



Chief Officer Report

Item number: 5.8

Executive summary

This report has three sections. One describes the progress being made on integration. The second describes some of the significant pressures being faced by health and care in recent months. The third highlights some recent or forthcoming key service developments.

Board members are asked to:

1. *Note the issues raised in the report*

Chief Officer Report

1. Purpose

- 1.1 This report provides a summary of the key issues which arisen over the past two months in Health and Care.

2. Recommendations

- 2.1 To note the issues outlined in the report.

3. Background and main report

3.1 Progress on Integration

The Penicuik Housebound Project gets off the ground in a couple of weeks time. With the support of the national Collaborative Leadership in Practice Programme, work is underway to pilot new ways of working effectively as a multidisciplinary team to support people who are housebound in Penicuik, with a particular focus on working more closely as a team and connecting to the local community

Proposals seeking capital funding for the development of the Recovery Hub in Dalkeith are to be presented to Midlothian Council in September. The Hub will co-locate substance misuse, mental health and criminal justice services in one location. Work is already underway to redesign care pathways to support better integrated working to support individuals and to continue to strengthen the focus on recovery in service delivery.

3.2 Service Pressures

Managing the discharge of patients from hospital remains a pressure and is the subject of a separate report.

While Care at Home continues to be an area of pressure there have been improvements in the delivery of services. We have been working collaboratively with in-house and external service providers to improve the use of information systems to enable better co-ordination of the workforce to improve efficiency. Under a new framework contract four providers have been recruited to provide additional capacity. Care Inspectorate grades of one provider improved following inspection allowing them to take on referrals. We are also working with external providers to support the recruitment of carers. The Care at Home Review has now progressed to the consultation stage and will be considered by the IJB at its October meeting.

Following approval of Fair Allocation of Care Policy and Transport Policy by Midlothian Council, implementation is being progressed. The main impact at this stage is on new cases with the reviewing process for existing users ongoing. We are however taking steps to improve the methodology and increase the pace of reviewing activity.

In Primary Care we are continuing to progress the implementation of the strategy with the Physiotherapy Pilot now in place in two practices and more specifically the new Loanhead Health Centre due to open in September and work is progressing on the Newtongrange Practice with plans to open the practice early in the New Year.

3.3 Service developments

Wellbeing: A new service has been introduced to some local Health Centres to provide support to people who are living with long term health conditions and/or mental health issues. An interim evaluation provides some evidence of the difference the service is having on individual patients' lives. A full evaluation will be available in late October which will also provide some analysis on how the service has altered the use made of primary care, medication and hospitals. (see appendix 1)

Carer Legislation: The Carers (Scotland) Act (2016) is being implemented in April 2018. Midlothian H&SC Partnership are working in partnership with VOCAL to participate in Scottish Government pilot work testing provisions of the new legislation, focussing on Adult Carer Support Plans and Emergency Planning.

Anticipatory Care Planning: There is a growing appreciation of the value of individual people thinking ahead and understanding their health. Work is underway to examine how best to extend the use Anticipatory Care Planning. This will be piloted in Newbyres Care Home and through the new Housebound Project in Penicuik.

Extra Care Housing: Well designed housing with support close at hand can enable people to retain independence rather than moving into a care home at an early stage. Cowan Court in Penicuik and Hawthorn Gardens in Loanhead are well established. Plans are being developed to extend the provision of extra care housing as part of the Council's broader housing programme.

Frailty Project: Local GPs are exploring ways of identifying people who are living with frailty so that support can be provided at an earlier stage thereby reducing the likelihood of crises and emergency admissions to hospital.

4. Policy Implications

- 4.1** The issues outlined in this report relate to the integration of health and social care services and the delivery of the policy objectives IJB's Strategic Plan.

5. Equalities Implications

- 5.1 There are no particular equalities issues arising from this report.

6. Resource Implications

- 6.1 The expansion of extra care housing and the shift to a recovery focused services will make a significant contribution to the sustainability of services.
- 6.2 Other service developments aim to develop and embed new ways of working that are in keeping with the principles set out in the Financial Strategy Paper that was recently presented to the IJB. They serve both as tests of change that will enable us to transfer the cumulative learning to the wider redesign of services and contribute to the development of a culture of transformation and change across all services that is critical to financial sustainability.

7. Risks

- 7.1 The management and tolerance of risk is integral to the implementation of all service developments as we seek to maximise the opportunities of new ways of working.

8. Involving People

- 8.1 New models of care and service developments outlined in this report have been developed in close collaboration with professionals and service providers.

9. Background Papers

None

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