

Midlothian Integration Joint Board



Thursday 16th June 2022, 1.00pm

Chief Officer Report

Item number: 5.1

Executive summary

The paper sets out the key strategic updates for Midlothian IJB Board meeting June 2022.

Board members are asked to:

- *Note the updates raised in the report*

Chief Officer Report

1 Purpose

- 1.1 The paper sets out the key strategic updates for Midlothian IJB Board meeting June 2022.

2 Recommendations

- 2.1 As a result of this report Members are asked to:
- Note the updates highlighted by the Chief Officer

3 Background and main report

3.1 Chief Officer

System pressure

The introduction of the Scottish Government Discharge without Delay programme, coupled with additional system-wide demand, has resulted in a 42% increase in demand, converting into patients who experience a delay in discharge. Significant additional investment to enhance the Home First approach has already been made, together with system transformation. Additional work is underway to consider lack of availability of Care Home beds in Midlothian, as well as additional Care capacity.

Scottish Government Spending Review

The Resource Spending Review was published in May 2022. It sets out the high-level parameters for resource spend within future Scottish Budgets up to 2026-27 and provides a long-term plan focused on delivering our outcomes.

The Resource Spending Review is not a Budget, but shares high-level financial parameters with public bodies, local government and the third sector, so collaborative planning can commence.

Further changes to Scotland's fiscal position and to tax and social security forecasts are expected to change the funding picture ahead of annual budgets. The spending review however does prioritise spending in key policy areas.

- Tackling child poverty and supporting households and businesses with the cost of living
- Achieving net zero and tackling the climate crisis
- Building a stronger, fairer and greener economy

- Securing stronger public services, including:
 - Investing £73.1 billion in health and social care including developing a National Care Service
 - increasing investment in frontline health services by 20 per cent over this Parliament
 - spending more on primary and community care to ensure people get the right treatment in the right place
 - funding of £42.5 billion for local government for the delivery of services
 - investing £11.6 billion in the justice system

The Resource Spending Review covers the years 2023-24 to 2026-27.

Morag Barrow, Chief Officer - Morag.barrow@nhslothian.scot.nhs.uk

3.2 Head of Adult Services

Mental Health Support

As part of Mental Health IJB Strategic Directions, one of the many aims was to review and evaluate front door access to mental health support within Midlothian. Over the last 12 months third sector services have been recommissioned to enable the delivery of Mental Health support across the county, rather than in a single geographical point. Health in Mind are now delivering a variety of options for residents, including one to one sessions, peer support groups, and groupwork in various venues across Midlothian reaching out to our communities.

Mental Health and Resilience Service (MHARS)

One of the largest elements of planning that the HSCP will implement fully by the summer of 2022, is the redesign of the current Intensive Home Treatment Team (IHTT). The initial focus was to transform front door access for individuals who are experiencing an acute/relapse of their mental illness and/or crisis and distress with their mental wellbeing. Along with this new direction, Midlothian were also represented on the Pan Lothian Redesign of Urgent Care (RUC) with the Scottish Government, with the focus again being around an Individual having access to the right person at the right time. Additional funding was established, and the care model enhanced to support Midlothian continuing to be part of the ongoing RUC programme.

Locally over the last 12 months, consultation events were held with IHTT team to review the service model. One of the outcomes identified was the need to develop a self-referral single point of access. The initial phase of this plan was for Midlothian to become the first area within Lothian delivering the National Service for Distress Brief Intervention (DBI). Penumbra were successfully commissioned to deliver this in partnership with the IHTT. To support this, the IHTT will be restructured across two areas; MHARS and Home treatment (which is the part of the service that will continue to deliver intensive support for individuals who can be supported at home as an alternative to hospital admission). The in IHTT team will rotate between the two elements of the service.

Midlothian will continue be the first area within Scotland to have both Health and Third sector working alongside each other to develop a self-referral same day access service for individuals who are experiencing concerns with their mental health, crisis and distress of their mental wellbeing. MHARS will operate 8.00am-10.00pm.

