

Midlothian Integration Joint Board



Chief Officer Report

Thursday 22nd June 2023, 14:00 – 16:00

Item number: 5.2

Executive summary

The paper sets out the key strategic updates for Midlothian IJB Board meeting June 2023.

Board members are asked to:

- *Note the content of the report*

Midlothian Integration Joint Board

Chief Officer Report

1 Purpose

- 1.1 The paper sets out the key strategic updates for Midlothian IJB Board meeting June 2023.

2 Recommendations

- 2.1 As a result of this report Members are asked to:
- Note the content of the report

3 Background and main report

3.1 Chief Officer

System pressure

The Health and Social care system remains under pressure. Patients experiencing a delayed discharge remain a focus nationally, with only a slight improvement in national numbers. Midlothian Health and Social Care Partnership (HSCP) delays are currently low, with us seeing the benefit of the significant investment in leadership and capacity to support Flow service redesign.

Discharge Without Delay (DWD) is well underway, with the introduction of Rapid Rundown Meetings each morning in Midlothian Community Hospital (MCH). This multi-disciplinary proactive planning meeting has supported the average length of stay decline steadily each month since its introduction, from 55.7 to 27.95 days. The MCH team presented to Scottish Government colleagues, as well as the wider NHS, on the experience of implementing the process. Similarly, Multi Agency Discharge Events (MADE) have been instigated to support improved processes to enable person centred discharge planning.

Minister for Social Care, Mental Health and Sport

The Midlothian Allied Health Professionals (AHP) team hosted a visit for Maree Todd (Minister for Social care, Mental Health, and Sport) to MCH on 23rd May. This was to focus on the contribution of AHPs and rehabilitation to the patient journey.

In a thank you letter Ms Todd wrote:

"I thoroughly enjoyed hearing about how the team support people across Midlothian to live well in the community for as long as possible and how you reduce prolonged stays in hospital. I found your references to the ADL Life Curve particularly interesting. The points made about preventing people from reaching crisis through early intervention in the community were particularly pertinent. The discussion gave me a lot to think about and it's really important that the voices and experience of Allied Health Professionals, and the people they support, feed into the development of the National Care Service."

3.2 Head of Adult Services

Physical Disabilities Strategic Inspection

The HSCP have received notification of a forthcoming Strategic inspection from the Care Inspectorate and Healthcare Improvement Scotland. The inspection will focus on Physical Disabilities and commenced at the end of May.

There is a newly established Inspection Activity Board chaired by Nick Clater that will provide governance and assurance around the various workstreams associated with inspection work.

To date, there has been benchmarking activity (against other published inspection reports) in Physical Disabilities and Adult Support and Protection with a significant focus around the recent Edinburgh City Council Social Work inspection report. Fiona Kennedy (Group Service manager) is leading on this work and is currently conducting a workforce survey for Social work/Social care and Occupational Therapy teams to share their views.

Reviewing and updating operational policies and procedures is a priority. Timeously, there is Council wide commitment to review all procedural documents, and this will incorporate all relevant adult social care procedures. Other areas of progress include developing system wide service and team plans, shaping a digital system (Outnav) that allows the team to collate and map evidence in relation to outcomes for people who use services in Midlothian, as well as a continuing commitment to the HSCP 'Staff Communication, Engagement and Experience Delivery plan'.

Midlothian Dementia Team

The Midlothian Dementia Team has been nominated in the Team of the Year Award category in the 2023 NHS Lothian Celebrating Success Awards.

The team has been shortlisted and will be invited to attend the Awards ceremony on the 7th September 2023. The nomination is in recognition of the team's dedication over the last year to integrated working to enhance and develop the service by improving individuals' journey, by improving their person-centred care and treatment along with improving the experience of families and carers.

Together the team have developed new ways of working, introduced new evidence-based therapies, for example a Home-Based Memory Rehabilitation and Cognitive Stimulation Therapy group, developing new groups such as Journey Through Dementia, along with implementing carer support groups. The team has also taken the opportunity to enhance and develop further their Post Diagnostic Support (PDS) service which has reduced their waiting list considerably to ensure people are getting the right support at the right time and in a timely manner.

Midlothian's Implementation of Medication Assisted Treatment Standards

Midlothian HSCP have submitted the final submission of evidence on the implementation of MAT Standards 1- 5 which focuses on access, choice, and support. The MAT Implementation Support Team (MIST) have projected a RAG rating of green both for theoretical process and numerical data, which secures Midlothian as completed on target for March 2023. During this submission process Midlothian had to rate its current position for MAT standards 6-10 which must be fully implemented by March 24.

The Substances use services are also pleased to report over quarter 4 the waiting times target (HEAT) A11 has also improved and has exceeded the target standard of 90% (Midlothian 95%) of individuals being seen within 21 days.

