

Midlothian Integration Joint Board



Thursday 22nd August 2024, 14:00-16:00

Chief Officer's Report

Item number: 5.3

Executive summary

The paper sets out the key strategic updates for Midlothian IJB Board meeting August 2024.

Board members are asked to:

- *Note the content of the report.*

Midlothian Integration Joint Board

Chief Officer's Report

1 Purpose

- 1.1 The paper sets out the key strategic updates for Midlothian IJB Board meeting in August 2024.

2 Recommendations

- 2.1 As a result of this report Members are asked to:
- Note the content of the report.

3 Background and main report

3.1 Mental Health

Midlothian's Implementation of Medication Assisted Treatment (MAT) Standards

Midlothian HSCP has submitted the final submission of evidence on the implementation of MAT Standards 1- 5 which focuses on access, choice, and support. The MAT Implementation Support Team (MIST) have confirmed a RAG rating status of 'Green' both for theoretical process and numerical data for MAT standards 1-5 and provisional 'Green' for 6-10.

The Substance Use service are also pleased to report their performance over quarter 1 waiting times. Target A11 continues to demonstrate in excess of the target standard that 90% of individuals are seen within 21 days. Midlothian's current performance for Quarter 1 is that 100% of individuals referred to the Substance Use service were seen within 21 days.

Justice and Protection Services

Working with Women

The Spring Service commenced in June 2014 to enable the Justice Service to more effectively meet the needs of women with multiple and complex needs and/or who have been involved in, or who are at risk of, offending.

Since this time the service has supported over 100 women. Spring has developed into a bespoke multi-disciplinary service which provides a weekly group work intervention and support for women and is run in partnership with the following agencies: Justice, Women's Aid, Shine Mentoring Service, Health in Mind and Health.

The service provides a 'One Stop Shop' providing women with support from a multi-disciplinary team which includes a Social Worker, Occupational Therapist, Health Inclusion Nurse, and staff from 3rd Sector partners. Women who attend Spring have complex risk and needs including historic or current experiences of physical, sexual and/or emotional abuse, mental health difficulties, substance use and unsafe relationships.

Emergency Release of Prisoners

The emergency release of prisoners, under Section 11 of the Bail and Release (Scotland) Act 2023, was approved by Scottish Ministers on 12 June. The planned releases of eligible individuals took place over a 4-week period starting from 26 June 2024.

The Justice Service worked with key partners, including Health and Housing, to ensure that there were robust plans in place to support individuals on their return to the community. Information is being gathered at both a local and national level to consider the learning and inform future planning for services to effectively support individuals leaving custody to re-integrate into their community.

The HSCP planning for emergency release was enhanced by the established working relationships through the No 11 Allocations Service which brings together colleagues from Health, Substance Misuse, Social Work, Housing, DWP and third sector agencies to develop bespoke packages of care/support/treatment to clients having served a custodial sentence.

Nick Clater, Head of Adult Services - nick.clater@midlothian.gov.uk

3.2 Delayed Discharge: National planning

Traditionally delayed discharge figures generally increase through winter and reduce as we enter the spring and summer months, with a short peak in delays in over the summer holiday period. Nationally there has been no reduction this year, instead seeing a continued growth which has now reach the highest level of delays reported in Scotland, as a result of systems pressure across Board areas.

Reducing the number of delayed discharges across Health Board areas to pre-pandemic levels, before winter 2024/25 is the priority for Scottish Government. As a result, a Collaborative Response and Assurance Group (CRAG) was formed in June 2024, led by the Cabinet Secretary for Health and Social Care, and co-chaired with Councillor Paul Kelly. As of week 22/06/24, total delays across Scotland were recorded as 1986, with the target reduction set to 1410 delays by October 2024. For HSCPs this equates to 34.7 delays maximum per 100 000 population. There is no account for demographic representation that could account for differential performance. If achieved, this will reduce national hospital occupancy levels to 85% and provide the required capacity to maintain system flow over the winter months.

HSCPs are graded as High, Moderate or Low risk dependent on their recorded performance. Midlothian HSCP are currently in the moderate category.

Midlothian HSCP have developed a delays improvement plan, focusing on flow capacity, to improve delays.

The following actions have been completed to date:

- A refreshed Planned Date of Discharge (PDD) process within Midlothian Community Hospital with an internal Day of Care audit planned for August 2024
- Following improvement plan implementation, 10 beds at Newbyres Care village have been opened
- A Home First model review will take place prior to winter 2024

Within Midlothian HSCP, the delays position continues to be adversely impacted by a lack of available Care Home beds and an increasing population.

Grace Cowan, Head of Primary Care & Older People - grace.cowan@nhs.scot

3.3 Planning, Performance and Programme Service Review

Following Midlothian Integration Joint Boards June meeting and an instruction to the integration Manager to progress with IJB Financial recovery Action No 5 (Planning, Performance and Programme), a service review has commenced alongside HR from both partners and Staffside colleagues. In line with policy, a Steering Group has been convened and work is progressing to identify new ways of working that best support this change. A Q1 update has been submitted to the Chief Officer and Chief Finance officer for their review and consideration.

