and non-demographic known pressures of £2m.
- 3.17 Midlothian Social Care pressures of £2m represent the underlying system pressures that are often managed year to year through slippage in staffing budgets from vacancies or lower uptake on new funding streams. Although £1.45m additional budget was added to Midlothian Social Care recurringly in 2020/21, the increases in 2020/21 costs from pay awards, Care Home and Care at Home contracts exceeded this new funding, adding an estimated £500k pressure.

- 3.18 At this stage limited assurance can be given around the IJBs ability to break even in 2021/22 and there is a significant financial challenge on the horizon. The IJB should ask officers within the partnership to develop a financial recovery plans and update the IJB on progress against this plan at a future meeting.
- 3.19 On a general observation, as the Scottish Government continues to consider its response to changing circumstances, taking into account the whole of society and its needs. It is highly unlikely that all additional costs will be met with additional funding and increased pressures on public spending is inevitable. The IJB has to mitigate the challenges of this increased financial pressure of providing fit for purpose and value for money services for the people of Midlothian.

### 4 **Policy Implications**

4.1 There are no policy implications from this report.

#### 5 Directions

5.1 There are no implications on directions from this report.

#### **6** Equalities Implications

6.1 There are no equalities implications from this report.

## 7 **Resource Implications**

7.1 The resource implications are laid out above.

#### 8 Risk

- 8.1 Like any year end projection, the IJB relies on a number of assumptions and estimates each of which introduces a degree of risk. The "business as usual" risks raised by this report are already included within the IJB risk register.
- 8.2 Of particular note are:
  - forecasts will vary as service driven mobilisation and remobilisation plans are developed and financial impacts crystallised;
  - the extent to which COVID-19 costs will be met by the Scottish Government through the mobilisation planning process;
  - delivery of the savings and recovery programme in line with projections; and
  - That there will be no further waves of COVID-19;
  - The impact of Brexit is unknown and assumed to be cost neutral in estimates to the year end. Any additional Brexit-related costs have no additional funding allocations attached to them at this stage.

### 9 Involving people

9.1 The IJB papers are publically available.

### **10 Background Papers**

- 10.1 Scottish Government Medium Term Health and Social Care Financial Framework – October 2018
- 10.2 Midlothian Council Medium Term Financial Strategy- June 2019

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DATE	December 2020

Appendix 1 - Midlothian IJB 5 Year Rolling Plan 2020/21- 2024/25

Midlothian IJB 5 Year Financial Plan		2020/21			2021/22			2022/23			2023/24			2024/25	
	Rec	Non-Rec	Total	Rec	Non-Rec	Total	Rec	Non-Rec	Total	Rec	Non-Rec	Total	Rec	Non-Rec	Total
	£k	£k	£k	£k	£k	£k									
Income															
Recurring budget	129,698	0	129,698	134,237	0	134,237	135,642	0	135,642	137,082	0	137,082	138,557	0	138,557
Uplifts	4,845	1,040	5,885	1,405	1,040	2,445	1,440	1,040	2,480	1,475	1,040	2,515	1,511	1,040	2,551
Other adjustments	-306	2,151	1,845	0	0	0	0	0	0	0	0	0	0	0	0
Total Income	134,237	3,191	137,429	135,642	1,040	136,682	137,082	1,040	138,122	138,557	1,040	139,597	140,068	1,040	141,108
Expenditure															
Baseline expenditure	131,502	-832	130,670	137,343	-500	136,843	141,019	-500	140,519	144,800	-500	144,300	148,685	-500	148,185
Anticipated cost increases:															
Pay awards	2,168	0	2,168	1,473	0	1,473	1,507	0	1,507	1,544	0	1,544	1,587	0	1,587
Demographics	1,390	0	1,390	1,431	0	1,431	1,474	0	1,474	1,519	0	1,519	1,564	0	1,564
SG social care commitments	1,977	0	1,977	0	0	0	0	0	0	0	0	0	0	0	0
Non pay inflation	257	0	257	264	0	264	270	0	270	275	0	275	280	0	280
Medicines and prescribing growth	841	0	841	514	0	514	530	0	530	547	0	547	565	0	565
Investment decisions	95	31	127	0	0	0	0	0	0	0	0	0	0	0	0
Total Expenditure	138,229	-800	137,429	141,026	-500	140,526	144,800	-500	144,300	148,685	-500	148,185	152,683	-500	152,183
Gross Position	(3,992)	3,991	(0)	(5,384)	1,540	(3,844)	(7,718)	1,540	(6,178)	(10,128)	1,540	(8,588)	(12,615)	1,540	(11,075)