



Midlothian
Health & Social Care

Midlothian Integration Joint Board

Directions

2023-24

Introduction

Midlothian Integration Joint Board (IJB) is a planning and decision-making body created by Midlothian Council and NHS Lothian in 2015. The IJB plans and directs health and social care services for the people of Midlothian using the integrated budget received from Midlothian Council and NHS Lothian.

The Public Bodies (Joint Working) (Scotland) Act 2014 requires the IJB to allocate these resources in line with its objectives and strategic aims. The Midlothian IJB Strategic Commissioning Plan 2022-25 focus on prevention, early intervention, recovery, and self-management.

1

Increase people's support and opportunities to stay well, prevent ill or worsening health, and plan ahead.

2

Enable more people to get support, treatment and care in community and home-based settings.

3

Increase people's choice and control over their support and services.

4

Support more people with rehabilitation and recovery.

5

Improve our ability to promote and protect people's human rights, including social and economic rights and meet our duties under human rights law through our services and support.

6

Expand our joint working, integration of services, and partnership work with primary care, third sector organisations, providers, unpaid carers, and communities to better meet people's needs.

Directions are the mechanism by which Integrated Authorities communicate their priority actions to both Midlothian Council and NHS Lothian. Midlothian IJB Directions for 2023-24 ask services to accelerate existing integrated practice and collaborative working to deliver positive change and improve outcomes for people and communities as quickly as possible. Current financial challenges mean that services must evolve in new and increasingly innovative ways while continuing to provide safe, high-quality care and support.

The financial values ('budgets') attached to these Directions are based on the

- a) Midlothian Council's budget proposition of £56,593,000 was/was not formally accepted agreed by the IJB at its meeting on 16th March 2023.
- b) The indicative 2023-24 NHS Lothian budgets from the February Finance and Resources committee is £94,970,000. NHS Lothian will approve their 2023-24 budget at the 5th of April 2023 meeting of their Board. These values are therefore indicative.

Indicative funding allocations can be found in Appendix 1

1



Health & Wellbeing

People are able to look after and improve their health and wellbeing and live in good health for longer.

- 1.1 All services delegated to Midlothian IJB must demonstrate through service planning and reporting how they have increased collaborative and integrated working that improves population health and wellbeing, by January 2024
- 1.2 To support proactive population approaches to health, wellbeing and wellness, services should ensure service planning demonstrates reduced medicalisation of non-medical issues, by January 2024.

2



Living in the Community

People are able to live, as much as possible, independently and at home or in a homely setting in their community.

- 2.1 All services delegated to Midlothian IJB must evidence the connection with communities, partners, and use of technology to improve self-management and self-monitoring, by January 2024.
- 2.2 All services delegated to Midlothian IJB must ensure service planning describes a clear process to ensure fair access, by January 2024.

3



Positive Experiences & Dignity

People who use health & social care services have positive experiences of those services, and have their dignity respected

- 3.1 All services delegated to Midlothian IJB will contribute to the IJBs ability to describe activity, experience, and outcomes. Services must use and develop outcome mapping, by January 2024.
- 3.2 All relevant services delegated to Midlothian IJB must develop and demonstrate an increase in the effective and proactive outreach to people living with frailty, by January 2024.
- 3.3 All services delegated to Midlothian IJB should review practices and further develop person-centred approaches to support recovery including The Midway and Good Conversations approach, by January 2024.

4



Quality of Life

Health & social care services help to maintain or improve the quality of life of people who use those.

- 4.1 NHS Lothian and Midlothian Council must ensure accessible feedback mechanisms for all people and communities by January 2024 in order to develop innovative, integrated service offers and supports.
- 4.2 In order to maximise opportunities to improve personal outcomes, all services delegated to Midlothian IJB should ensure that the principles of self-management are embedded in service delivery design, by January 2024.
- 4.3 All relevant services delegated to Midlothian IJB should evidence how they are sharing information about Self Directed Support (SDS) options, and recording changes in uptake, by January 2024.

5



Health Inequalities

Health & social care services contribute to reducing health inequalities

- 5.1 NHS Lothian and Midlothian Council must ensure that data can be disaggregated by HSCP area in order to support the equitable provision of service offers and support across our communities, minimise disadvantage where possible, meet different needs, and encourage participation. This should include ensuring
- systems and data have the capabilities to collect and filter data appropriately by HSCP area and by protected characteristics
 - health and social care workforce are suitably trained and skilled to gather and input this data, and
 - data quality assurance, by January 2025.
- 5.2 NHS Lothian and Midlothian Council must explore opportunities for integrated system-wide digital solutions and create an action plan of jointly agreed priorities by January 2024.

6



Support for Carers

People who provide unpaid care are supported to look after their health and wellbeing.

- 6.1 All services delegated to Midlothian IJB that aim to move care from hospital to home should ensure service planning considers the impact of this on unpaid carers, and evidence appropriate supportive actions, by January 2024.
- 6.2 Explore and define the demand for and the benefit of a Midlothian Care and Support Co-operative in order to provide a platform that facilitates brokerage of personalised support for carers, identifies local assets, and enhances local economic value by January 2024.