Staff Wellbeing

In order to support the workforce required to deliver on the IJB Strategic plan, the HSCP have launched a full staff wellbeing programme. Two areas of focus are development and distribution of a wellbeing directory for staff, and a self-assessment tool to support staff in assessing how they rate their wellbeing. This has been developed in collaboration with Midlothian Council and supports the Work Well strategy in NHS Lothian.

Substance Use Services – Naloxone

Accidental overdose is a common cause of death among users of heroin, morphine and similar drugs, which are referred to as opioids. Naloxone is a drug which temporarily reverses the effects of a potentially fatal overdose with these drugs. Administering Naloxone provides time for emergency services to arrive and for further treatment to be given. Following suitable training, 'take home' Naloxone kits (hereafter referred to as 'THN' or 'kits') are issued to people at risk of opioid overdose, their friends and family and service workers in order to help prevent overdose deaths.

Midlothian and East Lothian Alcohol and Drugs Partnership (MELDAP) will work with Midlothian HSCP and Council to:

- Promote Naloxone training and carrying amongst staff groups.
- Include Naloxone training and carrying with the First Aid training course.
- Look to try and ensure that there are Naloxone trained members of staff within all public facing buildings where possible.

Medication Assisted Treatment (MAT) Standards

In June 2021, the Medication Assisted Treatment (MAT) standards were published by the Scottish Government.

The standards provide a framework to ensure that the provision of MAT is safe, effective, acceptable, accessible and person-centred to enable people and their families to benefit from high-quality treatment and care including psychological and social support. The Scottish Government have required local partners and services to focus on the delivery of MAT Standards 1 to 5. These are to be embedded by April 2022 and implemented by April 2023.

For the summary of all the standards and the detail about Standards 1-5, please click on the link below:

www.gov.scot/publications/medication-assisted-treatment-mat-standards-scotland-access-choice-support/

MAT Funding

To support local areas to implement MAT Standards (initially 1-5 & 7), the Scottish Government has created a MAT Implementation Support Team (MIST).

MELDAP has been successful in securing new annual investment for 4 years of £246,115. This has been augmented by £57,691 funding annually for the same period from MELDAP. This funding package (total £303, 876) will assist with the implementation

of the MAT Standards. Recruitment of HSCP/3rd Sector staff is underway. These staff will focus on supporting people into treatment, increase the level of support and improve retention in services. These being key areas for intervention and prevention in relation to near minimising drug related harm.

Justice – Bail Service

Midlothian HSCP Justice Services have developed Bail Services within the county. This will enable Midlothian to fulfil the Scottish Government incentive to increase the provision and take up of Supervised Bail across Scotland. Midlothian Justice Services will work in partnership with Change Grow Live and Edinburgh Sheriff Court Social Work Services. Previously Supervised Bail has been available to Midlothian residents, appearing before Edinburgh Sheriff Court charged with a criminal offence, but was provided on our behalf by Edinburgh Justice Services. For those subject to a Supervised Bail Order the requirement to travel into Edinburgh up to three times per week may have been a barrier to their full and meaningful engagement. The administration of the Order by an Edinburgh-based service also reduced the potential for Midlothian residents to be linked in with an appropriate service in their local area. Local services are now in place.

Midlothian Bail Services include Supervised Bail and Electronic Monitoring Bail and is intended to provide a credible alternative to the use of remand where individuals are assessed as needing support and supervision to meet their bail conditions or require to be electronically monitored. It is intended to reduce the number of individuals normally resident in Midlothian being held on remand pending trial, or for reports after conviction, who with appropriate safeguards in respect of public protection, could be released on bail to the community.

Nick Clater, Head of Adult Services - Nick.clater@midlothian.gov.uk

3.3 Chief Nurse

Adults with Exceptional and Complex Needs Service (ACENS)

The Adults with Exceptional and Complex Needs Service (previously known as Complex Care Service) is hosted for NHS Lothian by Midlothian HSCP. The service has seen a significant increase in demand over the past 2 years. A position paper was presented to NHS Lothian Chief Officers, to address the current financial gaps, with agreement to progress with a service model review, that will deliver a model of care fit for the future.