Nick Clater, Head of Adult Services - nick.clater@midlothian.gov.uk

3.3 Head of Primary Care and Older People

Pharmacotherapy

Ongoing implementation of the Primary Care Improvement Plan now delivers access to Pharmacy services for all GP practices in Midlothian.

An HSCP Pharmacy Medicines Reconciliation Hub has been established and has now been scaled up to provide access to all practices; technicians have been trained to lead on this process and escalate appropriately to pharmacists when needed.

Several Pharmacists have completed their independent prescribing course, so there is now have Pharmacy-led clinics for cardiovascular disease, respiratory, and mental health in some practices with the intention to extend the service as more Pharmacists complete their training.

Celebrating success

MCH has two members of the team nominated for NHS Lothian Celebrating Success awards. Maisie Davidson (Activities coordinator in Roselane ward), and Angie Neal (Clinical Educator) have been selected in top 3 for their respective categories, and will attend the awards ceremony on 7th September, where winners will be announced.

Grace Cowan, Head of Primary Care & Older People
Grace.cowan@nhslothian.scot.nhs.uk

3.4 Planning, Performance and Programme

The Midlothian Health and Social Care Contribution to the Midlothian Community Planning Partnership

The first draft of the Single Midlothian Plan that describes the work of the Community Planning Partnership from 2023-27 has been submitted to the Community Planning Partnership Board. Health and Social Care are legislatively required to contribute to this key agenda and officers of Midlothian HSCP have taken a more intention approach to ensure that whole system transformation is delivered through targeted prevention, early interventions and self-management service offers and supports. The HSCP is confident that by taking a partnership approach and working with a range of the Community Planning partners, we will achieve more together than we can alone. The HSCP has planned and designed 4 project-based pieces of work that are anticipated to maximise and accelerate whole system change.

1. Explore and define the demand for and the benefit of **Midlothian Care and Support Community Co-operative** that facilitates personalised support for carers, identifies local assets, and enhances local economic value
1.1
2. Increase **falls prevention and support** to reduce the rate of falls for people in Midlothian over the age of 85. The rate of falls for this age group is currently 86.1 per 1000 population. This is much higher than the national rate of 72 per 1000 population, or the Lothian rate of 78.9 per 1000 population.

3. Scope and develop a **digital self-management platform** to support people have more choice and control in how they access information, exercises, and activities, then take positive action to set personal goals and measure progress in their health and wellbeing.
4. Provide an individualised approach to **Early Identification and Support for People Living with Frailty** that helps people to thrive and avoid crisis

Measuring Personal Outcomes and Impact

The Planning, Performance, and Programme Team was asked to present our innovative and ground-breaking work on evidencing population outcomes at the 'Towards Relational Public Services' conference 2023, held at Newcastle University. The team has designed a methodology that triangulates the contribution analysis approach of the Matter of Focus software, 'OutNav', with activity and experience data to measure and visualise the progress being made towards the 6 strategic aims of our Strategic Commissioning Plan 2022-25. The team and Matter of Focus are looking forward to sharing this work at the next IJB Development session on 21st September 2023.

Annual Performance Report (APR)

The Planning, Performance, and Programme team are writing the first draft of Midlothian IJBs Annual Performance Report (APR) 2022-23. As part of the governance process to approve the report for publication, Midlothian IJB Board Members are invited to attend the following sessions

Strategic Planning Group: 6th July 2023 14.00- 16.00

Performance, Assurance & Governance Group: 20th July 2023, 14.00 – 16.00

Celebrating Success

Caroline Shilton (Public Engagement Lead) has also been nominated within the top three for the 'Respect for Others' category.

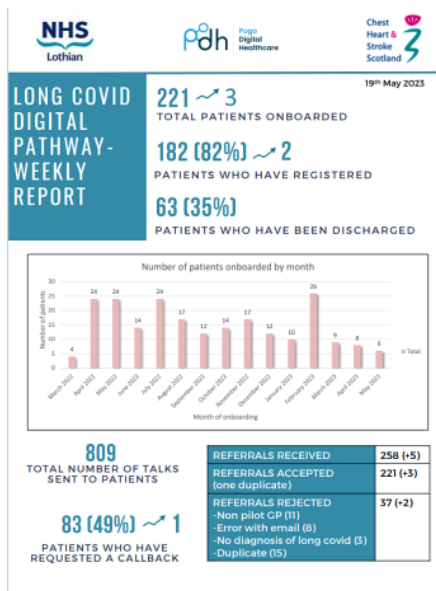
Gill Main, Integration Manager - Gill.main3@nhslothian.scot.nhs.uk

3.5 Chief Allied Health Professional

Long Covid Supported Self-Management Pathway

The Lothian Long COVID Supported Self-Management (Digital) Pathway launched on 17th March 2022. The first phase included a trial of 26 GP surgeries from across The Lothians with the aim of rolling out to the remaining GPs in NHS Lothian by region.