7



Safe from Harm

People using health & social care services are safe from harm.

- 7.1 All relevant services delegated to Midlothian IJB must explore and evaluate the benefits and risks of adopting a 'request for assistance' approach as an alternative to traditional referral pathways, by January 2024.
- 7.2 Where there is a statutory responsibility to manage harmful behaviours, all services must communicate the impact of action taken to maximise people's safety in our communities, by January 2024.
- 7.3 Services should improve the people who use substances' understanding of their rights and responsibilities in relation to supported self-assessment and risk management, by January 2024. Services should evaluate the relationship between this work and any reduction in harm or improvements in personal outcomes

8



Workforce

Staff are engaged with their work and are supported to continuously improve the information, support, care, and treatment they provide

- 8.1 NHS Lothian and Midlothian Council should work in collaboration with Midlothian HSCP to support the delivery of the integrated Midlothian HSCP Staff Engagement Plan 2023-24.
- 8.2 NHS Lothian and Midlothian Council should work in collaboration with Midlothian HSCP to support the delivery of the Midlothian HSCP Integrated Workforce Plan 2022-25.

9



Use of Resources

Resources are used effectively and efficiently.

- 9.1 Maximise opportunities to work collaboratively across Lothian to design an approach and methodology to better understand and evidence the use of the set aside budget and associated services by HSPC area. This should include mechanism to better understand the impact of community prevention and early intervention activity across the whole system.
- 9.2 All services delegated to Midlothian IJB must be able to demonstrate Best Value with evidence-based data and meet cost efficiency targets in 2023-24, 2024-25, and 2025-26.

10



Delegated Functions

Core and hosted services within the NHS Lothian and Midlothian Council Integration Scheme are detailed below

This Direction describes the action required in relation to the other core and hosted services delegated to Midlothian IJB. A number of these services are included in Directions 1 to 9 and describe the required service redesign and transformation.

Services delegated to Midlothian IJB are detailed in the Midlothian Integration Scheme. All services, including hosted services, should be provided in accordance with legislation, policies, and procedures. Unless specified in the accompanying Directions, services should continue to be provided to high standards within the available budgets. All services should provide information on both activity and outcomes for service offers and supports delivered to improve the health, wellbeing and wellness of the people and communities of Midlothian.

Services delegated to the IJB from NHS Lothian within the Integration Scheme are detailed below

Provision for people over the age of 18

1. Accident and Emergency services provided in a hospital.
2. Inpatient hospital services relating to the following branches of medicine
 - a. general medicine
 - b. geriatric medicine
 - c. rehabilitation medicine
 - d. respiratory medicine; and

e. Psychiatry of learning disability

3. Palliative care services provided in a hospital
4. Inpatient hospital services provided by General Medical Practitioners.
5. Services provided in a hospital in relation to an addiction or dependence on any substance.
6. Mental health services provided in a hospital, except secure forensic mental health services.
7. District nursing services
8. Services provided out with a hospital in relation to an addiction or dependence on any substance.
9. Services provided by allied health professionals in an outpatient department, clinic, or out with a hospital.
10. The public dental service.
11. Primary medical services provided under a general medical services contract, and arrangements for the provision of services made under section 17C of the National Health Service (Scotland) Act 1978, or an arrangement made in pursuance of section 2C(2) of the National Health Service (Scotland) Act 1978
12. General dental services provided under arrangements made in pursuance of section 25 of the National Health (Scotland) Act 1978(27).
13. Ophthalmic services provided under arrangements made in pursuance of section 17AA or section 26 of the National Health Service (Scotland) Act 1978(28).
14. Pharmaceutical services and additional pharmaceutical services provided under arrangements made in pursuance of sections 27 and 27A of the National Health Service (Scotland) Act 1978
15. Services providing primary medical services to patients during the out-of-hours period.
16. Services provided outwith a hospital in relation to geriatric medicine.
17. Palliative care services provided outwith a hospital.
18. Community learning disability services.
19. Mental health services provided outwith a hospital.
20. Continence services provided outwith a hospital.
21. Kidney dialysis services provided outwith a hospital.
22. Services provided by health professionals that aim to promote public health

Provision for people under the age of 18

1. Primary medical services and general medical services (including generally practitioner pharmaceutical services)
2. General dental services, public dental services, and the services provided by the Edinburgh Dental Institute
3. General ophthalmic services
4. General pharmaceutical services
5. Out of hours primary medical services
6. Learning disabilities
7. Health visiting
8. School nursing

Services delegated to the IJB from Midlothian Council within the Integration Scheme are detailed below

1. Social work services for adults and older people
2. Services and support for adults with physical disabilities and learning disabilities
3. Mental health services
4. Drug and alcohol services
5. Adult protection and domestic abuse
6. Carers support services
7. Community care assessment teams
8. Support services
9. Care home services
10. Adult placement services
11. Health improvement services
12. Aspects of housing support, including aids and adaptations
13. Day services
14. Local area co-ordination
15. Respite provision
16. Occupational therapy services
17. Reablement services, equipment, and telecare
18. Justice social work services

Appendix 1: Funding Allocation

TBC