Fiona Stratton, Chief Nurse - Fiona.stratton@nhslothian.scot.nhs.uk

3.4 Head of Older people and Primary care

Vaccination programme

The Spring booster programme ends on 30th June 2022. There has been an 89% uptake of vaccination for the over 75 population. The Evergreen programme of vaccinations will continue across the summer. A successful Housebound programme was completed ahead of schedule along with Care Home vaccination. Midlothian HSCP Inclusivity programme will continue to remain a focus across sites to support access.

The 5-11 years programme continues to run with a 69% DNA rate. This is an improvement from the start of the programme, likely due to children either being covid positive, or within the 12-week post infection period. 2nd doses are due to commence in June.

Following guidance from Scottish Government Chief Medical Officer relating to the Autumn/Winter flu/covid programme, planning is underway for all eligible cohorts, including children's flu, and staff vaccination.

The Midlothian Vaccination team have almost completed permanent workforce recruitment and will move out of Midlothian Community Hospital to 3 new bases across the county.

These will provide additional access for residents, and will be supported with pop-up clinics, mobile units and the continuation of the Housebound and care home delivery model.

The Midlothian Vaccination Transformation Programme (VTP) plan saw vaccinations transferring to the HSCP from GP Practice, under the new GMS contract. This was delayed by 6 months relating to the pandemic. However, all vaccinations have now been moved to the HSCP team, except for Shingles and Pneumococcal. Plans are in place for the transfer of these over the summer period.

Dynamic Scotland – Digital COPD

The Dynamic Scotland programme commenced on the 1st April 2022, to deliver digital elements of preventative care, within the current care model offered by Midlothian Community Respiratory Team. The programme aims to support people living within Midlothian who have Chronic Obstructive Pulmonary Disease to:

- improve the self-management of Chronic Obstructive Pulmonary Disease (COPD) in the community
- reduce Emergency Department attendances
- reduce admissions
- reduce Length of Stay

This is a 2-year funded programme, that will support improved management of COPD within the county.

Grace Cowan, Head of Primary Care & Older People -
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3.5 Strategic Commissioning Plan 2022-25

The strategic Commissioning Plan 2022-25 has recently been published and now available on the HSCP webpage. The consultation process alongside people who access our services, our wider partners and staff has ensured the views of the people and communities of Midlothian have underpinned the strategic design of this plan. Planning leads for each area of our plan used a range of methods including surveys, focus groups, interviews, Question and Answer sessions and findings from existing consultations. Over 3,000 people's views were included.

There were a few common themes throughout the consultation including:

- **Flexible support.** People spoke of how services could be improved to offer more flexible and joined up support.
- **Feeling heard and valued.** People spoke of the need to feel safe, welcome, and heard. This included not having to repeat your story, and not feeling processed, judged, or rushed.

- **Supported Self-Management.** People told us we can help them keep safe and well with through better information on what is available and being able to access services directly.

Directions

Following the publication of the IJB Strategic Plan 2022-25 the HSCP have worked alongside the IJB to complete a comprehensive review of all actions relating to Directions issued across 2020-21 and 2021-22. This is to fall in line with the 2020 changes to statutory guidance and to ensure planning for 2022-23 has taken full account of the action required to realise sustainable change. This is in the context of recognising the experience of services delivering in new, complex, and challenging environments.

We have acknowledged that the capacity of the Partnership to manage a major programme of service redesign and transformation has been severely restricted by the impact of the pandemic over the past 2 years and recognised a period of stability is required from which to move forward.

Quality Planning within a Quality Management System

In order to ensure we are supporting quality planning; the HSCP have reviewed planning and performance activities and have begun to move towards a whole system quality management approach. This has included initial work to ensure that we are maximising the intelligence generated through the redesign of performance, reporting and planning infrastructures alongside a contribution analysis approach, outcome mapping, and self-evaluation using Outnav performance reporting software. Work will continue across 2022-23 to ensure we are driving change and furthering the integration agenda to improve the health, wellbeing and wellness of our communities.

