



Chief Officer Report

February 2024

Item number: 5.2

Agenda number

Executive summary

The paper sets out the key strategic updates for Midlothian IJB Board meeting February 2024.

Board members are asked to:

- *Note the content of the report*

Chief Officer Report

1 Purpose

- 1.1 The paper sets out the key strategic updates for Midlothian IJB Board meeting February 2024.

2 Recommendations

- 2.1 As a result of this report Members are asked to:
- Note the content of the report.

3 Background and main report

3.1 Chief Officer

The Health and Social care system remains under pressure, with a continuation of high demand, impacting on Emergency department presentations, and acute hospital beds. Midlothian HSCP teams continue to work collaboratively with hospital colleagues to support patient moves out of hospital to care closer to home.

Seasonal reparatory presentations (Flu, Covid and RSV) remain within normal seasonal variation, and have not seen a spike above seasonal trajectory.

The HSCP team continue to develop Financial Recovery plans to manage deteriorating budget allocations to partners. Demographic challenges, reduced budget allocation, and cost rises have had a detrimental impact to the 2023/34 position. Financial recovery planning for 2024/25 is in place, with support from NHS Lothian Sustainability and Value team. Service grip and control and transformation planning is underway to minimise service Big Choice options. Details on this will be presented at IJB Financial planning session in February.

3.2 Adult Support and Protection (ASP) joint Inspection

Scottish Ministers requested that the Care Inspectorate lead National joint inspections of adult support and protection, in collaboration with Healthcare Improvement Scotland and His Majesty's Inspectorate of Constabulary in Scotland. The scrutiny activity of local arrangement began in 2017-18 and at that point in the programme, Midlothian HSCP were selected as one of the six pilot areas for thematic inspection. By August 2023, phase one of the joint inspections for ASP were complete, with 25 partnerships being inspected. Phase two started towards the end of 2023 and involves the original six pilot areas being re-inspected. Consequently, Midlothian HSCP has received indication that a joint inspection will commence around Spring of this year. Preparation for this scrutiny has involved establishing an ASP Inspection Board, comprising of all key stakeholders (Health, Police Scotland and MHSCP). Learning from the published 'joint inspection of adult support and protection overview report 2023' will be key in ensuring the HSCP Position Statement accurately reflects the current practice standards whilst taking account of the national themes and priorities that complement our own improvement plan.

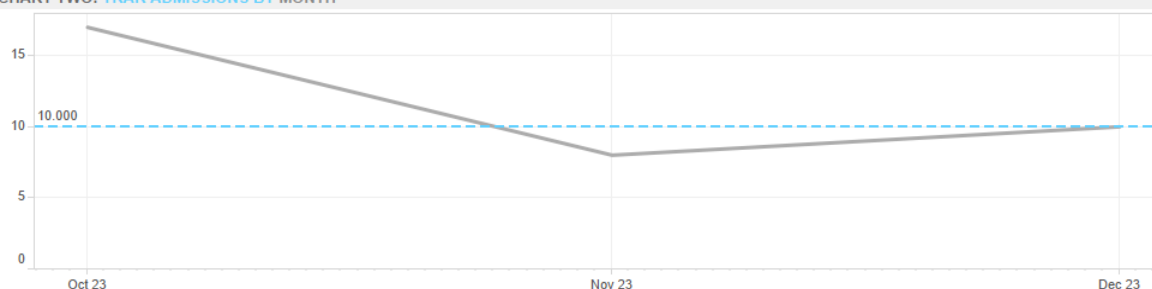
Medication Assisted Treatment (MAT) Standards: Progress update

Midlothian Substance Use service continue to progress MAT standards 1-5 which were fully implemented by March 2023. Over the last year the service has been focussing on the criteria for MAT 6-10, which we are pleased to say Midlothian is in a very positive position to meet the set criteria by March 2024, both through process and numerical measures. Midlothian has also become one of the pilot areas for the implementation of the numerical data into REDCAP which is the electronic recording system designed to support MAT implementation. Midlothian has also successfully implemented a training programme and has already succeeded the 50% training target for March 2024.