Midlothian IJB Annual Performance Report

The Planning, Performance and Programme Team continue to develop the quality of reporting in the Annual Performance Report (APR). Validated indicators were published in July and work to populate this year's APR is underway. To allow time to analyse and report on local data meaningfully and complete internal governance this report will be reviewed at the October Board.

Directions 2024/25

Midlothian IJB issued Directions to NHS Lothian and Midlothian Council on 24 June following the Board on the 20 June 2024.

Demography

The team are working on data to describe the impact of the changing demographics in Midlothian and specifically, the likely impact on health and social care. This is complex to predict accurately, and no national data currently exists that considers all the factors unique to Midlothian. Additionally, there is no mechanism to reconcile health data with social care and social work data, and this is a significantly limiting factor along with the challenge of not being able to accurately forecast the impact of service redesign or transformation programmes. The HSCP team are working with finance colleagues to try and better understand the local picture and will present early findings to elected members in September 2024.

NHS Scotland Conference

The HSCP Senior Information Analyst, Jack Farquhar, co-presented a poster at the NHS Scotland conference describing the technical build of Community Respiratory Team dashboard and the positive impact on outcomes a data informed approach has taken for people with respiratory conditions in Midlothian.

Agenda for Change Reform and Reduced Working Week

Work continues to support changes for all staff employed under NHS Agenda for Change. One aspect of this is the reduction in working week to 37 hours. This was agreed as part of the 2023/24 pay settlement. The HSCP is taking a coordinated approach to transitioning from 37.5 hours to 37 hours in tranches to minimise disruption and allow community facing services time to plan and mitigate the loss of capacity across the team.

Gill Main, Integration Manager – gill.main3@nhs.scot

3.4 **General Practice**

All 11 practices currently still have open lists for registration and patient access to core general medical services (GMS) with additional list extension (LEGUP) support arrangements in place for practices with the highest rate of population growth.

Health & Care Experience (HACE) 2024

Despite the challenges of the past year with securing ongoing GMS at Danderhall, and restrictions on premises and capacity at Bonnyrigg Health Centre due to Legionella Species last year (now resolved), overall patient satisfaction with the care provided by their General Practice in Midlothian has increased to 68%, from 62% in 2022, and satisfaction with arrangements to speak to a doctor has increased to 61%, from 56% in 2022.

Performance is now similar to the average across Scotland. This improvement has been achieved through a planned improvement programme after the last HACE results, consisting of HSCP support via development of the Primary Care Improvement Plan multidisciplinary services, patient-facing communication and supported self-management campaigns, and collaborative projects with GP practices to improve continuity of care and demand/capacity management.

Older People and Frailty

GP registration and medical cover for out-of-area patients at Highbank Interim Care Facility has now been secured with a new arrangement with local GPs in Bonnyrigg. This will improve patient safety and support resilience of local practices by reducing travel time to visits. Clinical mentorship is also being provided to a trainee Advanced Nurse Practitioner who will help support first-contact medical assessment for this group of patients in the future.

Rebecca Green, Clinical Director – rebecca.green@nhs.scot

3.5 **Digital Maturity**

The HSCP have submitted a response to the Scottish Government facilitated Digital Maturation Self-Assessment. Learning from last year's inaugural survey, it creates the opportunity for both individual and organisational self-assessment around digital capabilities and capacity to support utilisation of digital approaches throughout all aspects of service delivery. Results will be fed directly into local planning processes, development of future national priorities and development of more targeted digital health and care funding.

Governance and Assurance Framework (GAF)

The NHS Lothian Digital Innovations Team continue to support development of the Midlothian HSCP Governance and Assurance Framework and digital app. Q1 2024-2025 has seen developments within the app which reflect feedback and lessons learned and aim to increase the accuracy of our reporting. Service structures have also been revisited to ensure alignment with current functions and operating lines.

Dietetics Weight Management Service Recovery

To support the ongoing efforts as part of the Dietetics Weight Management recovery plan, and in line with NHS Lothian Waiting List Governance, the HSCP have now concluded a

waiting list validation exercise. Focus has now shifted to process improvements. Learning from cycles of testing, these will inform service transformation.

Claire Ross, Chief Allied Health Professional – claire.ross4@nhs.scot

4 Policy Implications

- 4.1 The issues outlined in this report relate to the integration of health and social care services and the delivery of policy objectives within the IJBs Strategic Plan.

5 Directions

- 5.1 The report reflects the ongoing work in support of the delivery of the current Directions issued by Midlothian IJB.

6 Equalities Implications

- 6.1 There are no specific equalities issues arising from this update report.

7 Resource Implications

- 7.1 There are no direct resource implications arising from this report.

8 Risk

- 8.1 The key risks associated with the delivery of services and programmes of work are articulated and monitored by managers and, where appropriate, reflected in the risk register.

9 Involving people

- 9.1 There continues to be ongoing engagement and involvement with key stakeholders across the Partnership to support development and delivery of services.

10 Background Papers

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