On the 31st of January 2023, Midlothian were the first HSCP to fully implement the pathway across all GP practices. A total of 36 GP surgeries are involved in the pathway as of March 2023. An example of the weekly report detailing outputs from the pathway is provided below.



The Midlothian Implementation Group used the rollout into Midlothian as an opportunity to review the established information regarding Long COVID. In January 2023 key information was identified by the MHSCP Equality Impact Assessment. This report highlighted population groups who are more likely to be affected by Long COVID and therefore more likely to be positively impacted by the implementation of this pathway.

By identifying people who are more likely to be affected by Long COVID, the Midlothian Project team and Lothian Steering Group are considering if the needs of these people are being met and ensure they are at the forefront of the pathway's aims and future development. Midlothian has been very influential in the development of the pathway and a formal Statement of Progress has been developed in conjunction with all partners and is due to be released as the plan for scale up to the other regions in Lothian is progressed.

Hannah Cairns, Chief AHP - hannah.cairns@nhslothian.scot.nhs.uk

3.6 Primary Care

Activity (clinical contacts with patients) remain consistently high across Midlothian even though winter viral illness is now behind us. Access at Danderhall Medical Practice has improved since the Newbattle Medical Practice team took over management, and all practice teams continue to work hard to meet demand. The HSCP is supporting this work via the provision of an add-on digital access platform, and improved Communications with patients regarding services available.

The Legionella Species detection in Bonnyrigg Health Centre has been challenging for both HSCP and practice teams alike. All three Bonnyrigg GP practices have been able to remain operational and providing emergency appointments on site, as well as routine and nursing appointments from Midlothian Community Hospitals, demonstrating impressive agility and flexibility, as well as their commitment to providing general medical services to their patients. HSCP teams have shown similar resilience adapting to remote working, or alternative bases.

Prescribing

The Pharmacy team achieved 130% performance against their 2022-23 efficiencies target, with 19% of that coming from initiatives in GP practices. While much of the current unprecedented increase in the cost per item of medications is outwith the HSCP's control, the pharmacy team have a strong efficiencies plan in place for the forthcoming year and are aggressively pursuing all available options to reduce prescribing costs.

Hospital at Home

The HSCP is pleased to have been able to recruit a full-time Clinical Fellow to the medical team in Hospital at Home who will start in August 2023. This additional resource will increase capacity for accepting referrals from GPs in the community and avoid hospital in-patient admissions for more patients where safe and appropriate. The team appeared in a recent BBC news item which showcased the service in a very positive way.

Rebecca Green, Clinical Director – Rebecca.green@nhslothian.scot.nhs.uk

3.7 Nursing

NHS Lothian's Nursing and Midwifery Strategic Plan (2023 – 2028). Realising our Ambitions; Reimagining Nursing and Midwifery for NHS Lothian was launched on 12th May on International Nurses' Day. The plan aims to address the key challenges face by the professions and to ensure NHS Lothian is equipped with a strong, compassionate, and highly skilled workforce to deliver the best outcomes for people. It provides a roadmap to make NHS Lothian a great place to work and a great place to be cared for. The document can be accessed at [Nursing and Midwifery Strategic Plan 2023-2028 \(scot.nhs.uk\)](https://www.scot.nhs.uk/nursingandmidwiferystrategicplan2023-2028)

National controls on the use of agency staffing within nursing will be introduced from the 1st June 2023. The changes to policy are being made to support patient safety, as required by the Health and Care (Staffing) (Scotland) Act 2019, and to address the value and sustainability relating to the use of flexible workforce. Communication has been distributed to all nursing staff within NHS Lothian to ensure awareness of the changes, and comprehensive escalation and risk management processes have been developed based on the National Principles. Agency usage will be monitored at all levels with any continued high use of agency staffing requiring a service model or workforce review to be brought forward to the NHS Lothian CMT.

Fiona Stratton, Chief Nurse – Fiona.stratton@nhslothian.scot.nhs.uk

4 Policy Implications

- 4.1 The issues outlined in this report relate to the integration of health and social care services and the delivery of policy objectives within the IJBs Strategic Plan.

5 Directions

- 5.1 The report reflects the ongoing work in support of the delivery of the current Directions issued by Midlothian IJB.

6 Equalities Implications

- 6.1 There are no specific equalities issues arising from this update report.

7 Resource Implications

- 7.1 There are no direct resource implications arising from this report.

8 Risk

- 8.1 The key risks associated with the delivery of services and programmes of work are articulated and monitored by managers and, where appropriate, reflected in the risk register.

9 Involving people

- 9.1 There continues to be ongoing engagement and involvement with key stakeholders across the Partnership to support development and delivery of services.

10 Background Papers

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DATE	June 2023