Bed Performance

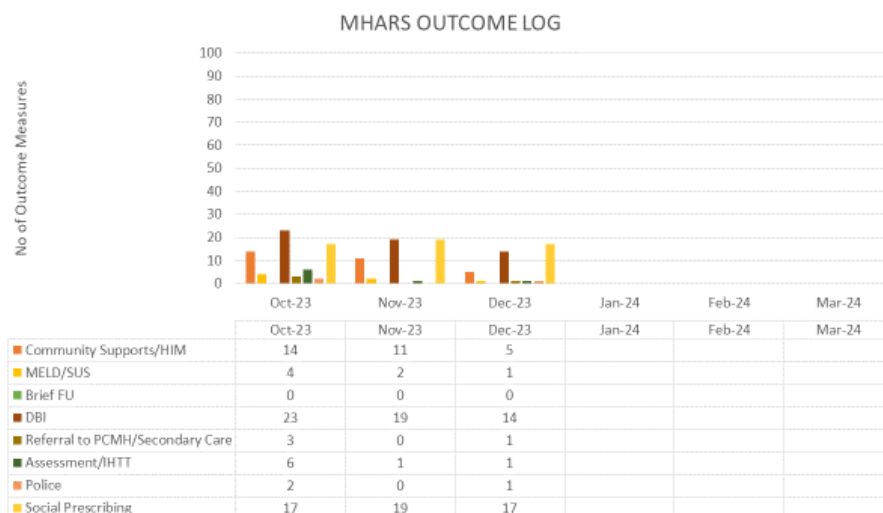
Midlothian HSCP continue to robustly manage the Adult Mental Health Bed performance. Over Quarter 3 October to December 2023 Midlothian has seen a total of 35 admissions, which gives a mean average of 10 admissions a month, with a weekly mean average over the quarter of 4.25 beds per week. The positive factor remains the robust community provision and response to managing individuals at home rather in than in Hospital, this is achieved collaboratively between the Adult Community Mental Health Team and the Intensive Home treatment team.

CHART TWO: TRAK ADMISSIONS BY MONTH



Mental Health and Resilience Service (MHARS)

Mental Health and Resilience Service (MHARS) in Midlothian continues to provide prompt, effective and compassionate support to individuals aged 18-65 residing in Midlothian, who are experiencing a mental health/mental wellbeing crisis and/or distress. The service was designed and will be delivered in partnership with MHSCP Intensive Home Treatment Team (IHTT) and Penumbra. The service is providing triage/assessment and evidenced based ongoing support such as Distress Brief Intervention (DBI). The service is a 7-day service, 8am-10pm. MHARS continues to provide individuals in Midlothian aged 18-65, self-referral access and is promoted throughout Midlothian and wider on various platforms. Over Quarter 3 October – December 2023, MHARS Referrals continue to remain consistent averaging 50-60 a month with Distress Brief Intervention (DBI) remaining 1st or 2nd outcome, this supporting the effectiveness and need of Midlothian being an associate of DBI.



The commissioned service Penumbra continues to meet the agreed KPI set out where all individuals 100% receive the following, this is monitored through audit and quarterly reporting.

- All individuals who access MHARs who require DBI will receive engagement from a DBI practitioner within 24 hours
- Distress rating pre and post intervention outcomes
- Supported people experience