SCIRICCO Exchange Programme

Midlothian HSCP presented at the 2022 SCIROCCO Exchange European Conference on 5 May 2022, contributing to the session on "Capacity-building support for integrated care: improvement planning."

Gill Main, Integration Manager - Gill.main@nhslothian.scot.nhs.uk

3.6 Chief Allied Health Professional

Quality Management System

The HSCP Senior Management Team are in the process of reviewing and enhancing the four domains of the Midlothian HSCP Quality Management System (QMS) (Quality, Planning, Quality Control, Quality Assurance and Quality Improvement) to ensure that there is a robust platform from which to leverage the upcoming changes and developments as outlined in the new Strategic Plan and subsequent Directions. It is anticipated that building on the current QMS system and align the strategic priorities with the operational delivery of services to support sustained change and foster deep connections between all aspects of the organisation.

AHP Workforce Planning - Occupational Classifications

In anticipation of the enactment of the [Health and Care \(Staffing\) \(Scotland\) Act 2019 \(legislation.gov.uk\)](https://www.legislation.gov.uk/ukpga/2019/12) for the AHP's, there is significant work ongoing on a National, regional and local level to prepare to meet the requirements under the act. In addition, professional-specific work is required to contribute to the [National Workforce Strategy for Health and Social Care](#).

As a component of the planning for Health and Care (Staffing) directive, the Scottish Government AHP Directorate, supported by NHS Education Scotland (NES), are designing a system for occupational classification for the AHP's (noting this is already in place for Nursing and Medical professionals). The boards that have agreed to be test sites are NHS Lothian, Borders, Forth Valley and Fife. As part of the NHS Lothian testing, the Midlothian HSCP AHP's, including the NHS Lothian hosted Dietetics Service, have been asked to take part of the early inputting of the AHP occupational classifications. Midlothian will be the first HSCP to be involved in the early implementation and will therefore be heavily influential in the wider roll out to the other HSCP's across Scotland.

AHP Governance and Assurance Framework

The organisational structure of the various AHP services within NHS Lothian means that services are hosted and/or managed by one HSCP, within the Acute Division or the Royal Edinburgh Associated Services (REAS) out with the direct operational management of the AHP Director. It is imperative that the AHP Director, and the Directors of Health and Social Care, and Senior Managers in each of the HSCP's, have sufficient visibility of the professional governance assurance provided by all professions within NHS Lothian on four distinct governance areas, namely, *Safe, Effective, Person-Centred, Regulatory*.

After several years of advancement across all AHP services in Lothian, the *AHP Governance and Assurance Framework* has now been developed and is being tested by a trial group of single-system and multi-professional teams across Lothian, including the AHP's within Midlothian HSCP. Once testing of the framework, including the application (information input), dashboard (information output) and the procedure itself have been tested, it is anticipated that it will be rolled out.

The outcome of this work will enable Senior Managers to be able to provide assurance to NHS Lothian Board and councils, for all AHP's and to be able to clearly define and identify themes and trends in which to operationally and professionally direct focus and resources

Hannah Cairns, Chief AHP - Hannah.cairns@nhslothian.scot.nhs.uk

4 Policy Implications

- 4.1 The issues outlined in this report relate to the integration of health and social care services and the delivery of policy objectives within the IJBs Strategic Plan.

5 Directions

- 5.1 The report reflects the ongoing work in support of the delivery of the current Directions issued by Midlothian IJB.

6 Equalities Implications

- 6.1 There are no specific equalities issues arising from this update report.

7 Resource Implications

7.1 There are no direct resource implications arising from this report.

8 Risk

8.1 The key risks associated with the delivery of services and programmes of work are articulated and monitored by managers and, where appropriate, reflected in the risk register.

9 Involving people

9.1 There continues to be ongoing engagement and involvement with key stakeholders across the Partnership to support development and delivery of services.

10 Background Papers

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DATE	June 2022

Appendices:

None