Letter from Bonnyrigg

Harpers Magazine, America's oldest continuously published magazine, recently published an article titled 'Letter from Bonnyrigg'. Written by Sara Henden, an artist, design researcher and professor at North-eastern University, Cambridge, Massachusetts the article describes Sara's experience of spending a week at Cherry Road, a resource centre for people with complex learning disabilities run by Midlothian Health and Social Care Partnership. Sara comments on how people with learning disabilities can be invisible in the extreme and records her observations of how art and sensory workshops run in partnership with Artlink are used to support people to develop their interests and experience the world in a way that is meaningful to them, noting that the outcome of this work can be both unexpected and wonderful. In the article Sara reflects how an in an art exhibition held in the Tramway Glasgow one of the Artworks produced in the wake of these sensory workshops was an enormous wedge-shaped cobalt-blue ramp. While ramps are often associated with physical inclusion, making buildings accessible, this ramp contained bass speakers delivering both an audible and tactile experience. The sounds were favoured sounds of an individual who attends Cherry Road, inviting those attending the exhibition to seek joy from everyday experiences that gives them pleasure.

The article not only challenges us to rethink what inclusion and engagement really means in relation to people with learning disabilities, but also highlights the outstanding work being undertaken in this area by Cherry Road and Artlink, work that can have a life changing impact on all those involved.

You can read the full article here: <https://harpers.org/archive/2023/12/bonnyrigg-scotland-sensory-workshop/>

Nick Clater, Head of Adult Services - nick.clater@midlothian.gov.uk

3.3 Hospital Flow

Midlothian HSCP continue to experience the impact of the growing number of care home placement demand within Midlothian, and the lower number of care home bed vacancies within the area. This is impacting on patient flow capacity on all beds. Midlothian remain in a good position in comparison to national delayed discharge performance.

Vaccination programme

The Midlothian HSCP vaccination team relocated to Midlothian Community Hospital to consolidate service delivery onto one site for the winter flu and Covid 19 vaccination programme. The Housebound cohort of patients has been completed, and care home residents rolling programme continues.

The Shingles campaign has seen 1,789 residents vaccinated already with the programme continuing to run until 31 August 2024.

The Pneumococcal Vaccine programme has seen 35%-40% "Did not Attend rate". Work is ongoing to promote this through GP practices and primary care teams.

The HSCP is now planning the Spring Covid 19 vaccination campaign, again prioritising our Housebound patients and Care home residents. The focus will be on providing closer to home vaccination appointments across Midlothian Health care facilities going forward.

Grace Cowan, Head of Primary Care & Older People
Grace.cowan@nhslothian.scot.nhs.uk

3.4 Midlothian Integration Joint Board Strategic Commissioning Plan

The HSCP Planning and Performance Team continue to support the development of a new Strategic Commissioning Plan due for publication in April 2025. Work to date has included a first stage consultation with over 150 responses from people, communities, services, and partner organisations. The Board recently considered this evidence alongside a range of population data and intelligence at the IJB development session on 18th January to help establish the main strategic drivers and proposals for the new plan. As required by legislation, the Strategic Planning Group will now take forward these proposals for further consultation to inform the development of an early draft of the new plan for review by the Board in May 2024.

Data Driven Innovation

Midlothian HSCP Community Respiratory team won the Asthma/COPD Project of the Year award at the Scottish Healthcare Awards on 29th November 2023. This award recognised the teams innovative use of data to improve outcomes for people and communities facilitated by a dashboard, built by the Midlothian HSPC Performance Team. The work of the Performance Team has also been recognised by **Digital Health and Care Scotland Awards 2024** where the team are finalists for the **Data Driven Innovation Award**.

National Improvement Framework for Adult Social Care and Community Health

The Planning and Performance team at Midlothian HSCP continue to work with Scottish Government colleagues and contribute to the development of the National Improvement

Framework for Adult Social Care and Community Health. Work continues to share learning and discuss how the team can continue to support the national team better understand approaches to measuring personal outcomes.

Health and Care Staffing

Midlothian HSPC has been proactively working with both Scottish Government and the Care Inspectorate in readiness for the application of the Health and Care (Staffing) (Scotland) legislation within an integrated context. The Midlothian HSCP Integrated Workforce Board has commissioned a Health & Care Staffing Benchmarking Survey which is designed around the legislation to provide a baseline position in relation to the duties of the Act. This survey is planned for distribution in late February 2024.

Gill Main, Integration Manager - Gill.main3@nhslothian.scot.nhs.uk

3.5 Increasing risk to GP practice sustainability

General Practice clinical activity in Midlothian remains consistently higher than the rest of Lothian and continues to attempt to meet the growing access demand presented by our rapidly rising population. As intimated previously, in recent months the HSCP support has helped stabilise several constrained practices by providing LEGuP funding so that they can increase their capacity to absorb some of this population growth. However, the proposed review of NHS Lothian Estates Service Level Agreement (SLA) for premises and facilities management now presents an additional risk to General Medical Services (GMS) in Midlothian. 10/11 practices in Midlothian have a premises SLA, with proposed uplifts of up to 11.6% of their annual GMS income.

The uplifts will be phased over 3 years, but there is concern from practices on the financial impact this will present for them.

In addition, the current financial pressures within the Scottish Government mean that all capital-funded premises developments are to be paused for at least the next 2 years. This means that population growth from new housing in the Shawfair and Straiton areas will have to continue to be absorbed by pre-existing practices covering these areas, creating demand that will exceed capacity.

Access to NHS Dentists

There are challenges with access to NHS dentistry which are evident across Scotland but have been recognised locally in Midlothian too. However, the Chief Dental Officer has recently undertaken a review of the General Dental Services contract with the aim of improving access to NHS general dentistry, although it should be acknowledged that there are significant workforce challenges across the sector. NHS Lothian are currently trying to make it easier for people to know which dentists are currently accepting new NHS patients and have published a live list which they will keep up to date. There are currently two dental practices in Midlothian accepting adults as NHS patients, and 4 practices accepting children (however, this may change at any time if the practice reaches capacity). But, in terms of registration, if a patient has had a course of dental treatment since 2006 then, even if they have not attended regularly, they should still be registered with that dentist as an NHS patient unless their dentist has informed them in writing that they have been deregistered. For those patients who are not registered with a dentist and need urgent dental care, NHS Lothian also has a dedicated service run by the Oral Health Service through the Chalmers Dental Centre in Edinburgh, and in the out-of-hours period all patients can access emergency dental care via NHS24 on 111 who can direct patients to the local emergency out-of-hours dental centre.

Optometry – Glaucoma Service

Currently, all patients with Glaucoma receive 6-monthly follow-up at the Eye Pavilion in Edinburgh, but national funding has been secured to transfer lower risk patients to the care of appropriately trained Optometrists in the community, and imminent start date is now anticipated. It is estimated that there are about 300 patients in Midlothian who would be eligible for this service, but no practice(s) have yet been identified in Midlothian who are willing to take on this additional work. However, it presents an opportunity to provide care closer to home for many residents, so the HSCP will continue to support the Lothian Optometry Advisor and Primary Care Contracts team to try and secure this service locally.

Rebecca Green, Clinical Director - rebecca.green@nhslothian.scot.nhs.uk

4 Policy Implications

- 4.1 The issues outlined in this report relate to the integration of health and social care services and the delivery of policy objectives within the IJBs Strategic Plan.

5 Directions

- 5.1 The report reflects the ongoing work in support of the delivery of the current Directions issued by Midlothian IJB.

6 Equalities Implications

- 6.1 There are no specific equalities issues arising from this update report.

7 Resource Implications

- 7.1 There are no direct resource implications arising from this report.

8 Risk

- 8.1 The key risks associated with the delivery of services and programmes of work are articulated and monitored by managers and, where appropriate, reflected in the risk register.

9 Involving people

- 9.1 There continues to be ongoing engagement and involvement with key stakeholders across the Partnership to support development and delivery of services.

10 Background Papers

AUTHOR'S NAME	Morag Barrow
DESIGNATION	Chief Officer
CONTACT INFO	0131 271 3402
DATE	February 2024
